welcome to the book!

What is The Book? It’s the professional skin therapist’s ultimate guide to success with Dermalogica! The format works to give you quick access to products, ingredients, treatments and business strategies as you need them, when you need them most.

In addition to coordinating with the format of Dermalogica Live, The Book now allows for:
- Easier viewing thanks to a new design format.
- A quicker way to find sections.

We hope that in addition to these benefits, you’ll find many more reasons why The Book is now more therapist-friendly than ever before.

Combine the information in this manual with the many classes made available to you by Dermalogica. Developed by The International Dermal Institute, Dermalogica’s training and education tools are the best in the industry. For a complete list of classes, log on to education.dermalogica.com.

Put this training guide to work for you: stash The Book on your product trolley and use it daily. Spill stuff on it. Put it through its paces – we want this guide to be an indispensable tool for you.

So, let’s get started!
Before you dive into The Book, take a quick review of how we’ve separated our product section. This format will make it even easier to put The Book to work for you!

You’ll find our product section follows our categorization of Dermalogica. By segmenting the line, you can more effectively target your clients’ needs based upon skin condition. It also helps simplify the prescription of an at-home regimen.

daily skin health maintenance

This line of products in our signature gray packaging consists of best-selling, award-winning products ideal for maintaining optimal skin health. When specific issues such as skin aging, pigmentation, adult breakouts or sensitivity arise, look to our condition-specific products to effectively target your needs.

specific concerns

- The AGE Smart® section begins on page 46. Here you’ll find products to address the three main biochemical triggers that lead to skin aging.
- To help treat, clear and prevent adult acne, find the MediBac Clearing® section, beginning on page 70.
- For hyperpigmentation and uneven skin tone, PowerBright TRx™ delivers brighter, more luminous skin without Hydroquinone. Turn to page 80.
- For serious relief of sensitized skin, find the UltraCalming™ system, beginning on page 86.
- Help treat and clear breakout-prone skin with Clear Start™ – a system of powerful, technology-driven formulas that deliver fast-acting results. Turn to page 96.

targeted needs

- Body Therapy products follow on page 104.
- Our professional-use-only products begin on page 108.

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<table>
<thead>
<tr>
<th>Business Section</th>
<th>Retail Products</th>
<th>Specific Concerns</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 Retailing and Merchandising for Success</td>
<td>9 Skin Bar®</td>
<td>The AGE Smart® section begins on page 46. Here you’ll find products to address the three main biochemical triggers that lead to skin aging.</td>
</tr>
<tr>
<td>9 Skin Bar®</td>
<td>10 Setting Up Skin Bar®</td>
<td>To help treat, clear and prevent adult acne, find the MediBac Clearing® section, beginning on page 70.</td>
</tr>
<tr>
<td>30 Masques</td>
<td>31 Skin Hydrating Masque</td>
<td>For hyperpigmentation and uneven skin tone, PowerBright TRx™ delivers brighter, more luminous skin without Hydroquinone. Turn to page 80.</td>
</tr>
<tr>
<td>32 Charcoal Rescue Masque</td>
<td>33 Concentrated Boosters</td>
<td>For serious relief of sensitized skin, find the UltraCalming™ system, beginning on page 86.</td>
</tr>
<tr>
<td>34 Skin Hydrating Booster</td>
<td>35 Targeted Treatments</td>
<td>Help treat and clear breakout-prone skin with Clear Start™ – a system of powerful, technology-driven formulas that deliver fast-acting results. Turn to page 96.</td>
</tr>
<tr>
<td>36 Phyto Replenish Oil</td>
<td>37 HydraBlur™ Primer</td>
<td></td>
</tr>
<tr>
<td>38 Eye Treatments</td>
<td>39 Soothing Eye Make-Up Remover</td>
<td></td>
</tr>
<tr>
<td>40 Total Eye Care SPF15</td>
<td>41 Intensive Eye Repair</td>
<td></td>
</tr>
<tr>
<td>42 Stress Positive Eye Lift</td>
<td>43 Sheer Tint SPF20</td>
<td></td>
</tr>
<tr>
<td>44 Sheer Tint SPF20</td>
<td>45 AGE Smart®</td>
<td></td>
</tr>
<tr>
<td>46 AGE Smart®</td>
<td>50 Skin Resurfacing Cleanser</td>
<td></td>
</tr>
<tr>
<td>51 Antioxidant HydraMist</td>
<td>52 Rapid Repair Peel</td>
<td></td>
</tr>
<tr>
<td>53 Daily Superfoliant™</td>
<td>54 MultiVitamin Thermafoliant®</td>
<td></td>
</tr>
<tr>
<td>55 MultiVitamin Power Recovery® Masque</td>
<td>56 MultiVitamin Power Serum</td>
<td></td>
</tr>
<tr>
<td>57 BioLumin-C Serum</td>
<td>58 Overnight Repair Serum</td>
<td></td>
</tr>
<tr>
<td>59 Dynamic Skin Recovery SPF50</td>
<td>60 Overnight Retinol Repair</td>
<td></td>
</tr>
<tr>
<td>61 Overnight Retinol Repair 1%</td>
<td>62 Super Rich Repair</td>
<td></td>
</tr>
<tr>
<td>63 Power Rich™</td>
<td>64 SkinPerfect Primer SPF30</td>
<td></td>
</tr>
<tr>
<td>65 MultiVitamin Power Firm</td>
<td>66 Age Reversal Eye Complex</td>
<td></td>
</tr>
<tr>
<td>67 Renewal Lip Complex</td>
<td>68 Nightly Lip Treatment</td>
<td></td>
</tr>
<tr>
<td>70 MediBac Clearing®</td>
<td>73 Clearing Skin Wash</td>
<td></td>
</tr>
<tr>
<td>74 Sebum Clearing Masque</td>
<td>75 Overnight Clearing Gel</td>
<td></td>
</tr>
<tr>
<td>76 Special Clearing Booster</td>
<td>77 Breakout Control</td>
<td></td>
</tr>
<tr>
<td>78 Oil Free Matte SPF30</td>
<td>79 PowerBright TRx™</td>
<td></td>
</tr>
<tr>
<td>80 C-12 Pure Bright Serum</td>
<td>83 Pure Light SPF50</td>
<td></td>
</tr>
<tr>
<td>84 Pure Light SPF50</td>
<td>85 Pure Night</td>
<td></td>
</tr>
<tr>
<td>86 UltraCalming™</td>
<td>89 UltraCalming™ Cleanser</td>
<td></td>
</tr>
<tr>
<td>90 UltraCalming™ Mist</td>
<td>91 Barrier Defense Booster</td>
<td></td>
</tr>
<tr>
<td>92 UltraCalming™ Serum Concentrate</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## Table of Contents

<table>
<thead>
<tr>
<th>Page</th>
<th>Section</th>
</tr>
</thead>
<tbody>
<tr>
<td>93</td>
<td>Calm Water Gel</td>
</tr>
<tr>
<td>94</td>
<td>Barrier Repair</td>
</tr>
<tr>
<td>95</td>
<td>Super Sensitive Shield SPF30</td>
</tr>
<tr>
<td>96</td>
<td>Clear Start™</td>
</tr>
<tr>
<td>97</td>
<td>Breakout Clearing Foaming Wash</td>
</tr>
<tr>
<td>98</td>
<td>Breakout Clearing All Over Toner</td>
</tr>
<tr>
<td>99</td>
<td>Oil Clearing Matte Moisturizer SPF15</td>
</tr>
<tr>
<td>100</td>
<td>Skin Soothing Hydrating Lotion</td>
</tr>
<tr>
<td>101</td>
<td>Blackhead Clearing Fizz Mask</td>
</tr>
<tr>
<td>102</td>
<td>Breakout Clearing Booster</td>
</tr>
<tr>
<td>104</td>
<td>Body Therapy</td>
</tr>
<tr>
<td>105</td>
<td>Conditioning Body Wash</td>
</tr>
<tr>
<td>106</td>
<td>Body Hydrating Cream</td>
</tr>
<tr>
<td>107</td>
<td>Protection 50 Sport SPF50</td>
</tr>
<tr>
<td>108</td>
<td>Professional-use-only Products</td>
</tr>
<tr>
<td>109</td>
<td>Professional Cleansers</td>
</tr>
<tr>
<td>110</td>
<td>Professional Exfoliants</td>
</tr>
<tr>
<td>111</td>
<td>The DermatologicalBioActivity Score</td>
</tr>
<tr>
<td>112</td>
<td>Calculating BioActivity Scores</td>
</tr>
<tr>
<td>112</td>
<td>Exfoliant Product Selection and Instructions</td>
</tr>
<tr>
<td>114</td>
<td>Exfoliant Accelerator 35</td>
</tr>
<tr>
<td>116</td>
<td>MultiVitamin Power Exfoliant</td>
</tr>
<tr>
<td>119</td>
<td>Professional Extractions</td>
</tr>
<tr>
<td>120</td>
<td>Multi-Active Scaling Gel</td>
</tr>
<tr>
<td>121</td>
<td>Post Extraction Solution</td>
</tr>
<tr>
<td>122</td>
<td>Professional Massage</td>
</tr>
<tr>
<td>123</td>
<td>Massage Cream</td>
</tr>
<tr>
<td>124</td>
<td>Clearing Additive</td>
</tr>
<tr>
<td>125</td>
<td>Revitalizing Additive</td>
</tr>
<tr>
<td>126</td>
<td>Soothing Additive</td>
</tr>
<tr>
<td>128</td>
<td>Professional Customization</td>
</tr>
<tr>
<td>129</td>
<td>Calming Botanical Mixer</td>
</tr>
<tr>
<td>130</td>
<td>Retinol 1% IonActive™ Serum</td>
</tr>
<tr>
<td>131</td>
<td>Hyaluronic Acid IonActive™ Serum</td>
</tr>
<tr>
<td>132</td>
<td>Oligopeptide IonActive™ Serum</td>
</tr>
<tr>
<td>133</td>
<td>Niacinamide IonActive™ Serum</td>
</tr>
<tr>
<td>134</td>
<td>Professional Masques</td>
</tr>
<tr>
<td>135</td>
<td>Colloidal Masque Base</td>
</tr>
<tr>
<td>136</td>
<td>Contour Masque</td>
</tr>
<tr>
<td>137</td>
<td>Clinical Oatmeal Masque</td>
</tr>
<tr>
<td>138</td>
<td>Exothermal Geloid Masque</td>
</tr>
<tr>
<td>139</td>
<td>Endothermal Geloid Masque</td>
</tr>
<tr>
<td>140</td>
<td>Professional Toners</td>
</tr>
<tr>
<td>141</td>
<td>Professional Moisturizers</td>
</tr>
<tr>
<td>142</td>
<td>Professional Eye Treatments</td>
</tr>
<tr>
<td>143</td>
<td>Professional Body Therapy</td>
</tr>
<tr>
<td>144</td>
<td>Professional Services</td>
</tr>
<tr>
<td>146</td>
<td>Face Mapping®</td>
</tr>
<tr>
<td>148</td>
<td>Get To Know Their Skin</td>
</tr>
<tr>
<td>150</td>
<td>Begin Face Mapping®</td>
</tr>
<tr>
<td>152</td>
<td>What To Look For</td>
</tr>
<tr>
<td>154</td>
<td>Zone Analysis</td>
</tr>
<tr>
<td>156</td>
<td>Filling Out The Skin Fitness Plan</td>
</tr>
<tr>
<td>158</td>
<td>Face Mapping® Web App</td>
</tr>
<tr>
<td>160</td>
<td>Prescribing Products</td>
</tr>
<tr>
<td>162</td>
<td>Following Up</td>
</tr>
<tr>
<td>164</td>
<td>ProSkin 30/60</td>
</tr>
<tr>
<td>166</td>
<td>ProSkin 30 At a Glance</td>
</tr>
<tr>
<td>168</td>
<td>ProSkin 60 At a Glance</td>
</tr>
<tr>
<td>170</td>
<td>The ProSkin Modules</td>
</tr>
<tr>
<td>176</td>
<td>ProSkin Module Cards</td>
</tr>
<tr>
<td>180</td>
<td>Setting Yourself Up For Success</td>
</tr>
<tr>
<td>186</td>
<td>Frequently Asked Questions</td>
</tr>
<tr>
<td>188</td>
<td>Appendix</td>
</tr>
<tr>
<td>190</td>
<td>Dermatologica Exclusive Techniques</td>
</tr>
<tr>
<td>191</td>
<td>The Dermatologica Double Cleanse Routine</td>
</tr>
<tr>
<td>193</td>
<td>The Dermatologica Extraction Technique</td>
</tr>
<tr>
<td>194</td>
<td>Dermatologica Touch Therapies</td>
</tr>
<tr>
<td>198</td>
<td>Reference</td>
</tr>
<tr>
<td>215</td>
<td>Ingredient Analysis A-Z</td>
</tr>
<tr>
<td></td>
<td>Index</td>
</tr>
</tbody>
</table>
Merchandising your retail area is critical to your center’s image and retailing success. Presentation is everything, so properly showcasing Dermalogica will make your center stand out. Whether you are a skin treatment center that caters solely to clients interested in healthy skin, or are a full service salon, Dermalogica can help you expand your bottom line through retail and merchandising. Introducing new merchandising elements will be an initial investment for you, but updates are easy and inexpensive as most of the fixtures have been designed to be easily updated. This will create a fresh new look in your center instantly and help increase sales.

Follow these basic merchandising guidelines:

1. Clean your surface before you start.
2. Map and plan out all merchandising moves before you begin.
3. Dermalogica should be merchandised in a focal area within your account.
4. Ensure all Dermalogica products are easy to access and are merchandised in order of use (see schematics). Never lock products in a cabinet or place behind a counter.
5. Products should be well stocked and straight. Use a wooden ruler to straighten and even out products.
6. All Shelf Talkers or Tester Units should be clean and easily accessible.
7. Best-selling products should be merchandised at eye level.
8. Ensure testers are in front of corresponding products and are clean and full.
9. Use merchandising signs and sign holders whenever possible to enhance displays and to communicate to the consumer.
10. Always use current merchandising collateral pieces to ensure your presentation is up to date.
11. Create a hot spot at your cash wrap or high traffic area to highlight a launch, focal product or promotion. Utilize merchandising pieces shown in this guide to create impact at your point of sale.
12. Always display groupings in threes or fives; tallest to smallest, creating a pyramid shape. This will provide balance to your displays.
13. Cleaning tips for acrylic merchandising elements, acrylic fixtures and Tester Unit Shelf Talkers: Use Swiffer® dusters, a soft cloth and soap and water. Do not use glass cleaner – it will damage the acrylic!

Don’t waste your top shelf
Use your top shelf to spotlight Dermalogica’s latest product launch, promotion or heroes. Then merchandise the product below on a shelf that sits at eye level and is placed in its respective category. Highlight displays on risers and cubes.

Categorize your products
Keep a distinct space between your Dermalogica Cleansers, Moisturizers, Boosters, etc. (at least the width of a product carton). The separation between products not only provides a place for the eye to land, but also keeps product organized. The Shelf Talker System creates impact on shelf and is easy to navigate. Testers are placed in front of products, aligned to the left, for easy try and buy. Keep Dermalogica products 3-deep on shelves, as this is a nice compromise between looking overstocked and under stocked. Refer to the schematics for assistance when organizing product on your shelves.
Skin Bar® is the no-pressure zone where clients can receive their free Face Mapping® skin analysis, perform their own mini-treatment under the guidance of a professional, feel free to ask questions about their skin and are more likely to purchase products and book treatments. Clients love Skin Bar® because it’s fun and informative. You’ll love Skin Bar® because it increases your bottom line.

At Skin Bar®, your one-on-one interaction with your client begins with the Face Mapping® skin analysis, continues with your product prescription, is the direct lead-in to ProSkin 30 treatments, and leads naturally into your client getting hands-on with the Dermalogica products that will deliver results. Here are the top 6 reasons your business needs a Skin Bar®:

1. Skin Bar® is the perfect place to perform Face Mapping® skin analysis, which is proven to increase retail sales by up to 40%.

2. Skin Bar® drives home the importance of a product prescription that can only be given by a Dermalogica skin care professional.

3. When clients try, they buy! Skin Bar® gives clients the opportunity to play with products and ultimately fall in love with them, which leads to purchase!

4. Skin Bar® is a great place to introduce clients to the importance of professional treatments, including ProSkin 30 treatments.

5. Skin Bar® is a low-pressure environment, meaning clients can get to know you and trust you as their skin-care professional without feeling pressured to make a purchase.

6. Skin Bar® is a core activity to offer at events to capture new clients and increase retail sales.

Impulse buys
Dermalogica has an unlimited supply of travel-size products, skin kits and regimen kits that can be accommodated in a merchandising unit that fits conveniently at your register or check-out. Or, keep your check-out merchandised with the latest Dermalogica products or promotions, always keeping it neat and clean.

Create impact with displays
Use display sheets, collateral and risers to create impact on shelf. Add dimension by utilizing versatile risers to create a pyramid shape and always display products in odd numbers, i.e., threes, fives or sevens.
setting up skin bar®
for facefit treatments

Here’s an outline of the tools you need to set up a successful Skin Bar® in your business:

• It is imperative that you are well-versed in Face Mapping® skin analysis, the zone-by-zone skin analysis that gives you an objective view of each client’s skin condition. On top of serving as a tool for diagnosis, Face Mapping® skin analysis is your retailing weapon, because proper prescription of Dermalogica products means accurate results – and that means return clients!
• Set up stools around a high table with your Dermalogica counter tester unit in the middle, or create a “product pool” of retail-sized products set up neatly on a tray.
• Purchase a table-top mirror that can stand on its own, or set up your Skin Bar® in front of a mirror. Clients need to see what they’re doing when they’re applying product to their faces.
• Gather esthetic wipes or steam towels, mini-steamers, headbands, cotton pads and mirrors for clients to use when testing products on their skin.
• Make sure you have Face Mapping® skin analysis Skin Fitness Plans, as these will guide you through the products to recommend. The Skin Fitness Plans include a tear-off sheet. Keep this for your records, and provide the upper portion to your client.
• Sampling is key – make sure you have plenty of samples on hand at your Skin Bar®, as well as our Skin Fitness Plan envelopes, which will keep all samples and your client’s Face Mapping® Skin Fitness Plan in one convenient place.

Not available for purchase.
Thorough cleansing is the most critical step in both a successful professional treatment and at-home regimen, as it delivers immediate skin care benefits and is an important part of whole-body health. Because cleansing is so important, The International Dermal Institute created the Dermalogica Double Cleanse, the two-part cleansing routine that begins with PreCleanse and finishes with the prescribed Dermalogica Cleanser. As part of the professional and at-home regimen, the Dermalogica Double Cleanse ensures the healthiest, cleanest skin ever. All Dermalogica Cleansers are soap-free and acid-balanced to protect the skin’s natural moisture barrier.
precleanse balm

application
Squeeze tube to dispense product onto Cleansing Mitt or directly to dry palm of hand. Massage product into dry skin using circular motions. Add water to emulsify. Rinse and follow with recommended Dermalogica Cleanser to complete the Dermalogica Double Cleanse.

key ingredients
Natural Bioloipid Complex: helps reinforce the skin’s barrier function and preserve hydration. 
Lavender, Bitter Orange, Grapefruit, Mandarin Orange, Lemongrass and Lemon Ironbank Oils: invigorate the senses and help deliver an ultra-clean feeling.

benefits / top retailing points
Removes excess sebum (oil), sunscreen, make-up and pollutants. 
Dissolves buildup without compromising the skin barrier or clogging pores. 
Smoothes, calms and nourishes the skin. 
Includes a soft-touch, double-sided Cleansing Mitt for a more effective cleanse.

top products to prescribe
• Prescribed Dermalogica Cleanser 
• Daily Microfoliant® 
• Multi-Active Toner

precleanse

application
Begin by dispensing PreCleanse onto damp cotton. Remove eye and lip make-up by gently massaging over the area. Then, dispense into dry hands, massage over dry face to dissolve surface oil and dirt. Concentrate on areas of congestion or stubborn debris. Wet hands and continue massaging to create a light, milky emulsion. Rinse with lukewarm water. Follow with prescribed Dermalogica Cleanser for professional cleansing results.

professional application
Refer to the professional Dermalogica Double Cleanse routine in the Professional Services section of The Book.

key ingredients
Borage Officinalis (Borage Seed): contains Gamma Linoleic Acid (GLA), a fatty acid that has been widely used for treating inflammation, eczema, dehydration and scaliness. 
Prunus Armeniaca (Apricot) Kernel: an excellent source of fatty acids, Vitamin A and Linoleic Acid. Oil helps soothe irritation, nourish and moisturize. 
Alentejo Malaccca (Kukui Nut): a rich source of vitamins A, C and E plus omega-3 fatty acids that help reinforce the barrier lipids of the Stratum Corneum. Used to treat skin disorders, dry skin, acne and irritation. 
Oryza Sativa (Rice Bran): this oil is rich in Orzyzanol, B vitamins, Phytic Acid, antioxidants and phytosterols that help inhibit oxidative skin damage, soften skin and facilitate skin repair. 
Helianthus Annuus (Sunflower Seed) Oil: a natural triglyceride, high in Oleic Acid, with excellent emollient properties. 
Tocopherol Acetate (Vitamin E): a rich antioxidant vitamin that improves skin smoothness and softness. 
Caprylic/Capric Triglyceride: an emulsifying agent that is activated by the addition of water to release the bonded oils from the skin’s surface.

benefits / top retailing points
Dissolves oil-based make-up, sebum, sunscreens and environmental pollutants from skin’s surface, enabling skin to be thoroughly cleansed. 
Removes oils without compromising skin’s natural barrier lipids or clogging pores. 
Fortified with conditioning essential fatty acids to help smooth, calm and nourish skin. 
Delivers a level of cleansing traditionally experienced in the professional treatment room. 
A great make-up remover, even for mascara and long-wearing lipstick! 
Enables the prescribed Dermalogica Cleanser to work more efficiently.

top products to prescribe
• Prescribed Dermalogica Cleanser 
• Daily Microfoliant® 
• Multi-Active Toner

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skin condition
Ideal for normal to dry skin.

description
This water-activated, balm-to-oil version of our top-selling oil cleanser deconstructs layers of excess sebum (oil), waterproof make-up, environmental pollutants and residual product buildup on skin. The Natural Bioloipid Complex locks in hydration and reinforces the skin barrier while Apricot Kernel Oil helps nourish skin.

top products to prescribe
• Prescribed Dermalogica Cleanser 
• Daily Microfoliant® 
• Multi-Active Toner

**special cleansing gel**

**application**
Following the removal of PreCleanse, apply a pea-sized amount of gel in moistened hands and apply to dampened face and throat. Rinse with warm water. Follow with Multi-Active Toner and prescribed Dermalogica Moisturizer.

**professional application**
Refer to the professional Dermalogica Skin Treatment in the Professional Services section of The Book.

**key ingredients**
- Quillaja Saponaria: a naturally-foaming extract that gently removes impurities and excess oils.
- Melissa Officinalis (Balm Mint): a skin-soothing extract that cools and calms.
- Lavandula Angustifolia (Lavender): a naturally antiseptic extract. Helps soothe and purify skin.

**benefits / top retailing points**
- Soap-free, fragrance-free cleanser washes away impurities without stripping or drying.
- Calming agents work to soothe and purify skin.
- Gentle foaming texture cleanses away toxins and debris without over-drying, leaving a super-clean surface.
- Use with Exfoliating Face Brush for a dual-action exfoliating cleanse.

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**dermal clay cleanser**

**skin condition**
Skin with excess oil production.

**description**
Water-soluble Bentonite and Kaolin clays combine with purifying botanical extracts and refreshing Menthol to remove excess oils and refine skin’s texture.

**top products to prescribe**
- PreCleanse
- Active Moist
- Multi-Active Toner

**application**
Following the removal of PreCleanse, apply to dampened face and throat, massaging with damp fingers in light, upward strokes. Concentrate on any areas of congestion and impurities. Rinse with warm water. Follow with Multi-Active Toner and prescribed Dermalogica Moisturizer.

**optional**
Apply to wet face and throat and leave on for 5 minutes as a "mini" masque. Rinse thoroughly.

**professional application**
Refer to the professional Dermalogica Skin Treatment in the Professional Services section of The Book.

**key ingredients**
- Bentonite and Kaolin: clays that help absorb excess oil, refine pores and clear congestion.
- Sambucus Nigra (Sambucus) Flower, Hedera Helix (Ivy) and Citrus Medica Limonum (Lemon) Fruit: natural astringents that remove excess oils and refine skin’s texture.
- Salvia Officinalis (Sage) Leaf and Cucumis Sativus (Cucumber) Fruit: extracts that soothe and calm skin.
- Menthol: soothes and helps calm aggravation while imparting a “cool” feeling on skin.

**benefits / top retailing points**
- Skin-perfecting formula provides deep cleansing for oily, congested skin.
- Unique clay formula thoroughly removes dead cell debris and absorbs excess oils.
- Soothing Menthol helps calm aggravation and has a cooling sensation on skin.
- Naturally astringent plant extracts help prevent future breakouts.

**application**
Following the removal of PreCleanse, apply to dampened face and throat, massaging with damp fingers in light, upward strokes. Concentrate on any areas of congestion and impurities. Rinse with warm water. Follow with Multi-Active Toner and prescribed Dermalogica Moisturizer.

**professional application**
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- Soap-free, fragrance-free cleanser washes away impurities without stripping or drying.
- Calming agents work to soothe and purify skin.
- Gentle foaming texture cleanses away toxins and debris without over-drying, leaving a super-clean surface.
- Use with Exfoliating Face Brush for a dual-action exfoliating cleanse.

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**Retail:**
- 8.4 FL OZ / 250 mL
- 16.9 FL OZ / 500 mL

**Professional:**
- 1.7 FL OZ / 50 mL
- 3.6 FL OZ / 250 mL
- 16.9 FL OZ / 500 mL
- 32 FL OZ / 946 ML
Toning is an essential, yet often overlooked, portion of skin health regimens. Traditionally applied after cleansing, Dermalogica Toners can also be used to refresh and hydrate as needed throughout the day.

Locate additional Dermalogica Toners for specific concerns and conditions in their respective AGE Smart®, UltraCalming™ and MediBac Clearing® sections.
exfoliants

From breakout-prone and aging skin to hyperpigmented and dry, dehydrated skin, exfoliation is important to the health of all skin conditions. Dermalogica recommends pairing one day of intense exfoliation with seven days of gentle exfoliation to more effectively stimulate cell renewal rates, helping to reduce the signs of premature aging, improve skin texture, remove excess surface cells that clog follicles and brighten skin. With our selection of chemical and physical exfoliants that range from gentle to more intense, there is a Dermalogica Exfoliant for every skin condition.

multi-active toner

application
After performing the Dermalogica Double Cleanse, spray directly over the entire face and throat with eyes closed. Follow with prescribed Dermalogica Moisturizer.

professional application
1. Spritz onto the face, throat and upper chest evenly in an arc-like motion. Ensure the eyes are closed.
2. Gently press excess product into skin. Skin should remain damp following application, allowing even absorption of prescribed Dermalogica products.

optional:
Multi-Active Toner may be spritzed onto skin to aid with the moistening and removal of Plankton Masque Base, or any other setting masque.

key ingredients
Lavandula Angustifolia (Lavender): a naturally antiseptic extract. Helps soothe and purify skin.
Melissa Officinalis Leaf (Balm Mint) and Aloe Vera: helps cool, soften and hydrate skin.
Arnica Montana and Cucumis Sativus (Cucumber) Fruit: extracts that help keep skin smooth and refreshed.
Sodium PCA: a moisture-binding humectant that provides effective moisture absorption and hydration.

benefits / top retailing points
Helps even out porosity of skin to allow for optimal moisturizer absorption.
Ideal for use during air travel.
Can be spritzed on throughout the day to help maintain hydration levels.

skin condition
All skin conditions.

description
An ultra-light spritz that refreshes and hydrates the skin while smoothing the surface. Helps condition skin to prepare for proper moisture absorption.

top products to prescribe
• Special Cleansing Gel
• Skin Hydrating Booster
• Body Hydrating Cream

dermalogica
retail products
<table>
<thead>
<tr>
<th>toners</th>
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<td>multi-active toner</td>
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18 FL OZ / 500 mL
8.4 FL OZ / 250 mL
1.7 FL OZ / 50 mL

Check out a video here for more information on Multi-Active Toner.
### Gentle Cream Exfoliant

**Skin Condition:** All skin conditions, except sensitized.

**Description:** A powerful, non-abrasive hydroxy acid and enzyme exfoliation masque that thoroughly removes dulling surface debris, dramatically improving skin texture.

**Bioactivity Score:** 14

**Top Products to Prescribe:**
- Prescribed Dermalogica Cleanser
- Solar Defense Booster SPF50
- Skin Smoothing Cream

**Application**

After performing the Dermalogica Double Cleanse, apply a thin layer over cleansed face and throat. Use care around the delicate eye area. Mild activity or sensation is usual but should dissipate quickly. Let activate for 10 to 15 minutes. Rinse well. Use 1 to 2 times weekly or as recommended.

**Contraindications for Use**

Not recommended for users of any topical or orally-prescribed acne, Vitamin A derived, skin exfoliation medications. Do not use on skin that is sunburned, irritated, sensitive or has recently been waxed. This product may increase your skin’s sensitivity to the sun. Use a sunscreen and limit sun exposure while using this product and for a week afterwards.

**Key Ingredients**

- Lactic Acid and Salicylic Acid: alpha and beta hydroxy acids that slough off dead skin cells, speeding cell renewal.
- Sulfur: clears the skin by eliminating bacteria associated with acne and by clearing excess oil and congestion in the follicle.
- Papain and Bromelain: enzymes that digest excess surface cells.
- Lavandula Angustifolia (Lavender), Aloe Vera and Centaurea Cyanus (Cornflower): extracts that help reduce sensitivity and soothe skin.
- Diatomaceous Earth: gently resurfaces and refines.
- Apricot Kernel Oil: helps maintain skin’s protective barrier.

**Benefits / Top Retailing Points**

- Provides chemical exfoliation with the convenience of a two-in-one masque and exfoliation treatment.
- Helps loosen dead skin cells and clear follicles to promote skin health and prepare skin for optimal absorption of moisturizing ingredients.
- Contains both alpha and beta hydroxy acids to help speed cell turnover and cell renewal rates.
- Provides effective, non-aggressive retexturization while increasing hydration and smoothness.

## Skin Prep Scrub

**Skin Condition:** All skin conditions, especially skin with excess oil production.

**Description**

A skin-polishing scrub with natural Corn Cob Meal that leaves skin with a smooth, healthy complexion.

**Bioactivity Score:** 1

**Top Products to Prescribe**

- Prescribed Dermalogica Cleanser
- Active Moist
- Multi-Active Toner

**Application**

After performing the Dermalogica Double Cleanse, apply with damp hands to damp face and throat, avoiding the eyes. Rinse thoroughly with warm water. Use 2 to 3 times a week or as recommended.

**Professional Application**

Apply with damp hands to damp face and throat, avoiding the eyes. Customize with Calming Botanical Mixer. Massage evenly over skin by using the fingertips in small circular movements.

**Optional:** Combine with Essential Cleansing Solution, Special Cleansing Gel or Dermal Clay Cleanser for an exfoliating power cleanse. Use with Exfoliating Face Brush for a deeper level of exfoliation.

**Contraindications for Use**

Not recommended for users of any topical or orally-prescribed acne, Vitamin A derived, skin exfoliation medications. Do not use on skin that is sunburned, irritated, sensitive or has recently been professionally exfoliated, resurfaced or waxed. This product may increase your skin’s sensitivity to the sun. Use a sunscreen and limit sun exposure while using this product and for a week afterwards.

**Key Ingredients**

- Corn Cob Meal: finely granulated to gently remove dulling surface debris.
- Malva Sylvestris (Mallow), Hedera Helix (Ivy) and Aloe Vera: extracts that help soothe and help prevent over-stimulation.
- Honey: a humectant that helps replenish and bind moisture to skin.
- Tocopheryl Acetate (Vitamin E): a rich antioxidant vitamin that improves skin smoothness and softness.
- Arnica Montana and Cucumis Sativus (Cucumber) Fruit: extracts that help keep skin smooth and refreshed.

**Benefits / Top Retailing Points**

- Removes clogging surface debris, allowing for optimal absorption of treatment ingredients.
- Gently polishes skin to create a smooth surface.
daily microfoliant®

application
Dispense about a half-teaspoon of Daily Microfoliant® into very wet hands and create a creamy paste by rubbing hands together. Apply to face in circular motions, avoiding the eye area. Massage gently for one minute, then rinse thoroughly. Follow with prescribed Dermalogica Toner and Moisturizer.

professional application
1. After performing the Dermalogica Double Cleanse, dispense approximately a half-teaspoon of Daily Microfoliant® into very wet hands and create a creamy paste by rubbing hands together.
2. Apply and massage over skin with small circular motions. Daily Microfoliant® may also be applied to the eyes and lips. Massage gently for 2 minutes.
3. Steam may be used to facilitate more slip-and-glide when lightly massaging over skin.
4. A warm steam towel or damp sponges may be used to ensure thorough removal of product.
5. Optional: To provide a “power boost” to Daily Microfoliant®, add 1 pump Exfoliant Accelerator 35 or 1 tube of MultiVitamin Power Exfoliant to the paste prior to application. Avoid the eyes and lips. Follow step 4 for removal. For superior exfoliation, the use of electric brushes may be introduced with the paste.

contraindications for use
Not recommended for users of any topical or orally-prescribed acne, Vitamin A derived, skin exfoliation medications. Do not use on skin that is sunburned, irritated, sensitive or has recently been professionally exfoliated, resurfaced or waxed.

key ingredients
Glycyrrhiza Glabra (Licorice), Oryza Sativa (Rice) and Citrus Grandis (Grapefruit): brightening complex helps even skin tone.
Oryza Sativa (Rice) Bran and Rice Extracts: gently microfiliate the skin’s surface to facilitate penetration of the brightening complex.
Papain and Salicylic Acid: help dissolve excess surface cells.

benefits / top retailing points
Gentle enough for daily use.
Removes dulling surface debris to reveal brighter, smoother skin, and stimulates cell renewal for improved suppleness.
Helps balance uneven pigmentation for a more even complexion.
The perfect daytime companion to nighttime use of Daily Resurfacer.

bioactivity score 5
top products to prescribe
• Daily Resurfacer
• Multi-Active Toner
• Solar Defense Booster SPF50

daily resurfacer

application
All skin conditions, except users of medically-prescribed exfoliating products.

description
A precise dose of leave-on exfoliating treatment ideal for use between professional treatments. Hydroxy acids smooth skin without causing redness and help reduce the signs of premature aging. A brightening complex helps even skin tone while soothing Rooibos and Green teas, combined with Hyaluronic Acid and Enelgrass, help skin retain moisture, reducing the appearance of fine lines.

bioactivity score 9
top products to prescribe
• Daily Microfoliant®
• Skin Hydrating Booster
• Solar Defense Booster SPF50

contraindications for use
Not recommended for users of any topical or orally-prescribed acne, Vitamin A derived, skin exfoliation medications. Do not use on skin that is sunburned, irritated, sensitive or has recently been professionally exfoliated, resurfaced or waxed. This product may increase your skin’s sensitivity to the sun. Use a sunscreen and limit sun exposure while using this product and for a week afterwards.

key ingredients
Salicylic Acid: resurfaces and stimulates natural exfoliation.
Apple Fruit and Sugar Cane: extracts that stimulate cell renewal and cell turnover while gently sloughing surface cells.
Hyaluronic Acid and GAGs: glycosaminoglycans that hold up to 1,000 times their weight in water help to hydrate skin.
Zostera (Seagrass or Eelgrass): contains polysaccharides (sugars) that form a hydration net over skin’s surface that cushions and protects.

benefits / top retailing points
Brightener that help control melanin biosynthesis to help even out skin tone and control hyperpigmentation.

Hyaluronic Acid: shields against damaging free radicals while hydrating.

Citrus Unshiu Peel and Rice Extract: brighteners that help control melanin biosynthesis to help even out skin tone and control hyperpigmentation.

Hyaluronic Acid and GAGs: Chemical and physical exfoliants combine to deliver effective exfoliation.

Zostera (Seagrass or Eelgrass): Resurfaces, smooths and brightens while evening skin tone to improve all-over skin clarity.

Check out a video here for more information on Daily Microfoliant®.
Moisturizers are vital to every skin care regimen regardless of skin condition, and do more than just moisten dehydrated skin. Emollients (usually lipid substances) help lubricate skin while making it soft, pliable and smooth. Moisturizers also help to protect the skin’s natural defenses against the environment while controlling moisture loss from the skin. This becomes more important as we age, when the Stratum Corneum’s protective lipid barrier layer may be compromised, or slower in replenishing itself. Dermalogica has a moisturizer for every skin condition; from chronically dry and prematurely-aging to skin with excess oil production and breakouts.

Skin condition
Skin with excess oil production.

description
A lightweight, oil-free lotion for daily moisture protection that actively combats surface dehydration while smoothing the skin’s surface with botanical extracts.

top products to prescribe
• PreCleanse
• Dermal Clay Cleanser
• Skin Prep Scrub

application
Apply over damp face and throat with light, upward strokes. Best when used following Multi-Active Toner. Can be applied over or mixed with prescribed Dermalogica Concentrated Booster for additional results.

professional application
1. Following the application of Multi-Active Toner, apply Active Moist evenly to the face and throat and blend with the fingertips.
2. Customize with prescribed Dermalogica Concentrated Booster and follow with prescribed Daylight Defense.

key ingredients
Silk Amino Acids: help smooth and improve skin texture.
Citrus Medica Limonum (Lemon) Fruit, Hedera Helix (Ivy), Watercress and Burdock: natural astringents that help refine skin.
Lavandula Angustifolia (Lavender), Malva Sylvestris (Mallow) and Cucumis Sativus (Cucumber) Fruit: soothing extracts that help provide deep hydration.

benefits / top retailing points
Provides effective oil-free hydration without leaving a greasy after-feel.
Smooths and helps improve skin texture.
Sheer, easy-to-apply formula goes on smooth and absorbs quickly.

Check out a video here for more information on Active Moist.
skin smoothing cream

**skin condition**
Dry, dehydrated or prematurely-aging skin.

**description**
A medium-weight cream with soothing botanicals and antioxidant vitamins to maintain skin’s moisture balance while improving texture, helping to restore suppleness and tone.

**top products to prescribe**
- Special Cleansing Gel
- Phyto Replenish Oil
- Skin Hydrating Masque

**application**
Apply over damp face and throat with light, upward strokes. Best when used following Multi-Active Toner. Can be applied over or mixed with prescribed Dermalogica Concentrated Booster for additional results.

**professional application**
1. Following the application of prescribed Dermalogica Toner, apply Skin Smoothing Cream evenly to the face and throat and blend with the fingertips.
2. Customize with prescribed Dermalogica Concentrated Booster and follow with prescribed Daylight Defense.

**key ingredients**
- Retinyl Palmitate (Vitamin A): helps stimulate collagen and reverse the signs of prematurely-induced photoaging.
- Silk Amino Acids: help smooth and improve skin texture.
- Malva Sylvestris (Mallow), Cucumis Sativus (Cucumber) and Arnica Montana Flower: extracts that help soothe and hydrate the skin.
- Vitis Vinifera (Grape) Seed, Ascorbyl Palmitate (Vitamin C) and Tocopherol Acetate (Vitamin E): antioxidants that help reduce free radical activity and stimulate collagen formation.
- Aloe: moisturizes, promotes healing and helps prevent the appearance of dehydration lines.

**benefits / top retailing points**
Contains antioxidants to help fight skin-aging and skin-damaging free radicals. Smooths fine lines and promotes elasticity. Rich emollients help shield against dehydration and pollution.

**intensive moisture balance**

**skin condition**
Dry or prematurely-aging skin.

**description**
An ultra-rich phytonutrient moisturizer designed to combat dry skin and reduce the signs of premature aging.

**top products to prescribe**
- Phyto Replenish Oil
- Multi-Vitamin Power Recovery® Masque

**application**
Apply over damp face and throat with light, upward strokes. Use twice daily, morning and night. Can be applied over or mixed with prescribed Dermalogica Concentrated Booster for additional results.

**professional application**
1. Following the application of prescribed Dermalogica Toner, apply Intensive Moisture Balance evenly to the face and throat and blend with the fingertips.
2. Customize with prescribed Dermalogica Concentrated Booster and follow with prescribed Daylight Defense.

**key ingredients**
- Retinyl Palmitate (Vitamin A): helps stimulate collagen and reverse the signs of prematurely-induced photoaging.
- Ascorbyl Palmitate (Vitamin C), Tocopheryl Acetate (Vitamin E) and Ginkgo Biloba: antioxidants that help reduce free radical activity and stimulate collagen formation and smooth skin texture.
- Echinacea Purpurea (Coneflower) and Vitis Vinifera (Grape) Seed: help repair prematurely-aging skin, leaving it soft and supple.

**benefits / top retailing points**
Ideal for clients looking for a thicker cream. Antioxidants help prevent daily damage caused by free radicals. Strengthens skin’s lipid barrier to help prevent moisture loss while smoothing the appearance of fine lines.

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**Check out a video here for more information on Skin Smoothing Cream.**

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**Check out a video here for more information on Intensive Moisture Balance.**
**sound sleep cocoon**

**application**
Smooth over face and neck as the last step of your nighttime regimen, over toners and targeted treatments. Clients may also layer Sleep Cocoon over their preferred Dermalogica moisturizer to further enhance overnight hydration. Allow gel-cream to melt into skin overnight.

**benefits / top retailing points**
- Reduces signs of skin fatigue and restores vitality.
- Visibly increases radiance by morning.
- Optimizes your skin’s natural overnight recovery process.
- Soothing essential oils promote sleep, restful sleep for healthier-looking skin.

**key ingredients**
- Albizia Julibrissin Bark (Persian Silk Tree) Extract: Provides overnight antioxidant protection and fights free radicals while brightening, reducing signs of fatigue and helping fight Advanced Glycation End-products (AGEs).
- Evodia Rutacearpa (Fruits of Wuzhu-Yu) Fruit Extract: Promotes a more refined, even skin texture. It also aids in illuminating dull skin, visibly increasing skin’s radiance by morning.
- Vitamin C: A powerful weapon against free radical-induced skin damage and premature aging. Delivers comprehensive antioxidant protection while improving luminosity and skin tone.
- Tamarindus Indica (Tamarind Seed) Extract: This naturally-occurring polysaccharide moisturizes, reduces transepidermal water loss (TEWL) and helps protect skin’s barrier function.
- Motion-Activated Essential Oils: Lavandin Oil is encapsulated in motion-activated biodegradable polymeric microcapsules that allow it to be released throughout the night as clients toss and turn.

**skin condition**
All skin conditions.

**description**
Revitalizing treatment gel-cream transforms skin overnight by optimizing skin recovery. At night, skin is better able to absorb active ingredients and recover from damage that has occurred during the day. Sound Sleep Cocoon boosts radiance by replenishing the hydration skin loses throughout the day and delivering active ingredients at night, when skin is at its most receptive – and encourages restful sleep with essential oils.

**top products to prescribe**
- PreCleanse Balm
- Overnight Repair Serum
- Nightly Lip Treatment

**professional application**
To complete a professional skin treatment, apply Solar Defense Booster SPF50 following prescribed Dermalogica Toner. May be mixed with prescribed Dermalogica Moisturizer or used alone.

**warnings**
For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If irritation develops, discontinue use. Do not use on infants under 6 months old.

**active ingredients**
- Chemical sunscreens:
  - Avobenzone
  - Octinoxate
- Key ingredients
  - UV Smart Booster Technology: an encapsulated complex of antioxidant vitamins C and E; scavenges UV-induced free radicals while enhancing photoprotection.
  - Oleosome Technology: a Safflower-derived, sunscreen-filled capsule that provides enhanced moisturization while boosting SPF.
- Vitis Vinifera (Grape) Seed and Camellia Sinensis (Green Tea): soothing botanical extracts that provide anti-enzyme and antioxidant protection.
- Magnesium Ascorbyl Phosphate (Vitamin C) and Tocopherol (Vitamin E): antioxidants that improve skin smoothness and softness, and help control damage caused by free radicals.

**solar defense booster**

**application**
Apply directly to face and neck for full SPF50 coverage, preferably 30 minutes prior to sun exposure.

**top products to prescribe**
- Prescribed Dermalogica Moisturizer
- Daily Microfoliant®
- Daily Resurfacer

**benefits / top retailing points**
- Boost the UV defense of prescribed Dermalogica Moisturizers by mixing equal parts together. May also be used alone for maximum SPF50 coverage.
- Sophisticated, non-chalky formula forms an invisible shield against skin damaging environmental assault.
- Antioxidants help improve skin smoothness and softness while providing added defense against skin-aging free radicals.

**options**
- For daily sun protection, mix equal amounts of Solar Defense Booster SPF50 and prescribed Dermalogica Moisturizer in palm of hand. Apply to the face with smooth, upward strokes.

**key ingredients**
- Chemical sunscreens:
  - Avobenzone
  - Octinoxate
- Key ingredients
  - UV Smart Booster Technology: an encapsulated complex of antioxidant vitamins C and E; scavenges UV-induced free radicals while enhancing photoprotection.
  - Oleosome Technology: a Safflower-derived, sunscreen-filled capsule that provides enhanced moisturization while boosting SPF.
- Vitis Vinifera (Grape) Seed and Camellia Sinensis (Green Tea): soothing botanical extracts that provide anti-enzyme and antioxidant protection.
- Magnesium Ascorbyl Phosphate (Vitamin C) and Tocopherol (Vitamin E): antioxidants that improve skin smoothness and softness, and help control damage caused by free radicals.
Enhance the daily skin care regimen with powerful, problem-solving Dermalogica Masques. Designed for use based upon the client’s Face Mapping skin analysis and professional prescription, each masque provides a dramatic boost to the skin. Whether the client requires super-deep cleansing or intensive hydration and nourishment, Dermalogica Masques are the ideal regimen supplement to help overcome skin concerns. Locate additional masques for specific concerns and conditions in their respective AGE Smart® and MediBac Clearing® sections.

Skin Hydrating Masque

**Skin Condition:**
All skin conditions.

**Description:**
A refreshing, moisturizing masque to remedy dry, stressed skin. Unique cross-linked Hyaluronic Acid traps moisture to deliver time-released hydration for lasting suppleness. Help stimulate skin’s Natural Moisturizing Factor while lycopene-rich Tomato Seed lipids help restore skin’s protective barrier, enhancing moisture levels for healthier, smoother skin.

**Top Products to Prescribe:**
- Daily Microfoliant®
- Multi-Active Toner
- Skin Hydrating Booster

**Key Ingredients:**
- **Hyaluronic Acid:** unique cross-linked ingredient; provides increased hydration and improved elasticity.
- **Salicornia Extract:** a plant extract; helps reinforce skin’s Natural Moisturizing Factor and increase water content of skin.
- **Codium:** a green algae; helps regulate moisture content and water levels to provide in-depth moisturization.
- **Solanum Lycopersicum (Tomato) Seed Oil:** source of lycopene-rich lipids that help restore protective barrier lipids of skin.
- **Tocopherol (Vitamin E):** antioxidant that helps repair daily damage caused by free radicals.
- **Canadian Willowherb (Epilobium):** anti-irritant; helps calm skin.

**Application:**
Apply a smooth layer to clean face and throat. Allow masque to absorb for 7 to 10 minutes. Rinse with tepid water to remove. Use once or twice a week as prescribed.

**Benefits / Top Retailing Points:**
Can be used over the entire face and throat or as a hydrating eye and lip masque.
- Intensely hydrates by applying Skin Hydrating Booster to skin before applying masque.
- Helps restore suppleness while minimizing the appearance of fine lines.
- Plant extracts help soothe and calm skin.
- Can be massaged into cuticles to relieve dryness and cracks.

**Application:**
Apply a smooth layer to clean face and throat. Allow masque to absorb for 7 to 10 minutes. Rinse with tepid water to remove. Use once or twice a week as prescribed.

**Benefits / Top Retailing Points:**
Can be used over the entire face and throat or as a hydrating eye and lip masque.
- Intensely hydrates by applying Skin Hydrating Booster to skin before applying masque.
- Helps restore suppleness while minimizing the appearance of fine lines.
- Plant extracts help soothe and calm skin.
- Can be massaged into cuticles to relieve dryness and cracks.
charcoal rescue masque

Skin condition
All skin conditions.

description
This all-in-one treatment masque detoxifies, brightens and invigorates normal to oily skin. A fast-acting, easy-to-remove formula, it is ideal for rescuing tired, lackluster or dull skin.

top products to prescribe
• Intensive Eye Repair
• Active Moist
• HydraglueTM Primer

application
After cleansing, apply generously to face and throat, avoiding the eye area. You may experience slight tingling. After 3 to 5 minutes, lightly massage with very wet hands to enhance physical exfoliation properties during removal. Rinse thoroughly. Follow with prescribed Dermalogica Toner, Targeted Treatment and Moisturizer.

key ingredients
Activated Binchotan Charcoal: powerfully draws out excess oil and impurities.
Bentonite and Kaolin: clays that help absorb excess oil, refine pores and clear congestion.
Sulfur: removes dulling dead skin cells, combats breakout-causing bacteria and energizes skin.
Volcanic Ash, Hot Spring Ash, Maris Limus (Sea Silt) Extract and Bambusa Arundinacea (Bamboo) Stem Extract: physical exfoliants that dramatically brighten and smooth skin.
Mandelic, Phytic and Lactic Acids: Alpha Hydroxy Acids (AHAs) that stimulate cell turnover and cell renewal for improved skin texture.
Peumus Boldus (Chilean Wild Mint) Leaf Extract: helps clarify, soothe and refine pores.
Niacinamide: combats redness and congested pores.
Melaleuca Alternifolia (Tea Tree), Eucalyptus Globulus (Eucalyptus) and Mentha Arvensis (Cornmint) Leaf Oils: known for their anti-bacterial properties. Used to help soothe the skin.

benefits / top retailing points
This masque is the go-to, all-in-one formula for normal to oily skin. Formulated for immediate results. Powerfully draws out impurities from the skin. Accelerates skin brightening with dual-action exfoliation. Should be used whenever you want to treat any skin concern, or need a fast-acting “pick-me-up” for tired, lackluster skin.

concentrated boosters

Concentrated Boosters are highly-active extracts that can be used to customize a client’s regimen on a day-to-day basis. Designed to be used alone for targeted results, mixed in with Dermalogica Moisturizers or applied underneath Masques, Concentrated Boosters are the perfect way for clients to take control of skin’s natural fluctuations. Their versatility makes them ideal in adapting any at-home regimen to the changes in climate, hormonal imbalance or lifestyle.

skin condition
All skin conditions.

description
Concentrated Boosters are highly-active extracts that can be used to customize a client’s regimen on a day-to-day basis. Designed to be used alone for targeted results, mixed in with Dermalogica Moisturizers or applied underneath Masques, Concentrated Boosters are the perfect way for clients to take control of skin’s natural fluctuations. Their versatility makes them ideal in adapting any at-home regimen to the changes in climate, hormonal imbalance or lifestyle.

top products to prescribe
• Intensive Eye Repair
• Active Moist
• HydraglueTM Primer

application
Concentrated Boosters are highly-active extracts that can be used to customize a client’s regimen on a day-to-day basis. Designed to be used alone for targeted results, mixed in with Dermalogica Moisturizers or applied underneath Masques, Concentrated Boosters are the perfect way for clients to take control of skin’s natural fluctuations. Their versatility makes them ideal in adapting any at-home regimen to the changes in climate, hormonal imbalance or lifestyle.

key ingredients
Activated Charcoal: powerfully draws out excess oil and impurities.
Bentonite and Kaolin: clays that help absorb excess oil, refine pores and clear congestion.
Sulfur: removes dulling dead skin cells, combats breakout-causing bacteria and energizes skin.
Volcanic Ash, Hot Spring Ash, Maris Limus (Sea Silt) Extract and Bambusa Arundinacea (Bamboo) Stem Extract: physical exfoliants that dramatically brighten and smooth skin.
Mandelic, Phytic and Lactic Acids: Alpha Hydroxy Acids (AHAs) that stimulate cell turnover and cell renewal for improved skin texture.
Peumus Boldus (Chilean Wild Mint) Leaf Extract: helps clarify, soothe and refine pores.
Niacinamide: combats redness and congested pores.
Melaleuca Alternifolia (Tea Tree), Eucalyptus Globulus (Eucalyptus) and Mentha Arvensis (Cornmint) Leaf Oils: known for their anti-bacterial properties. Used to help soothe the skin.

benefits / top retailing points
This masque is the go-to, all-in-one formula for normal to oily skin. Formulated for immediate results. Powerfully draws out impurities from the skin. Accelerates skin brightening with dual-action exfoliation. Should be used whenever you want to treat any skin concern, or need a fast-acting “pick-me-up” for tired, lackluster skin.
Like the other formulas in the Dermalogica retail line, Targeted Treatments are designed to zone-in on specific areas of the face and body, rather than focus on overall conditions. They are highly individualized in application, and have a specialized role in the at-home regimen. The Targeted Treatments you’ll prescribe will be based heavily on the Face Mapping® skin analysis you conduct on each client. You should explain to your clients that the different zones each have specific needs – needs that can change daily! As such, find Dermalogica Targeted Treatments for specific concerns in their respective AGE Smart®, PowerBright TRx™, UltraCalming™ and MediBac Clearing® sections.

**Skin Hydrating Booster**

- **Skin Condition:** All skin conditions.
- **Description:** A super-saturated hydrating fluid that intensely moisturizes thirsty skin as it smooths and minimizes fine lines.
- **Top Products to Prescribe:**
  - Multi-Active Toner
  - Skin Smoothing Cream
  - Skin Hydrating Masque

**Application**

Squeeze 6 to 10 drops onto fingertips and massage gently over face and throat. Follow with prescribed Dermalogica Moisturizer. Can also be used underneath prescribed Dermalogica Masque. Can also be mixed with prescribed Dermalogica Moisturizer then applied to face and throat.

**Key Ingredients**

- **Hyaluronic Acid:** holds 1000 times its weight in water for powerful hydration.
- **Panthenol (Pro-Vitamin B5):** aids in skin repair and hydration.
- **Algae Extract:** nutrient rich; helps restore moisture balance while softening skin.

**Benefits / Top Retailing Points**

- Hydrates tissues to smooth skin, improve suppleness and minimize the appearance of fine lines.
- Non-greasy formula suitable for all skin conditions.
- Restores barrier layer to retain critical moisture levels.
- Revitalizes parched skin.

**Application**

Squeeze 6 to 10 drops onto fingertips and massage gently over face and throat. Follow with prescribed Dermalogica Moisturizer. Can also be used underneath prescribed Dermalogica Masque. Can also be mixed with prescribed Dermalogica Moisturizer then applied to face and throat.
phyto replenish oil

application
After cleansing, press 4 to 6 drops into skin. Follow with recommended Dermalogica Moisturizer. Alternatively, mix with Dermalogica Moisturizer to apply. Hold bottle upside down for 2 to 3 seconds to initiate product flow. Use daily.

key ingredients
Camellia Japonica (Camellia) Oil: a unique oil with lipid barrier properties that inhibit Trans-Epidermal Water Loss (TEWL). Combats ROS, which contribute to the breakdown of lipid-rich cell membranes within the skin and leave skin vulnerable to damage. Also provides a light, esthetically-pleasing feel, as well as calming, soothing and anti-aging benefits.

Calophyllum Inophyllum (Tamanu) Oil: a source of specific phytocides that inhibit the breakdown of lipid-rich cell membranes from free radicals. Helps protect skin barrier lipids from UV radiation and accelerate wound healing. Possesses antioxidant, anti-bacterial and skin-soothing properties.

Cymbidium Grandiflorum (Orchid) Flower Extract: rich in minerals naturally found in skin; a source of sugar and polysaccharides that help seal in moisture while balancing the skin's Natural Moisturizing Factor (NMF).

Salvia Hispanica (Chia Seed) Oil: rich in antioxidants that help quench free radicals; a source of omega-3 fatty acids – known to help reduce inflammation; possesses exceptional antioxidant, anti-inflammatory and moisturizing properties.

Hydroxy-Methoxyphenyl Decanone: synthetically-made, but nature-identical to actives found in plants of the Ginger family. A highly-potent Hyaluronic Acid booster, antioxidant and anti-aging.

Helianthus Annuus (Sunflower Seed) Extract: possesses essential fatty acids that help decrease moisture loss. A rich source of tocopherols (Vitamin E), which provide excellent antioxidant properties to help preserve the skin’s protective barrier and defend against free radical damage.

Oryza Sativa (Rice Bran) Extract: moisturizes and protects against harmful free radicals. Extremely rich in Vitamins B and E, which help reduce traces of skin roughness.

Rosmarinus Officinalis (Rosemary) Leaf Extract: possesses antioxidant, purifying and anti-aging properties; helps protect against free radical damage and the effects of environmental stresses on the skin.

benefits / top retailing points
Works in three phases to strengthen, hydrate and shield for healthy, luminous skin.

Reinforces the skin's natural protective barrier.

Leverages the benefit of nature's phytocides to solve dryness and dehydration.

Smooths visible dehydration lines and locks in critical moisture. Creates an antioxidant shield against free radical damage.

Provides an all-day dewy finish.

skin condition
Ideal for normal to dry skin.

description
A feather-light treatment oil that rapidly absorbs to reinforce the skin's protective barrier, help replenish depleted lipids, lock in critical moisture, and defend against free radical damage.

top products to prescribe
• Daily Microfoliant®
• Skin Smoothing Cream
• Skin Hydrating Masque

hydrablur™ primer

application
After applying prescribed Dermalogica Moisturizer, smooth and blend over entire face and throat. Can be worn alone for flawless-looking skin or under make-up for a smooth canvas.

key ingredients
H2Orelease™ Complex: gradually releases moisture into the stratum corneum, optimizing the skin’s hydration levels and controlling Trans-Epidermal Water Loss (TEWL). Provides intense, sustained-release moisturization that locks in optimum hydration levels all day.

Crambe Abyssinica (Abyssinian) Seed Oil: lightweight seed oil that forms a non-occlusive film over the skin to smooth skin texture and tone. Helps maintain critical moisture balance without clogging pores.

Fomes Officinalis (Mushroom) Extract: has naturally-astiging, non-drying properties that help reduce pore visibility and size.

Evdokia Rutacearpa (Wu-Zhu-Yu) Fruit Extract: has powerful anti-inflammatory properties. Helps boost microcirculation in skin, enhancing skin radiance and luminosity.

Silica, Vinyl Dimethicone/Methicone Silsesquioxane and Boron Nitride: provide dramatic “blurring” effect that instantly mattifies the skin, and decreases the appearance of fine lines and rough texture. Imparts a smooth, silky feel and helps support make-up stability for extended wear.

Glycerin and Sodium PCA: humectants naturally found in the skin that help bind water into tissue, maintaining proper hydration levels that help minimize fine lines from dehydration.

benefits / top retailing points
Multifunctional product not only acts as a make-up primer but intensely hydrates skin, refines pores and mattifies oily shine.

“Blurs” imperfections and smooths skin while providing neutral, self-adjusting coverage. Can be worn alone, or underneath Sheer Tint SPF20 or make-up, to help skin look flawless and deliver a lasting make-up finish.

skin condition
All skin conditions, particularly dry or dehydrated.

description
Lightweight, non-greasy primer minimizes the appearance of fine lines and wrinkles, mattifies against oily shine and imparts a silky, luminous finish to skin.

key ingredients
Evodia Rutschiana (Rutaceae) Fruit Extract: provides neutral, self-adjusting tint releases upon application to provide neutral, self-adjusting coverage while Whu-Zhu-Yu Fruit Extract enhances skin radiance. Naturally-astiging Mushroom Extract reduces pore size and appearance.

top products to prescribe
• Daily Microfoliant®
• Skin Hydrating Booster
• Total Eye Care SPF15

THE BOOK
eye treatments

The skin around the eyes is thinner and more delicate, which means it is extra susceptible and more likely to be the first place to show any signs of skin damage caused by environmental assaults. Protect the health and appearance of the eye area with our Eye Treatments, designed to shield against environmental assaults while nourishing, hydrating, brightening and minimizing the appearance of dark circles due to hyperpigmentation and fine lines due to dehydration.

soothing eye make-up remover

skin condition
All skin conditions.

description
An oil-free, S.D. alcohol-free and water-soluble gentle gel specially formulated to instantly dissolve all traces of eye and lip make-up, including stubborn mascara.

top products to prescribe
• Total Eye Care SPF15
• Skin Hydrating Masque
• Intensive Eye Repair

application
Apply a small amount to wet cotton. Remove eye and lip make-up by gently massaging over the area. Rinse thoroughly with warm water.

professional application
1. Spread a pea-sized amount across three dampened cotton pads.
2. Place one pad over each eye.
3. Gently cleanse the lips, removing lip make-up with the third pad, ensuring firm but gentle support of the mouth.
4. Cleanse the eye area by gently wiping above the eyelashes and then below. Concentrate on cleansing through the brow line. Ensure firm but gentle support of the eye.
5. Wipe down the lashes to enable removal of mascara.
6. Repeat on the other eye.
7. Damp sponges or warm water should be used to remove all traces of Soothing Eye Make-Up Remover.

key ingredients
Silk Amino Acids: help smooth and improve skin texture while helping to strengthen lashes and condition surrounding areas.

Citric Acid: helps maintain pH balance.

benefits / top retailing points
Clean rinsing and conditioning formula allows for sting-free make-up removal, without dehydrating the delicate eye area. Won’t leave an oily residue on the eyes.
**Skin Condition:**
All skin conditions.

**Total Eye Care SPF15**

**Application**
After cleansing in the morning, gently pat around the entire eye area, blending inward from the outer corner. Can be applied over Skin Hydrating Booster.

**Key Ingredients**
- Titanium Dioxide: a physical sunscreen that provides optimum UVA and UVB protection.
- Lactic Acid: an alpha hydroxy acid that smooths and retexturizes.
- Sodium PCA: a moisture-binding protein that acts as a humectant to allow for more efficient moisture absorption.
- Spiraea, Hydrocotyl and Bisabolol: extracts that help firm and reduce puffiness and fine lines.
- Mica: minerals that help reflect light and create an iridescence.

**Benefits / Top Retailing Points**
Contains a physical SPF to help prevent further damage caused by UV rays. Smooths and retexturizes to help diminish fine dryness lines. Helps to reduce puffiness; restores translucency and freshness to the eye area. Optical light diffusers help minimize dark circles.

**Intensive Eye Repair**

**Application**
After cleansing in the morning, gently pat around the entire eye area, blending inward from the outer corner. Can be applied over Skin Hydrating Booster.

**Key Ingredients**
- Cucumis Sativus (Cucumber), Butcherbroom and Arnica Montana: soothing extracts that help maintain the skin’s elasticity and texture.
- Panthenol (Pro-Vitamin B5) and Retinyl Palmitate (Vitamin A): help repair prematurely-aging skin.
- Ascorbyl Palmitate (Vitamin C), Tocopheryl Acetate (Vitamin E), Grape Seed Extract, Ginkgo Biloba and Camellia Sinensis (Green Tea): help defend skin against free radicals, smooth delicate tissue and stimulate collagen synthesis.

**Benefits / Top Retailing Points**
Ideal for clients who prefer an emollient eye treatment. Helps repair the signs of photoaging skin while antioxidants defend against further damage. Diminishes the appearance of fine lines by infusing skin with hydration. Soothing botanicals and phytonutrients help return skin to optimum health and restore suppleness.

**Skin Condition**
Dry or prematurely-aging skin.

**Description**
An ultra-rich cream of skin-replenishing phytonutrients, antioxidant vitamins and soothing botanicals to help diminish dry lines and repair damage around the delicate eye area.

**Top Products to Prescribe**
- Skin Hydrating Booster
- Intensive Moisture Balance

**Application**
After cleansing in the morning, gently pat around the entire eye area, blending inward from the outer corner. Can be applied over Skin Hydrating Booster.

**Key Ingredients**
- Titanium Dioxide: a physical sunscreen that provides optimum UVA and UVB protection.
- Lactic Acid: an alpha hydroxy acid that smooths and retexturizes.
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- Mica: minerals that help reflect light and create an iridescence.

**Benefits / Top Retailing Points**
Contains a physical SPF to help prevent further damage caused by UV rays. Smooths and retexturizes to help diminish fine dryness lines. Helps to reduce puffiness; restores translucency and freshness to the eye area. Optical light diffusers help minimize dark circles.
stressed positive eye lift

application
Apply generously around cleansed eye area using cooling massage applicator. Leave on for 3-5 minutes. Massage any excess product into skin, or tissue off. Use as needed for a quick boost, or daily to address signs of chronic eye fatigue.

professional application
1. Generously apply 6 dots of Stress Positive Eye Lift to both eyes: 3 dots on the inner, center and outer corners of the eye brows and 3 dots beneath the eyes.
2. Perform the Eye Lift Pro technique using the professional Cooling Eye Wands.

key ingredients
Tephrosia Purpurea (Wild Indigo) Seed Extract: a native Indian plant with anti-inflammatory properties that helps brighten skin by increasing under-eye luminosity, improving skin tone and visibly reducing under-eye dark circles.

Maris Aqua (Sea Water) Extract and Hydrolyzed Algin (Arctic Algae): together, these ingredients provide toning action to help combat the formation of wrinkles and heavy bags. In addition, they help improve skin firmness under the eyes, smooth fine lines and reduce puffiness.

Saccharomyces Ferment Lysate Filtrate (Fermented Yeast): helps firm and hydrate the skin to generate a lifting effect, as well as protect the skin’s barrier integrity.

Hyaluronic Acid Blend: this calibrated blend contains Hyaluronic Acids of various molecular sizes that work synergistically to provide exceptional hydrating benefits. Added benefits include antioxidant power, enhanced skin elasticity and strengthening of the skin barrier for an overall lifted effect.

Diglucoyl Gallic Acid: this next-generation molecule is activated by the skin’s natural microbiome, or stratum microbium, to brighten hyperpigmentation – one of several factors that can contribute to appearance of dark circles under the eyes.

benefits / top retailing points
Brightens the appearance of dark under-eye circles.
Visibly de-puffs the under-eye area.
Firms skin to help generate a lifting effect.
Energizes skin and helps restore skin barrier integrity.
Works with the skin’s natural microbiome.

sheer tint spf20, 3 shades

Many of today’s cosmetic tinted moisturizers are focused more on delivering make-up benefits than skin care benefits. In their efforts to deliver flawless looks, these formulas often sacrifice skin health with ingredients that trigger congestion and breakouts, as well as sensitivity and irritation that can lead to premature aging.

In addition, some of these products deliver little to no Broad Spectrum SPF defense, leaving skin insufficiently protected against the damaging, skin-aging effects of UV radiation.

Healthy skin doesn’t have to be compromised in order to look and feel its best. The experts at The International Dermal Institute have developed Sheer Tint SPF20 to put skin health first while delivering sheer, long-lasting coverage in three shades. This hydrating formula transcends make-up by shielding skin against future damage, improving skin texture and reducing the appearance of fine dehydration lines.
sheer tint spf20

application
After cleansing and toning, smooth over face and throat.

professional application
Following the application of Dermalogica Toner, apply Sheer Tint SPF20 (Medium) over face and throat with light, upward strokes.

active ingredients
- Octinoxate
- Zinc Oxide

key ingredients
Hydrolyzed Pearl (Pearl Powder): A fine powder rich in amino acids, Calcium, sugars and peptides; helps enhance skin luminosity, simulate cell renewal, inhibit glycation formation, and control hyperpigmentation by inhibiting Tyrosinase activity.

Zinc Oxide and Octinoxate: A blend of physical and chemical sunscreens that protect against UVA and UVB damage.

benefits / top retailing points
Convenience of a moisturizer, sun protection and skin-evening sheer color wash in one.

- Helps balance skin tone and soften fine lines.
- Provides Broad Spectrum defense against UVA and UVB damage.
- Antioxidants scavenge free radicals to help fight skin damage.

- Helps skin maintain a healthy water balance and barrier function for a more even texture and flawless appearance.

active ingredients
- Octinoxate
- Zinc Oxide

key ingredients
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Zinc Oxide and Octinoxate: A blend of physical and chemical sunscreens that protect against UVA and UVB damage.

Olea Europaea (Olive) Fruit Extract: Rich in antioxidant polyphenols that scavenge free radicals, and rich in Lactic Acid that provides hydration and gentle exfoliation.

Juglans Regia (Walnut) Seed Extract: A rich source of Prhytic Acid, polyphenols, proteins, minerals and salts that protect tissues against oxidative stress, and promote skin cell renewal and fibroblast growth to defend against cellular aging.

Sodium Hyaluronate Crosspolymer: An aqueous gel of cross-linked Hyaluronic Acid, which forms a film on the skin and continuously delivers hydration and prevents trans-epidermal water loss. As a potent antioxidant, it also scavenges Reactive Oxygen Species (free radicals).

Serine, Urea, Glycerin, Allantoin and Sorbitol: Humectants that hydrate skin.

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Serine, Urea, Glycerin, Allantoin and Sorbitol: Humectants that hydrate skin.
Triggers that instigate these changes. These are chemical reactions that occur within the skin and include:

1. Generation of Reactive Oxygen Species (ROS), also known as free radicals.
2. Activation of metalloproteinase enzymes (Matrix Metalloproteinases or MMPs) with a subsequent decline in collagen biosynthesis.
3. Glycation leading to Advanced Glycation End-products (AGEs).

The treatment of skin aging used to rely on addressing the structural manifestations of photoaged skin, such as wrinkles and loss of elasticity. Today, we can more effectively treat this skin condition by addressing the actual biochemical reactions that trigger these structural changes. Obviously, understanding these specific biochemical reactions is key to treating the structural changes associated with skin aging.

Biochemical Reactions that Cause Skin Aging

Generation of Reactive Oxygen Species (ROS)

Reactive Oxygen Species include oxygen ions, free radicals and peroxides. ROS are generally very small molecules and are highly reactive due to the presence of unpaired electrons. They form as a natural by-product of the normal metabolism of oxygen. During times of environmental stress, ROS levels can increase dramatically, causing significant damage to cell structures. This is known as oxidative stress, which is the major cause of degenerative disorders including aging and disease. Studies have shown that UV-induced damage to the skin is in part caused by Reactive Oxygen Species. Lipid peroxidation also results from ROS damage to cell membranes, leading to premature aging, skin cancer and cell death.

Activation of Matrix Metalloproteinases (MMPs)

Matrix Metalloproteinases are enzymes that, when activated, control tissue degradation in the dermis. MMPs include collagenase that specifically decomposes particular collagen or other proteins in the extracellular matrix of the dermis. Collagenase is really a group of enzymes that are responsible for breaking down the different types of...
AGE smart® continued

**What Can Be Done to Help Control the Biochemical Reactions That Lead to Skin Aging?**

1. Antioxidants to Fight Reactive Oxygen Species (ROS – Free Radical) Damage

   Normally, the body can handle free radicals with the use of antioxidants. Antioxidants include vitamins (such as Ascorbic Acid and Tocopherol), enzymes (such as Superoxide Dismutase, Catalase and Peroxidase) and even proteins that can be found naturally in the body or ingested as part of our diet. If, however, antioxidants are in short supply, or if the free radical damage is excessive, damage to the cells and tissue will occur. The same glucose that provides energy for our cells can react with proteins (such as collagen), resulting in the formation of Advanced Glycation End-products and Reactive Oxygen Species; these contribute to cross-linking of protein fibers, the loss of elasticity and changes in the dermis associated with aging. When AGES form in the skin, they activate a receptor site and form complexes known as Receptor-AGE (R-AGEs), which emanate from the formation of AGES in the body. Hence, diabetes is considered a disease of accelerated aging due to the inflammation that arises from the formation of AGES. This is not restricted to diabetes; muscle weakness, heart disease and many diseases of the brain are associated with glycation. Scientists now believe that reducing glycation is a means of slowing the aging process and disease formation.

2. Inhibit MMPs

   Natural MMP inhibitors exist in skin, but as expected, they decline with age. MMPs are inhibited by topical agents, such as retinoids. Because of this, retinoids, including Retinol (Vitamin A) and its derivatives, are recommended for reversing the signs of photaging and preventing the formation of MMPs. Bioflavonoids, including the proanthocyanidins from Grape Seed Extract, the polyphenols from Green and White teas and Soy phytoestrogens, are also excellent for controlling MMP activity. For best results, one should use a product that controls MMPs while stimulating collagen, elastin and Hyaluronic Acid biosynthesis; including synthetic peptides Retinol (Vitamin A) and its derivatives, Ascorbic Acid (Vitamin C) and its derivatives and Soy and Yeast extracts.

3. Create “Sugar Traps” or Cross-Link Breakers to Control the Formation of AGES

   The formation of AGES in the body occurs spontaneously when sugar molecules come in contact with proteins. This glycation reaction occurs without any intervention of enzymes. By the same token, our body does not possess enzymes that can reverse the reaction, removing AGES. Controlling formation of AGES is a relatively new field of research; apparently the best means of controlling AGES is to interfere with their formation. There are some ingredients that have been shown to inhibit glycation from occurring, but exactly how all of these agents work is not understood just yet. These ingredients include Glucosamine, Soy proteins, the Soy active known as Genistein and specific peptide molecules. Studies have shown that a peptide molecule known as Arginine/ Lysine polypeptide can both retard the process of glycation from occurring and promoting cross-linking of collagen.

   - **Soy protein molecule acts as a sugar trap, binding to the sugar in the body, making it unable to react with proteins.** The International Dermal Institute has researched the changes that occur during skin aging and what we can realistically do for this pre-existing condition. Instead of focusing on treating just the manifestations of skin aging (wrinkles, hyperpigmentation, loss of elasticity, etc.), we focused our efforts on understanding how we might impact the biochemical reactions that manifest these changes to stop them before they start. This research has resulted in the development of AGE Smart®, a system of retail and professional products designed to specifically address the structural manifestations associated with skin aging and the biological triggers that lead to these changes, as well as the visible signs of skin aging: smoother, firmer and healthier. AGE Smart® consists of products that work to fight the biochemical triggers that lead to skin aging.
skin resurfacing cleanser

application
Morning and night, following the removal of PreCleanse, lightly lather in hands and apply to damp face and throat, massaging with light, upward strokes for at least 30 seconds, avoiding the eye area. Rinse thoroughly with warm water. Reduce to one use per day if any sensitivity develops. Follow with Antioxidant HydraMist and Dynamic Skin Recovery SPF50 when used in the morning.

professional application
1. Perform the Dermalogica Double Cleanse that begins with PreCleanse.
2. Lather Skin Resurfacing Cleanser and apply with flowing effleurage, spreading movement over the entire face, throat and upper décolleté. Ensure slip-and-slide by combining with water customized with Calming Botanical Mixer.
3. Damp sponges or steam towels customized with Calming Botanical Mixer should be used to remove all traces of cleanser.

contraindications for use
Not recommended for users of any topical or orally-prescribed acne. Do not use on skin that is sunburned, irritated, sensitive or has recently been waxed. This product may increase your skin’s sensitivity to the sun. Use a sunscreen and limit sun exposure while using this product and for a week afterwards.

key ingredients
Lactic Acid: an alpha hydroxy acid that smooths and exfoliates.

Tocopheryl Acetate (Vitamin E): a rich antioxidant vitamin that improves skin smoothness and softness.

Rose Flower Oil: soothes; helps calm skin sensitivity.

benefits / top retailing points
Maximum penetration of active ingredients.
Alpha hydroxy acid preps skin for maximum penetration of active ingredients. Also helps hydrate and brighten.

antioxidant hydramist

application
After cleansing, spritz directly onto face and neck, avoiding the eyes. Also ideal as a refreshing spritz over make-up throughout the day.

professional application
1. Perform the Dermalogica Double Cleanse that begins with PreCleanse, followed by Skin Resurfacing Cleanser.
2. Spritz Antioxidant HydraMist onto the face, throat and upper chest evenly in an arc-like motion. Ensure the eyes are closed.
3. Gently press excess product into skin. Skin should remain damp following application, allowing even absorption of AGE Smart® products.

optional:
Dampen gauze with Antioxidant HydraMist, then cover face and neck, tenting over nose and mouth area. Apply Contour Masque with a spatula all over face and neck and even over the eye area for a soothing / firming eye treatment.

key ingredients
Arginine / Lysine Polypeptide: a peptide that acts as a sugar trap, binding sugars in the body to itself to prevent the formation of AGEs.

Magnesium Ascorbyl Phosphate: a non-acidic, stable form of Vitamin C that stimulates collagen formation, provides antioxidant protection and inhibits MMPs that contribute to collagen breakdown.

Palmitoyl Tripeptide-5: stimulates collagen synthesis, helps firm skin and overrides the effects of MMPs. Activates Tissue Growth Factor (TGF), a peptide that is required in its active state for collagen production to occur.

Bambusa (Bamboo) Vulgaris and Pisum Sativum (Pea): help stimulate Hyaluronic Acid formation for increased hydration and elasticity.

Glucosamine: controls the formation of AGEs, stimulates formation of hyaluronic Acid and collagen and helps control age-related hyperpigmentation.

Check out a video here for more information on Antioxidant HydraMist.

Check out a video here for more information on Skin Resurfacing Cleanser.
**rapid reveal peel**

**application**
Twist open applicator plug and dispense product into hands. Lightly massage over face, neck and chest with fingertips in circular motion. Allow to activate for 3-7 minutes, depending on skin sensitivity. The skin may experience slight tingling and/or warming. Rinse thoroughly with cold water or wipe off with a cold, damp towel. Recommended for usage in the evening.

**optional kick-start phase**
A kick-start phase is recommended for clients looking to achieve accelerated results. Start the Rapid Reveal Peel regimen with one tube every day for 3 days. After the third day, transition to using one Rapid Reveal Peel tube every week.

**weekly treatment**
Use one tube once a week.

**warnings**
Use only as directed. Avoid contact with the eyes. If irritation develops, discontinue use. If irritation persists, consult a physician. Sunscreen is recommended prior to sun exposure. Product is intended for limited frequency or duration of use on skin.

**key ingredients**
- **Lactic Acid**: stimulates exfoliation, cell turnover and renewal for brighter, firmer skin. Used with Glycerin to hydrate for softer, more supple skin.
- **Oryza Sativa (Rice) Bran Extract**: a rich source of Phylic Acid and antioxidants; helps defend against environmental damage and increases cell turnover to help brighten hyperpigmentation.
- **Microcitrus Australasica (Australian Caviar Lime) Extract**: This naturally powerful exfoliant helps promote cell turnover for a more radiant complexion. It is rich in Vitamin C, which provides antioxidant protection.
- **Lactobacillus/Pumpkin Fruit Ferment Filtrate**: smoothes and helps even skin tone without irritating the skin. Also contains antioxidant Vitamins A and C to help fight the signs of skin aging.

**benefits / top retailing points**
- **Maximum-strength exfoliant delivers powerful results with no downtime**.
- **Brightens**: Kick-starts cell renewal for visible radiance.
- **Resurfaces**: Speeds removal of dull cells on the surface of the skin.
- **Renumers**: Reveals smoother, healthier-looking skin.
- **Comes with a travel bag and suction cup for increased visibility and ease of use.**

**skin condition**
All skin conditions, especially mature or prematurely-aging skin.

**description**
This highly active power resurfacer delivers the smoothest skin ever, and helps fight the biochemical and environmental triggers known to accelerate skin aging.

**bioactivity score 9**

**top products to prescribe**
- **Antioxidant HydraMist**
- **Dynamic Skin Recovery SPF50**
- **MultiVitamin Power Firm**

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**daily superfoliant™**

**application**
After cleansing, dispense about a half-teaspoon of Daily Superfoliant™ into very wet hands and mix with water. Apply with a Fan Masque Brush.

**professional application**
- **1a** After performing the Dermalogica Double Cleanse, dispense approximately a half-teaspoon of Daily Superfoliant™ into a jelly cup and mix with water. Apply with a Fan Masque Brush.
- **1b** Alternatively, mix the product into very wet hands, create a creamy paste and apply.
- **2** Massage over skin with light circular motions, avoiding the eye area, for up to 1 minute. Steam may be used to facilitate more slip-and-glide.
- **3** A steam towel and/or damp sponges may be used to ensure thorough removal of product.
- **Optional**: For superior exfoliation, the use of electric brushes may be introduced with the paste.

**contraindications for use**
Not recommended for users of any topical or orally-prescribed acne, Vitamin A-derived and/or skin exfoliation medications. Do not use on skin that is sunburned, irritated, sensitive or recently professionally exfoliated, resurfaced or waxed.

**key ingredients**
- **Activated Binchotan Charcoal**: adheres to pollutants, allowing them to be easily removed from skin.
- **Niacinamide**: helps regulate sebum to prevent adherence of pollution particles and related signs of skin aging.
- **Papain, Lipase and Subtilisin**: powerful, water-activated enzymes that dissolve or digest proteins in skin, allowing dulling skin cells to be removed.
- **Lactic Acid and Malic Acid**: skin-smoothing alpha hydroxy acids that break apart the snap-like bonds of corneodesmosomes that hold dead skin cells (cornicles) together.

**benefits / top retailing points**
- **AdSORBS (bonds to remove) pollutants from deep within pores**.
- **Helps prevent adherence of pollutants to the skin.**
- **Provides antioxidant protection.**
- **Reinforces the skin’s protective barrier.**
multivitamin thermafoliant®

application
After cleansing, apply to damp skin in circular motions for 1 to 2 minutes, avoiding the eye area. A more intense result can be achieved by using directly on dry skin. Rinse thoroughly with warm water. Follow with Antioxidant HydraMist and Dynamic Skin Recovery SPF50. Use two to three times per week.

professional application
1. Apply to damp skin and massage in light, circular motions for 1-2 minutes.
2. option 1: Apply to dry skin and massage in light circular motions and activate with warm water for 2 minutes.
3. option 2: Apply to dry skin and massage in light, circular motions. Activate with 1 pump of Exfoliant Accelerator 35 by applying Exfoliant Accelerator 35 directly into your hands, then massaging over skin. Dry fingertips into warm water, if necessary, to create a creamy thermal skin polisher. Massage over skin for 3 minutes. Rinse off thoroughly with sponges and tepid water, or a steam towel customized with prescribed Botanical Mixer.

key ingredients
Polyactic Acid, Silica and Sodium Bicarbonate: a fine mineral powder blend that polishes away dead skin cells to help minimize fine lines and improve the overall texture of skin. Removes excess cells that impede penetration of active ingredients.
Lactic Acid and Salicylic Acid: alpha and beta hydroxy acids that stimulate exfoliation of cells, leaving a smoother skin surface.
Retinol (Vitamin A), Tocopherol (Vitamin E) and Tetrahexyldecyl Ascorbate (Vitamin C): pure Vitamin A (stable in this anhydrous formula) helps reverse the signs of aging by normalizing cells and stimulating new collagen formation while gently exfoliating. Vitamin E helps smooth skin while a stable form of Vitamin C stimulates skin strengthening collagen.
Opuntia Ficus Indica (Prickly Pear Cactus) Flower: boosts activity of skin’s natural desquamation enzymes that are responsible for breaking desmosomal cell attachments.
Camellia Sinensis (White Tea) Leaf: polyphenols protect skin from ROS while inhibiting collagen-degrading MMPs and the formation of AGEs.

benefits / top retailing points
Gently polishes off dulling skin cells to reveal smoother, fresher skin immediately. Thermal technology activates upon contact with water to drive beneficial ingredients further into skin. Provides antioxidant protection while suppressing the formation of AGEs. Inhibits collagen-degrading MMPs while conditioning skin. Skin looks and feels dramatically improved and smoother.

multivitamin power recovery® masque

application
Apply generously to cleansed face and throat, avoiding the eye area. After 7 to 10 minutes, gently yet thoroughly rinse with warm water. Apply once per week or whenever the skin requires a soothing remedy. Follow with Antioxidant HydraMist or prescribed Dermalogica Toner, and Dynamic Skin Recovery SPF50 or prescribed Dermalogica Moisturizer.

professional application
1. Press 6 to 10 drops of AGE Smart® Complex onto skin.
2. Using Fan Masque Brush, apply a thin, even layer of MultiVitamin Power Recovery Masque to face, neck and eye area.
3. Cover face and neck with gauze that has been dampened with Antioxidant HydraMist, tenting over the nose and mouth area.
4. Apply Contour Masque with a spatula all over face and neck, even over the eye area, for a soothing / firming eye and lip treatment. Leave the nostrils and mouth free, allowing client to breathe comfortably. Allow to set for 20 minutes. Remove with damp sponges, or steam towels customized with prescribed Botanical Mixer.
5. optional: To simplify, apply AGE Smart® Complex followed by MultiVitamin Power Recovery Masque. Remove after 10 minutes.

key ingredients
Retinyl Palmitate (Vitamin A), Ascorbyl Palmitate (Vitamin C), Tocopherol Acetate (Vitamin E), Linoleic Acid (Vitamin F) and Panthenol (Pro-Vitamin B5): help repair and restore damaged skin. Avena Sativa (Oat) Kernel: acts as an anti-inflammatory while moisturizing, soothing and calming. Algae Extract: nutrient rich; helps restore moisture balance while softening skin. Glucyrhiza Glabra (Licorice) Root Extract, Symphytum Officinale (Comfrey) Rhizome / Root Extract and Arctium Majus (Burdock) Root Extract: help soothe and calm skin while decreasing sensitivity.

benefits / top retailing points
A great restorative masque to help boost skin hydration and suppleness after exposing skin to stress. Increases elasticity and aids in collagen synthesis, restoring suppleness. Antioxidant vitamins help repair daily damage caused by ROS. Botanicals help soothe and calm stressed skin.
multivitamin power serum

application
Smooth over cleansed face and neck morning and night after toning and before moisturizing.

key ingredients
- Retinyl Palmitate: encapsulated Vitamin A increases cell renewal and turnover. Stimulates new collagen biosynthesis to help reverse signs of aging.
- Alpha Tocopherol Acetate: encapsulated Vitamin E provides antioxidant benefits to the skin and helps reinforce barrier lipid layer.
- Ascorbyl Glucoside: a stabilized form of Vitamin C that stimulates collagen synthesis to help fight signs of aging. Helps treat hyperpigmentation and provides a photoprotective function against UV rays.
- Magnesium Ascorbyl Phosphate: stabilized and highly active form of MAP that is encapsulated to optimize its effect on the skin. Stimulates collagen synthesis and helps treat hyperpigmentation.
- Palmitoyl Tripeptide-5, a unique short-chain synthetic peptide that works using optimized delivery system to brighten, firm and enhance skin’s natural defense.

benefits / top retailing points
- New, advanced form of microencapsulated liposome technology provides optimum vitamin stability and greater physiological effectiveness.
- This scientific process helps increase vitamin stability, dosage and penetration into skin, resulting in a higher level of treatment to help minimize wrinkles, dullness, skin sagging, and triggering that lead to skin aging.
- The cocktail of microencapsulated vitamins and peptides is suspended in a Sunflower butter and velvety silicone base to ensure a smooth, wearable feel, long-term stability and performance.
- Helps control pigmentation and stimulates collagen synthesis. Enhances cell turnover and cell renewal. Provides antioxidant protection against skin-aging triggers.
- Helps reduce surface roughness and sun-induced aging in skin.

biolumin-c serum

application
Smooth over cleansed face and neck morning and night, after toning and before moisturizing.

key ingredients
- Vitamin C Complex: Provides enhanced functionality in fighting oxidative stress. Ascorbic acid (Vitamin C) works synergistically to enhance bioavailability of Vitamin C to fight oxidative stress and the appearance of skin aging before it starts. Optimized delivery system combined with a peptide and AHA renews for brighter, firmer, more radiant skin.

benefits / top retailing points
- Brightens - Exfoliates and reduces unbalanced pigmentation.
- Firms - Reduces the appearance of fine lines and wrinkles.
- Defends - Prevents and corrects free radical damage.

skin condition
Normal or mature or prematurely-aging skin.

description
High-performance serum enhances skin’s natural defense system to brighten, firm and help dramatically reduce the appearance of fine lines and wrinkles. Advanced bio-technology and an ultra-stable Vitamin C complex work synergistically to enhance bioavailability of Vitamin C to fight oxidative stress and the appearance of skin aging before it starts. Optimized delivery system combined with a peptide and AHA renews for brighter, firmer, more radiant skin.

top products to prescribe
- Deep cleansing, exfoliation, hydration, and antioxidant benefits / top retailing points
- Lactic Acid: This Alpha Hydroxy Acid helps remove dull, dead skin cells and accelerate cell turnover, revealing smoother, brighter skin with reduced fine lines and wrinkles.
- Sophora Japonica Flower Extract: Containing flavonoids that exhibit strong antioxidant activity, this extract helps return skin to a calm state after experiencing oxidative stress.
- Salvia Hispanica (Chia) Seed Oil: Chia Seed Oil is rich in antioxidants that help quench free radicals, and it contains more than 60% omega-3 fatty acid.
overnight repair serum

application
Hold bottle upside down for 2 seconds to initiate product flow. Smooth 4 to 6 drops into skin or blend with your nighttime treatment cream for dramatic age-fighting benefits and a refreshed appearance.

key ingredients
- Carrot Seed Oil: A nourishing, antioxidant-rich oil that helps firm and rejuvenate skin while improving elasticity. Excellent for dry skin, psoriasis and dermatitis.
- Jasmine Oil: A highly-frAGRant essential oil with skin softening properties that helps condition dry, alipoid skin. A rich source of fragrant Jasmine esters that provide a calming effect to the psyche while soothing distressed skin.

benefits / top retailing points
- Synchronizes with nighttime circadian rhythms to enhance skin nourishment, recovery, cell renewal and hydration levels.
- Serun function delivers a quicker, more effective penetration of actives to address skin care issues.
- Increases dermal strength.
- Boosts skin luminosity while you sleep.

dynamic skin recovery spf50

application
After cleansing and toning, apply a generous amount to face and neck, preferably 30 minutes prior to sun exposure.

professional application
1. Following the application of Antioxidant HydraMist, and MultiVitamin Power Serum, apply evenly to the face, throat and neck and blend with fingertips to complete professional treatment.
2. optional: Super Rich Repair or Skin Hydrating Booster may be layered underneath if additional moisture is required.

warnings
For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If irritation develops, discontinue use. Do not use on infants under 6 months old.

active ingredients
- Chemical sunscreens: Avobenzone, Octinoxate

key ingredients
- Arginine / Lysine Polypeptide: a peptide that acts as a sugar trap, binding sugars in the body to itself to prevent the formation of AGEs.
- Palmitoyl Tripeptide-5: stimulates collagen synthesis, helps firm skin and overrides the effects of MMPs. Activates Tissue Growth Factor (TGF), a peptide that is required in its active state for collagen production to occur.
- Glucosamine HCL: controls the formation of AGES, stimulates formation of Hyaluronic Acid and collagen and helps control age-related hyperpigmentation.
- Dipotassium Glycyrrhizate (Licorice): helps calm irritated skin.
- Argireline / Lysine Polypeptide: a key ingredient in the formation of AGEs and inhibits MMPs.

benefits / top retailing points
- Oleosome Encapsulation Technology: Moisture-rich spheres made from Safflower Seeds, which allow for SPF performance while using fewer chemical sunscreens.
- Helps prevent the signs of aging caused by AGEs.
- Regulates the formation of collagen-degrading MMPs brought on by UV rays.
- Provides long-lasting hydration and reinforces skin's natural moisture barrier.
- Provides critical protection from daylight exposure, yet blends smoothly into skin to create a perfected finish.
overnight retinol repair

application
For best results, mix Overnight Retinol Repair with included Buffer Cream and apply to cleansed skin at night, when cell renewal is at its prime. Once skin is acclimated, use Overnight Retinol Repair alone, prior to or mixed with prescribed Dermalogica moisturizer.

contraindications for use
Due to the possibility of adverse skin reaction, avoid using any other targeted treatment products directly with Overnight Retinol Repair. You may use other targeted treatment products on alternate nights. Discontinue use of Overnight Retinol Repair 72 hours prior and post any waxing or exfoliation treatment. This product contains Vitamin A. Consult a physician prior to use on pregnant women. For use at night only. Use adequate sunscreen during the day.

key ingredients
Highly-active 0.5% encapsulated Retinol: includes collagen synthesis and helps reduce visible wrinkles and improve skin firmness.
Sodium Ascorbyl Phosphate (Vitamin C): an antioxidant that is also a strong anti-inflammatory and soothing anti-irritant.
Lavandula Hybrida (Lavender) Oil: helps soothe skin and calm irritation.
Palmitoyl Tripeptide-5: stimulates collagen synthesis, helps firm skin and reduces uneven skin texture.
Tetraseryl Aminobutyroylvalaminobutyric Urea Trifluoroacetate (TAUT): a tripeptide molecule that helps stimulate collagen, firm and tone skin, and increase hydration.

benefits / top retailing points
Microencapsulation technology delivers more potent Overnight Retinol Repair. Helps reduce uneven skin tone and discoloration. Customizable for each user to help minimize skin irritation from Retinol. Synchronizes with nighttime circadian rhythms for dramatic nighttime skin repair.

keys to success
Bioenergized Copper Amino Acid Complex: shown to help reduce visible wrinkles and improve skin firmness.
Ceramides: reinforce the barrier lipid layer that controls TEWL (trans-epidermal water loss).
Active Polysaccharides: help retain water in skin tissues.
Dipotassium Glycyrrhizate (Licorice): a potent antioxidant that is also a strong anti-inflammatory and soothing anti-irritant.
Squalane from Brazilian Sugar Cane: restores skin moisture and suppleness while powerful active polysaccharides hydrate and prevent water loss to help soften fine lines. Soothing Licorice Extract and customizable Buffer Cream reduce the risk of flaking or irritation as skin acclimates to Retinol.

suggestions for use
Due to the possibility of adverse skin reaction, avoid using any other targeted treatment products directly with Overnight Retinol Repair 1%. You may use other targeted treatment products on alternate nights. Discontinue use of Overnight Retinol Repair 1% 72 hours prior and post any waxing or exfoliation treatment. This product contains Vitamin A. Consult a physician prior to use on pregnant women. For use at night only. Use adequate sunscreen during the day. If you are new to using Retinol, start with Overnight Retinol Repair which contains 0.5% Retinol, and once your skin is acclimated, begin using the more potent Overnight Retinol Repair 1%.

key ingredients
Clinical-strength, microencapsulated 1% Retinol: helps renew skin for visibly firmer, smoother results.
Squalane from Brazilian Sugar Cane: restores skin moisture and suppleness.
Palmitoyl Tripeptide-5 and TAUT Peptides: help minimize the appearance of wrinkles.
Sodium Ascorbyl Phosphate (Antioxidant Vitamin C): helps reduce the appearance of skin aging.
Bioenergized Copper Amino Acid Complex: shown to help reduce visible wrinkles and improve skin firmness.
Ceramides: reinforce the barrier lipid layer that controls TEWL (trans-epidermal water loss).
Active Polysaccharides: help retain water in skin tissues.
Lavandula Hybrida (Lavender) Oil: helps soothe skin and calm irritation.
Dipotassium Glycyrrhizate (Licorice): a potent antioxidant that is also a strong anti-inflammatory and soothing anti-irritant.
Squalane from Brazilian Sugar Cane: restores skin moisture and suppleness while powerful active polysaccharides hydrate and prevent water loss to help soften fine lines. Soothing Licorice Extract and customizable Buffer Cream reduce the risk of flaking or irritation as skin acclimates to Retinol.

benefits / top retailing points
Clinical-strength formula delivers powerful results for the more advanced Retinol user. This formula is twice as potent as Dermalogica's original Overnight Retinol Repair and should only be used under the advisement of a professional skin therapist.
Microencapsulation technology protects the formula's delicate Retinol molecules to preserve 1% potency for more visible results. Helps reduce uneven skin tone and discoloration. Same unique customizable formula as Overnight Retinol Repair so users can minimize skin irritation from Retinol.

skin condition
Mature or prematurely-aging skin.

description
Active 1% microencapsulated pure Retinol helps accelerate skin renewal. A powerful bioactive peptide and antioxidant Vitamin C help reduce the appearance of wrinkles, uneven skin tone and discoloration. Squalane from Brazilian Sugar Cane restores skin moisture and suppleness while powerful active polysaccharides hydrate and prevent water loss to help soften fine lines. Soothing Licorice Extract and customizable Buffer Cream reduce the risk of flaking or irritation as skin acclimates to Retinol.

application
Mix Overnight Retinol Repair 1% with included Buffer Cream and apply to cleansed skin at night, when cell renewal is at its prime. You may also apply the mixture on alternate nights. Once skin is acclimated, use Overnight Retinol Repair 1% alone, prior to or mixed with prescribed Dermalogica moisturizer.

Top products to use:
• Super Rich Repair
• Antioxidant HydraMist
• Age Reversal Eye Complex
• Bioenergized Copper Amino Acid Complex
• Ceramides
• Active Polysaccharides
• Lavandula Hybrida (Lavender) Oil
• Dipotassium Glycyrrhizate (Licorice)
• Squalane from Brazilian Sugar Cane
• Sodium Ascorbyl Phosphate (Vitamin C)
• Peptides
• Bioenergized Copper Amino Acid Complex
• Ceramides
• Active Polysaccharides
• Lavandula Hybrida (Lavender) Oil
• Dipotassium Glycyrrhizate (Licorice)
super rich repair

Application
Apply to face and neck with light, upward strokes. Wait for cream to absorb before applying additional products. Use once or twice daily.

Professional application
X Following the application of Antioxidant HydraMist, apply Super Rich Repair every to the face, throat and neck and blend with fingertips to complete professional treatment.

Optional
Dynamic Skin Recovery SPF50 can be layered over Super Rich Repair if additional moisture and SPF are required.

Key ingredients
- Arginine / Lysine Polypeptide: a peptide that acts as a sugar trap, binding sugars in the body to itself to prevent the formation of AGEs.
- Oenothera Biennis (Evening Primrose), Borago Officinalis (Borage) Seed, Simmondsia Chinensis (Jojoba) Seed, Butyrospermum Parkii (Shea Butter), Coconut and Tocopheryl Acetate (Vitamin E): help reduce trans-epidermal water loss and prohibit potentially-initiating environmental pollutants from entering the skin.
- Madecassoside: inhibits inflammatory mediators while treating inflammation.
- Palmitoyl Tetrapeptide-7 and Palmitoyl Oligopeptide: trigger collagen production, helping to increase firmness and restore elasticity.
- Colloidal Oatmeal, Zinc Oxide and Avena Sativa (Oat) Kernel: soothing and provides anti-itch relief to chronically dry skin.

Benefits / top retailing points
- Stimulates collagen synthesis and Hyaluronic Acid production to help repair prematurely-aging skin.
- Smooths fine dryness lines and helps restore elasticity.
- Replenishes barrier lipids while moisturizing skin.
- Soothes and insulates skin from extreme environmental elements while fighting inflammation.

Top products to prescribe
- Skin Resurfacing Cleanser
- MultiVitamin Power Firm

power rich™

Application
Smooth over cleansed skin morning and night. Concentrate on areas with signs of visible aging to restore resilience and strength. During the day, apply and allow to absorb for 1 minute, then follow with Dynamic Skin Recovery SPF50.

Key ingredients
- Palmitoyl Pentapeptide-4: a synthetic protein fragment that stimulates collagen synthesis in the skin and the formation of skin glycosaminoglycans (i.e., Hyaluronic Acid).
- UGL Complex (Glucosamine HCL, Urea, Yeast Extract and Algae Extract): exfoliates and smoothes the skin’s surface, firms tissue reducing appearance of photoaged skin. Helps establish a better barrier to maintain hydrated tissues (stimulates involucrin that binds ceramides).
- Corallina Officinalis (Red Seaweed): helps firm skin, reducing the appearance of fine lines.
- Oryza Sativa (Rice) Bran: extract derived from the outer husk of the rice kernel. Rich in Phytic Acid to aid in softening and exfoliating.

Benefits / top retailing points
- Helps firm and increase skin resilience with bio-stimulating botanicals that help trigger collagen production.
- Helps smooth away fine lines with non-irritating exfoliation agents.
- Experience a smoother, refreshed appearance as peptides and skin-nourishing vitamins help reverse signs of skin aging.
- Helps firm and increase skin resilience with bio-stimulating botanicals that help trigger collagen production.
- Helps smooth away fine lines with non-irritating exfoliation agents.
- Experience a smoother, refreshed appearance as peptides and skin-nourishing vitamins help reverse signs of skin aging.
- Helps firm and increase skin resilience with bio-stimulating botanicals that help trigger collagen production.
- Helps smooth away fine lines with non-irritating exfoliation agents.
- Experience a smoother, refreshed appearance as peptides and skin-nourishing vitamins help reverse signs of skin aging.

Phase 1: Bistimulating Botanicals
Power Rich™ contains an active blend of bistimulating botanicals that treat the loss of strength, elasticity and moisture in skin tissues. A seaweed concentrate is blended in an herbal base of skin-firming Wheat Protein Extract, skin smoothing Kukui Nut and Apricot Kernel Oil, with soothing extracts of Licorice, Bisabolol, and Allantoin.

Phase 2: Acid-Free Smoothing Agents
Our Power Rich™ acid-free smoothing agents use state-of-the-art technology that enhances cell renewal and promotes natural exfoliation without any irritation or flaking. Rather than using traditional hydroxy acids, which must be formulated into a highly acidic base for optimum performance, our effective combination of Algae, Yeast, Glucosamine and Urea helps to accelerate cell renewal without impacting the skin’s natural pH balance.

Phase 3: Skin Regenerators
Power Rich™ contains high-tech cosmeceuticals and ingredients including antioxidant Vitamins A, C, E, and B5. Advanced skin firmers such as Corallina Officinalis, and Palmitoyl Pentapeptide-4, an advanced ingredient that stimulates collagen synthesis.
skinperfect primer spf30

**application**
After applying prescribed Dermalogica Moisturizer; smooth and blend over entire face and throat. Can be worn alone or underneath make-up to extend wear.

**warnings**
For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If irritation develops, discontinue use. Do not use on children under 6 months old.

**active ingredients**
- Titanium Dioxide
- Zinc Oxide

**key ingredients**
Hydrolyzed Pearl (Pearl Powder): A fine powder rich in amino acids, Calcium, sugars and peptides that stimulate cell renewal, fight glycation and help to fight pigmentation by inhibiting Tyrosinase and enhancing skin luminosity.  
Zinc Oxide and Titanium Dioxide: Physical sunscreens that protect against UVA and UVB radiation.

**benefits / top retailing points**
Multifunctional product not only acts as a make-up primer, enhancing the appearance and duration of make-up, but conditions and treats the signs of aging while providing Broad Spectrum UVA and UVB defense.
Smooths skin and stimulates collagen production to increase skin firmness.  
 Shields against skin-aging UV rays.  
 Can be worn alone or underneath Sheer Tint SPF20 and Cover Tint SPF20 or make-up to help smooth fine lines and deliver a lasting make-up finish.

Check out a video for more information on SkinPerfect Primer SPF30.

**top products to prescribe**
- Skin Resurfacing Cleanser
- Dynamic Skin Recovery SPF50

**multivitamin power firm**

**application**
Smooth around eyes, concentrating on areas of visible aging.

**key ingredients**
Retinyl Palmitate (Vitamin A), Ascorbic Acid (Vitamin C) and Tocopherol (Vitamin E): accelerate skin’s natural repair process, strengthen elasticity and improve smoothness while defending against ROS.
Camellia Sinensis (Green Tea) Leaf: helps firm skin, reducing the appearance of fine lines.  
Silicones: melt gently into skin to help diminish fine lines and smooth skin texture.  
Camellia Sinensis (Green Tea) Leaf: helps soothe irritation.
Spathiphyllum Acmella Flower Extract: (sustainably sourced) helps firm skin by creating better/enhanced cohesion of cell/collagen fibers.

**benefits / top retailing points**
Helps repair the signs of mature or premature aging with an infusion of multivitamins.  
 Increases skin elasticity and firmness by stimulating collagen synthesis and reinforcing cell to cell linkages.  
 Scavenges dangerous free radicals to help protect skin from environmental stress.  
 Protects against moisture loss to minimize fine lines associated with dehydration.

**top products to prescribe**
- Skin Resurfacing Cleanser
- Dynamic Skin Recovery SPF50

**professional application**
Following the application of Antioxidant HydraMist, apply MultiVitamin Power Firm around the eye area, using the ring finger.
skin condition
Mature or prematurely-aging skin.

description
Reverse multiple signs of aging around the delicate eye area with this advanced Retinol treatment.

top products to prescribe
• Dynamic Skin Recovery SPF50
• Power Rich™
• SkinPerfect Primer SPF30

application
Start using every other night for the first two weeks. As skin responds and increases tolerance, build up to using nightly. After cleansing, smooth and pat around the eye area working from the outer corner inward. Use at night so that it works in concert with the body’s internal cellular repair schedule.

contraindications for use
Due to the cell renewal effects of Retinol, discontinue use of exfoliating products around the eye area for three days prior to initial application. Do not use within 72 hours of waxing or exfoliation. If you are pregnant or breastfeeding, consult a physician prior to use. Wear a sunscreen over treated area during the day. This product contains Vitamin A. Consult a physician prior to use on pregnant women.

key ingredients
Microencapsulated Retinol 0.1%: helps minimize lines around the delicate eye area; helps reverse photaging and chronological aging of skin tissues.

UGL Complex (Glucosamine HCL, Urea, Yeast Extract and Algae Extract): exfoliates and smoothes the skin’s surface; firms tissue to reduce the appearance of photaged skin; helps establish a better barrier to maintain hydrated tissues.

benefits / top retailing points
Microencapsulation technology helps ensure that Retinol and Niacinamide penetrate the skin without degrading. Targets multiple eye area concerns, primarily fine lines, wrinkles, puffiness and dark under-eye circles from hyperpigmentation. Fortifies and smoothes skin. Retextures skin at a non-irritating pH, which is critical for the delicate eye area.

key ingredients
Microencapsulated Niacinamide: a peptide that acts as a sugar trap, binding sugars in the body to itself to prevent the formation of AGEs.

Panthenol: humectant Pro-Vitamin B5 aids in hydration and skin repair.

Dunaliella Salina Extract: antioxidant-rich unicellular microalgae to help reverse free radical damage and control hyperpigmentation.

Fraxinus Excelsior (Ash Tree) Bark Extract: contains Fraxin and Esculin, which present strong vasculo-protective properties. Works with microencapsulated Niacinamide to reduce dark under-eye circles and puffiness.

application
Apply to lips at least two times a day for lip health maintenance, or more frequently in periods of dryness or environmental exposure.

benefits / top retailing points
Minimizes contour lines and smooths rough, uneven lips. Prevents the signs of aging caused by AGEs. Superior conditioning lasts hours beyond application and is ideal for wearing alone or as a smoothing primer before lipstick application.

key ingredients
Arginine / Lysine Polypeptide: a peptide molecule that conditions skin and stimulates collagen formation to minimize fine lines.

Theobroma Cacao (Cocoa) Seed Butter, Persea Gratissima (Avocado), Oryza Sativa (Rice) Bran, Triticum Vulgare (Wheat) Germ and Butyrospermum Parkii (Shea Butter): emollient and vitamin-rich plant lipids that smooth and condition lip tissue while helping to prevent dehydration.

Hyaluronic Acid: provides increased hydration and improved elasticity.
nightly lip treatment

skin condition
Mature or prematurely-aging skin.

description
Anti-aging lip and perioral treatment smoothes the appearance of laugh and feather lines while you sleep. This rich overnight formula firms, hydrates and restores skin on and around the lips. Indian Gentian Extract, advanced Volumizing Technology and Sesame Seed Extract help restore skin volume and reduce the appearance of fine feather lines and wrinkles. Vitamin-rich Shea Butter hydrates to improve skin elasticity and restore barrier function against visible signs of aging.

top products to prescribe
- Daily Superfoliant™
- Dynamic Skin Recovery SPF50
- Renewal Lip Complex

top products to prescribe

application
After cleansing, apply generously and massage into skin on and around the lip area.

description

key ingredients
Swertia Chirata (Indian Gentian) Extract: helps reduce skin fragility and reduce the appearance of wrinkles on and around the lips.
Advanced Volumizing Technology
Hydroxymethoxyphenyl Propylmethoxybenzofuran: helps volumize lips and reduce the appearance of fine lines and wrinkles.
Pyrus Malus (Apple) Fruit Extract and Glycerin: moisturizing saccharide complex helps enhance skin hydration and smooth lips.
Sesamum Indicum (Sesame) Seed Extract: helps smooth lips and decrease the appearance of nasolabial fold lines, wrinkles and skin roughness in the upper perioral region.
Butyrospermum Parkii (Shea Butter): increases lip hydration and improves skin elasticity while restoring barrier function against visible signs of aging.

benefits / top retailing points
Reduces the appearance of fine feather lines and wrinkles.
Helps restore skin volume on and around the lips.
Hydrates to improve skin elasticity and restore barrier function against visible signs of aging.

notes
A common misconception is that acne only affects teenagers. But more than ever before, adults are suffering with oily and acneic skin conditions. Clinical studies indicate that between 40 and 55 percent of the adult population in the 20-40 age group are diagnosed with a low grade, persistent acne and 55 percent of the adult population who generally have a more resilient, uniform oily skin condition. In addition, adult cases of acne are often more persistent than teenage acne.

What are the four main factors that contribute to acne?
The primary catalyst of adult acne is chronic stress. Balancing personal and professional responsibilities makes this generation of adults the most time-compressed generation in history. This contributes to chronic stress: the constant, continued and heightened level of stress that throws our adrenal glands into overdrive, which in turn can boost sebum production, setting the stage for acne development. While stress creates the trigger for acne, there are four main factors that contribute to the development of acne: overactive sebaceous glands (the production of too much oil), dead skin cell accumulation, bacteria and inflammation.

Overactive Sebaceous Glands
Despite which form of acne is prevalent, it is known that sebum production or oil is the catalyst for the series of events that result in acne or breakouts. Often times, a client will not think they have even a mild form of acne and will attribute their skin condition to excess oiliness. As skin care professionals, we know that this excess sebum is often associated with enlarged pores, a tendency toward follicle congestion and an oily T-zone.

Cell Accumulation and Bacteria
In a normal follicle (Image A), dead surface cells are continually sloughed from the epidermal canal and are deposited at the surface of the skin. However, when acne is present, a proliferation of cells occurs at the neck of the follicle, accompanied by excess sebum that causes the cells to stick together along with bacteria (usually Propionibacterium acnes, which is also known as Corynebacterium acnes) the conglomeration of the sebum and cells leads to formation of an impaction plug that provides a nice anaerobic environment for the bacteria to thrive in. This process, whereby abnormal desquamation of sebaceous-follicle epithelium results in altered keratinization, is often called retention hyperkeratosis. This first stage impacted follicle is often referred to as a micro-comedone. Researchers have found that there are fewer lamellar granules in the Stratum Granulosum of acneic skin. As the lamellar granules contain the desquamation enzymes and lipids that comprise the barrier layer in the intercellular spaces, this could account for the accumulation of cells in the follicle canal. Likewise, acneic skin is more permeable around the sebaceous gland and follicle, which may lead to leakage and inflammation into surrounding tissues. Studies have shown that Linoleic Acid, an essential fatty acid that is a component of the barrier lipid layer, is indeed deficient in acneic clients. The bacteria in the follicle excretes a lipase enzyme to break down the sebum triglycerides into fatty acids and glycerol. The sebum is used as a food source and the free fatty acids are merely waste products that irritate the lining of the follicle. At this point, the disease may result in non-inflammatory lesions and simply produce closed comedones (whiteheads – Image B) which may turn into open comedones (blackheads – Image C) and expel their contents.

Inflammation
Inflamed lesions may also result, whereby the follicle wall ruptures forming a papule (Image D). If the break in the follicle is close to the surface, a pustule results (Image E). If it is deeper, a nodule forms. In some cases, a membrane entraps the infection and a cyst develops. Regardless, Matrix Metalloproteinase (MMPs) enzymes are stimulated to help...
In order to control acne, we must interrupt the degeneration of the follicle by affecting the four main contributing factors. The International Dermal Institute has researched several new ingredients that are extremely effective in controlling acne. We can classify these ingredients according to the problem that each specifically addresses (see Image F).

What can be done to help treat, clear and prevent adult acne?

To control acne, we must interrupt the degeneration of the follicle by affecting the four main contributing factors. The International Dermal Institute has researched several new ingredients that are extremely effective in controlling acne. We can classify these ingredients according to the problem that each specifically addresses (see Image F).

By inhibiting the activity of overactive sebaceous glands, we not only eliminate the food source for the bacteria, but we also eliminate oily shine and create a more esthetically-pleasing appearance for the client. The following ingredients are known sebum-regulating agents: Biotin, Zinc Gluconate, Zinc Sulfate, Spirea Ulmaria Extract, Salicylic Acid, Lactic Acid, Sulfur and Papain.

Caffeine, Zinc Gluconate, Zinc Sulfate, Sulfur and Sarcosine are known exfoliating agents: Salicylic Acid, Lactic Acid, Sulfur and Papain. By controlling bacteria on the skin’s surface and in the follicle, and the lipase activity, we can control the source of fatty acids that contribute to irritation.

The following ingredients are known anti-bacterial agents: Benzoyl Peroxide, Spiraeea Ulmaria Extract, Cinnamonum Zeylanum Bark Extract, Salicylic Acid, Melaleuca Alternifolia (Tea Tree) Oil, Zinc Gluconate, Zinc Sulfate, Melissa Officinalis (Balm Mint) Extract, Rosmarinus Officinalis (Rosemary) Extract, Sulfur and Sarcosine. To help keep inflammation caused by adult acne under control, we must consider the application of topical anti-inflammatory repair agents, botanicals and humectants to help the healing process and soothe inflamed skin. The following are known anti-inflammatory and reparative agents: Camellia Sinensis (Green Tea), Panthenol, Camphor, Bisabolol, Allantoin, Echinacea Purpurea (Coneflower), Oat Extract and Glycyrrhiza Glabra (Licorice) Extract.

Dermalogica’s MediBac Clearing® system treats to treat, clear and prevent adult acne while addressing the needs of adult skin. The MediBac Clearing® system controls acne without compromising skin’s integrity, which means skin is consistently clear and free of blemishes.

Over Production Of Sebum =

Retention Hyperkeratosis =

Oily Shine =

Acne Prone Complexion (Microspheres) =

Less Lamellar Granules =

MediBac clearing® continued

key ingredients

Salicylic Acid: stimulates natural exfoliation, helping to clear impacted follicles and minimize pore plugging and clogging.

Melissa Officinalis Leaf Extract: used for its antiseptic, analgesic and anti-bacterial properties; also aids in healing in soothing the skin.

Angelica Archangelica Extract: anti-bacterial agent with soothing properties.

Echinacea Purpurea Extract: has anti-bacterial and anti-inflammatory properties.

Citrus Medica Limonum (Lemon) Peel Extract: a natural source of Vitamin C; helps prevent future breakouts. (see Image G).

Viola Tricolor (Chamomile) Extract:

a natural source of Vitamin C, used as an anti-inflammatory. Helps prevent future breakouts.

Dermalogica’s MediBac Clearing® system controls acne without compromising skin’s integrity, which means skin is consistently clear and free of blemishes.

inflammatory repair agents, botanicals and humectants to help the healing process and soothe inflamed skin. The following are known anti-inflammatory and reparative agents: Camellia Sinensis (Green Tea), Panthenol, Camphor, Bisabolol, Allantoin, Echinacea Purpurea (Coneflower), Oat Extract and Glycyrrhiza Glabra (Licorice) Extract.

Dermalogica’s MediBac Clearing® system treats to treat, clear and prevent adult acne while addressing the needs of adult skin. The MediBac Clearing® system controls acne without compromising skin’s integrity, which means skin is consistently clear and free of blemishes.

Over Production Of Sebum =

Retention Hyperkeratosis =

Oily Shine =

Acne Prone Complexion (Microspheres) =

Less Lamellar Granules =

MediBac clearing® continued

key ingredients

Salicylic Acid: stimulates natural exfoliation, helping to clear impacted follicles and minimize pore plugging and clogging.

Melissa Officinalis Leaf Extract: used for its antiseptic, analgesic and anti-bacterial properties; also aids in healing in soothing the skin.

Angelica Archangelica Extract: anti-bacterial agent with soothing properties.

Echinacea Purpurea Extract: has anti-bacterial and anti-inflammatory properties.

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sebum clearing masque

application
Apply a smooth layer to cleansed face and throat avoiding the eye area. Leave on for 7 to 10 minutes, then rinse thoroughly with warm water. May also be used exclusively on the T-zone. Apply 3 times per week.

professional application
1. Press 6 to 10 drops of Niacinamide Ionactive™ Serum onto skin.
2. Using a Fan Masque Brush, apply a thin, even layer to face and throat, avoiding the eye area. May also be applied to the T-zone only.
3. Remove after 10 minutes with damp sponges or a steam towel.

contraindications for use
Product contains Salicylic Acid and may irritate very sensitive skin. Discontinue use if client experiences undue redness or burning. Not recommended for users of any topical or orally-prescribed acne, Vitamin A derived, skin exfoliation medications.

key ingredients
Salicylic Acid: stimulates natural exfoliation, helping to clear impacted follicles and minimize acne formation.
Bentonite and Kaolin: clays that help absorb excess oil, refine pores and clear congestion.
Spiraea Ulmaria: an extract that helps inhibit bacteria by stimulating the skin’s natural anti-bacterial agents.
Niacinamide, Yeast Extract, Aesculus Hippocastanum (Horse Chestnut) Seed, Dipotassium Glycyrrhizate (Licorice) and Panthenol (Pro-Vitamin B5): (Licorice) and Panthenol (Pro-Vitamin B5): unique blend that regulates sebum production and soothes inflammation.
Avena Sativa (Oat) Kernel, Bisabolol and Dipotassium Glycyrrhizate (Licorice): help soothe irritated skin.
Cinnamomum Zeylanicum Bark: a patent-pending Cinnamon Bark blend inhibits bacterial lipid metabolism and degradation of enzymes while eliminating bacteria, providing antifungal properties and helping to reduce comedones for clearer skin.

benefits / top retailing points
Imparts a cooling sensation on skin that helps soothe aggravation brought on by breakouts.
Addresses and controls the four factors that contribute to acne: overactive sebaceous glands, cell accumulation, bacteria and inflammation.
Absorbs excess oil and refines skin texture.
Helps purify skin while strengthening the follicle membrane wall to help control inflammation associated with follicle eruptions.

skin condition
Breakout-prone skin.

overnight clearing gel

application
At night, apply a thin layer all over cleansed face or affected areas and allow to absorb. In the morning, wash off with Clearing Skin Wash, then, for maximum treatment results, apply Clearing Mattifier to breakout-prone areas. Use nightly as needed.

contraindications for use
Product contains Salicylic Acid and may irritate very sensitive skin. Discontinue use if client experiences undue redness or burning. Not recommended for users of any topical or orally-prescribed acne, Vitamin A derived, skin exfoliation medications.

key ingredients
Salicylic Acid: stimulates natural exfoliation, helping to clear impacted follicles and minimize acne formation.
Niacinamide, Biotin, Zinc Gluconate, Yeast Extract, Caffeine and Nordihydroguaiaretic Acid: unique blend inhibits overactive sebaceous gland activity, purifies to promote skin clarity and helps calm irritation brought on by breakouts.

benefits / top retailing points
Removes impaction plug from follicle to help prevent future breakouts and relieve congestion.
Helps regulate sebum production.
May be applied over the face or to zones experiencing breakouts and congestion.

skin condition
Breakout-prone skin.

hyaluronic acid

Hyaluronic Acid: provides increased hydration and improved elasticity.
skin condition
Breakout-prone skin.

description
This 5% Benzoyl Peroxide concentrate, fortified with Zinc Sulfate, Tea Tree and Sage, eliminates bacteria while helping to accelerate breakout clearing.

top products to prescribe
- Clearing Skin Wash
- Overnight Clearing Gel

special clearing booster

application
Before moisturizing, apply as a spot treatment to problem areas and allow to dry. Can also be mixed with Oil Control Lotion or prescribed Dermalogica Moisturizer to boost clearing benefits. Apply every 6 to 8 hours directly to affected area as needed until breakout clears.

contraindications for use
Benzoyl Peroxide may irritate very sensitive skin. Do not apply directly over entire face. Discontinue use if client experiences undue redness or burning. Not recommended for users of any topical or orally-prescribed acne, Vitamin A derived, skin exfoliation medications. Do not use on skin that is sunburned, irritated, sensitive or has recently been professionally exfoliated, resurfaced or waxed. For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If irritation develops, discontinue use. Keep out of reach of children.

key ingredients
Benzoyl Peroxide and Melaleuca Alternifolia (Tea Tree): eliminate breakout-causing bacteria in the follicles and help clear skin.
Calendula Officinalis Flower and Chamomilla Recutita (Matricaria) Flower: botanical extracts that help treat acne while soothing irritation.
Zinc Sulfate: helps eliminate bacteria and regulate sebum production.

benefits / top retailing points
Quickly dries breakouts.
Calming botanicals help soothe redness and aggravation associated with breakouts.
Helps regulate sebum production to help control future breakouts.

breakout control

application
Apply a thin layer and allow to dry. Use all over the face and under your prescribed Dermalogica moisturizer.

contraindications for use
This product contains silver. Avoid contact with broken or abraded skin.

key ingredients
Lactobacillus Ferment: non-pathogenic bacteria. Stimulates growth of healthy bacteria, controls bacteria that stimulates acne breakouts, and helps reduce redness.
Azelaic Acid Derivative: helps regulate sebum production without leaving skin dry and dehydrated.
Tea Tree Oil: calms redness and soothes the skin.
Zinc Sulfate: helps minimize irritation.
Colloidal Silver: helps eliminate bacteria and control breakouts.

benefits / top retailing points
Formulated with gentle yet effective ingredients for complete breakout clearing with no irritation.
Fast-absorbing formula immediately begins to eliminate acne-causing bacteria.
Contains oil-absorbing sponges to control excess sebum on the skin.
Natural botanical ingredients help soothe skin. Suitable for clearing and preventing breakouts without the drying effects of Benzoyl Peroxide.
skin condition
Breakout-prone skin, or areas of excess oil production.

description
Oil-free, Broad Spectrum sunscreen helps prevent shine on oily and breakout-prone skin.

top products to prescribe
• Clearing Skin Wash
• Sebum Clearing Masque
• Special Clearing Booster

application
After cleansing and toning, apply evenly and liberally to face, preferably 30 minutes prior to sun exposure. May be applied after or instead of prescribed Dermalogica Moisturizer. For continuous protection, apply regularly. Reapply as needed after swimming or exercise.

warnings
For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If irritation develops, discontinue use. Do not use on infants under 6 months old.

active ingredients
Chemical sunscreens:
• Avobenzone
• Homosalate
• Octisalate
• Oxybenzone

key ingredients
Oleosome Technology: a Safflower-derived, sunscreen-filled capsule that provides enhanced moisturization while boosting SPF.

Vinyl Dimethicone/Methicone
Silsesquioxane Crosspolymer: helps absorb excess oils on skin.

Niacinamide, Yeast Extract, Aesculus Hippocastanum (Horse Chestnut) Seed Extract, Ammonium Glycyrrhizate (Licorice) and Panthenol (Pro-Vitamin B5): help regulate sebum production and soothe inflammation.

Camellia Sinensis (Green Tea) Leaf Extract: a powerful antioxidant with anti-inflammatory properties.

benefits / top retailing points
Lightweight, ultra-sheer formula absorbs surface oils to prevent shine without any powdery residue, delivering an all-day matte finish.

Oil-free formula is perfect for oil-phobic clients.

Advanced blend helps regulate oil production and soothe inflammation.

application
After cleansing and toning, apply evenly and liberally to face, preferably 30 minutes prior to sun exposure. May be applied after or instead of prescribed Dermalogica Moisturizer. For continuous protection, apply regularly. Reapply as needed after swimming or exercise.

warnings
For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If irritation develops, discontinue use. Do not use on infants under 6 months old.

retail
1.7 US FL OZ / 50 mL
When it comes to signs of aging, hyperpigmentation is a top skin concern worldwide. This is because many people perceive age spots and uneven skin tone (i.e., hyperpigmentation and melasma) as indicators of “healthier and younger.”

These perceptions have led to consumer demand for products that treat hyperpigmentation. Unfortunately, many of these products are formulated with ingredients known to be harmful to the skin, frequently causing contact dermatitis, or even permanently damaging the skin’s melanin-producing architecture.

Dermalogica’s new PowerBright TRx™ is the safer alternative. When integrated with any Dermalogica regimen, it brightens and helps balance skin tone while preserving the quality and integrity of the skin. A powerful, concise range of three leave-on products for the treatment and prevention of hyperpigmentation, PowerBright TRx™ is the product of several years of research on melanin biosynthesis and skin brightening by the skin health experts at Dermalogica and The International Dermal Institute.

Designed to be layered onto the skin for optimum efficacy, these silky-smooth, peptide-rich formulas work around the clock to brighten and hydrate skin. Advanced SPF-boosting Oleosome technology provides critical UV protection to help prevent future pigmentation, while powerful brightening and exfoliating agents work day and night to slough off existing pigmentation issues. Skin ultimately appears healthier and glowing with a more even tone.

**What causes hyperpigmentation?**

When treating hyperpigmentation, success largely depends on identifying the cause of discoloration. Was it due to UV exposure? Trauma or acne? Hormones? Hyperpigmentation induced by UV rays or injury tends to respond well to treatment if caught early, while melasma and other hormonal influences are more difficult to tackle. Genetics, stress and chemicals also play a role. Exposure to these factors triggers octopus-like melanocyte cells in the skin to generate pigment-filled structures called melanosomes. These melanosomes then move into the arms of the melanocyte and are ejected into neighboring skin cells. The skin cells migrate toward the surface of the skin, taking these melanosomes with them. This creates visibly pigmented skin, or uneven skin tone.

To better understand the causes of hyperpigmentation, we must understand the delicate biological processes that produce skin color. Constitutive (“intrinsic”) skin color is the basic melanin content of our skin that is genetically inherited without any influence from sun exposure or hormones. Faculative (“extrinsic”) skin color is the result of other influences, such as sunlight and hormones. PowerBright TRx™ can be used to treat and prevent issues related to facultative skin color.

Melanin, the brown or reddish pigment in skin, is synthesized in dendritic cells called melanocytes. Regardless of race, we all have approximately 800 to 1,000 melanosomes per square millimeter of epidermis.

When exposed to UV light, the pituitary gland in the brain generates a melanotropin called alpha Melanin Stimulating Hormone (α-MSH) or beta Melanin Stimulating Hormone (β-MSH). These melanotropin molecules bind to a specific receptor site (MC1-R) on the melanocyte, signaling melanin formation to commence. (This receptor site is also affected by hormones such as estrogen, which accounts for the influence that hormones have on melanin formation.) α-MSH not only stimulates pigment formation but also triggers the inflammatory and immune response.

Once the melanocyte is activated, eumelanin (brown-black melanin) formation commences. Regardless of skin color, the number of melanocytes does not vary among humans. There is approximately one melanocyte for every 36 keratinocytes found in the epidermis. The amount of melanin, the type of melanin produced (whether it is eumelanin or yellow-red pheomelanin), the size of the melanosomes and the distribution of melanosomes in the epidermis all contribute to the skin’s color and intensity (the lightness or darkness of the skin).

In dark skin, we not only see larger melanosomes with more melanin present, but more of them. They are seen as larger, individual, jelly bean-like structures surrounded by a membrane, whereas melanosomes in lighter skin are smaller, vary in size and shape, and have many smaller melanosomes clustered in a single membrane jacket.

**How to control and treat hyperpigmentation**

Treating hyperpigmentation in the skin is a multi-faceted process. Regularly applying a Broad Spectrum sunscreen of SPF30 is critical for preventing new hyperpigmentation as is using a combination of skin-brightening and exfoliating agents, which slough off existing pigmentation spots.

PowerBright TRx™ contains powerful ingredients such as Oligopeptide, Niacinamide and Zinc Glycinate to help control melanin formation and hyperpigmentation, while exfoliating agents such as Lactobacillus/Pumpkin Fruit Ferment Filtrate help smooth skin, enhance skin tone and eliminate dark spots. Oleosome technology, found in Pure Light SPF50, uses naturally-occurring plant-oil capsules to help increase SPF performance without adding more chemical sunscreens.
prescribing PowerBright TRx™

When prescribing PowerBright TRx™, your first step should always be the Face Mapping® Consultation Card. Consider what has caused your clients’ pigmentation and how long it has been there. Ensure you look at all possible trigger factors, such as UV exposure, stress, hormones, medication and inflammation.

You should also perform a Face Mapping® skin analysis. Assess specific zones for hyperpigmentation to help determine possible causes. Throughout your analysis, educate your client about all the potential causes and trigger factors, and the importance of reducing or eliminating these factors. This is important for results to be successfully achieved.

Keep in mind, PowerBright TRx™ is designed to be integrated into your client’s existing Dermalogica regimen, not removed. You may recommend that your client replace his or her current daytime moisturizer with Pure Light SPF50 and nighttime moisturizer with Pure Night. Your client should also apply C-12 Pure Bright Serum after his or her regular cleansing and toning regimen, but before moisturizing.

As a professional skin therapist, it is important to set realistic expectations with your clients and outline a precise treatment regimen. Be sure to advise your client to follow a strict brightening regimen every day and night for at least eight weeks. Results will vary as it takes time for melanin to realign and to slough the layers of keratinocytes to help visible even skin tone over time, with regular use and sufficient UV protection.

why does PowerBright TRx™ not contain hydroquinone?

Hydroquinone has been used in many skin-lightening products, but it has also been banned in most of the world due to widespread concerns regarding its safety. Because there are many other skin-brightening agents available today to combat hyperpigmentation and fight signs of aging both effectively and safely, the skin health experts at Dermalogica and IDI have elected not to use hydroquinone. We know that products formulated with these alternative ingredients in effective combinations and concentrations can significantly affect melanin formation and help visibly even skin tone over time, with regular use and sufficient UV protection.

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C-12 pure bright serum

application

After cleansing, apply directly to areas of uneven skin tone. For best results, use twice daily. Allow one minute for product absorption, then follow with Pure Light SPF50 during the day and Pure Night during the evening.

key ingredients

- Oligopeptide-51: increases efficacy and enhances skin brightening when combined with Oligopeptide-34.
- Oligopeptide-34: reduces Tyrosinase activity and melanosome transfer to cells.
- Zinc Glycinate: stimulates formation of an antioxidant protein that binds Copper, thereby inhibiting Tyrosinase.
- Palmaria Palmata (Red Algae) and Ascophyllum Nodosum (Brown Algae): inhibits Tyrosinase activity and transfer of melanosomes to keratinocytes, and stops the messenger that triggers melanin synthesis.
- Phytic Acid: binds Copper to inactive Tyrosinase and control melanin formation.

benefits / top retailing points

- Brightens, minimizes discoloration and improves skin clarity.
- Contains an exclusive blend of Oligopeptide-34, a derivative of Phytic Acid, Zinc Glycinate and Algae to address pigmentation imbalance.

C-12 pure bright serum

product name

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description

A potent skin brightening serum that helps combat hyperpigmentation and balance uneven skin tone.

top products to prescribe

- Age Smart® Skin Resurfacing Cleanser
- Pure Light SPF50
- Pure Night
pure light spf50

**Skin Condition**
Hyperpigmented skin and uneven skin tone.

**Description**
An advanced, medium-weight, daytime Broad Spectrum moisturizer that treats hyperpigmentation while shielding the skin from pigment-inducing UV light.

**Top Products to Prescribe**
- C-12 Pure Bright Serum
- AGE Smart® MultiVitamin Thermafoliant®
- Pure Night

**Application**
Following application of C-12 Pure Bright Serum, smooth a generous amount of Pure Light SPF50 to face and neck, avoiding the eye area, preferably 30 minutes prior to sun exposure. Use as a daily moisturizer for year-round protection against UV-induced hyperpigmentation.

**Contraindications for Use**
For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If irritation develops or increases, discontinue use. Do not use on infants under 6 months old.

**Active Ingredients**
- Avobenzone
- Octinoxate

**Key Ingredients**
- Oligopeptide-34: reduces Tyrosinase activity and melanosome transfer to cells.
- Palmaria Palmata (Red Algae) and Laminaria Ochroleuca (Brown Algae or Golden Seaweed): inhibits Tyrosinase activity and transfer of melanosomes to keratinocytes, and stops the messenger that triggers melanin synthesis.
- Cross-linked Hyaluronic Acid: provides sustained moisture delivery to provide optimal hydration.
- Oleosome Technology: made from Safflower seeds, which allow for increased SPF performance while using fewer chemical sunscreens, resulting in a moisturizer that is more wearable for aging and sensitive skin.
- Lactobacillus/Pumpkin Fruit Ferment Filtrate: helps exfoliate surface cells to enhance skin tone and eliminate dark spots.
- Niacinamide: helps prevent transfer of melanosomes to keratinocytes.

**Benefits / Top Retailing Points**
- Advanced Oleosome encapsulation technology increases SPF performance while using fewer chemical sunscreens.
- Contains critical Broad Spectrum protection against UV-induced hyperpigmentation.
- A powerful peptide helps regulate melanin production.

**Use**
Following application of C-12 Pure Bright Serum, apply Pure Light SPF50 in the evening to entire face and neck.

1.7 US FL OZ / 50 mL

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dermalogica

pure night

**Skin Condition**
Hyperpigmented skin and uneven skin tone.

**Description**
A nourishing overnight treatment cream that hydrates while helping to restore skin luminosity, control hyperpigmentation and maximize PowerBright TRx™ results.

**Top Products to Prescribe**
- C-12 Pure Bright Serum
- Daily Microfoliant®
- Pure Light SPF50

**Key Ingredients**
- Oligopeptide-34: reduces Tyrosinase activity and melanosome transfer to cells.
- Magnesium Ascorbyl Phosphate: a non-acidic, stable form of Vitamin C that helps stimulate collagen synthesis while fighting pigmentation imbalance.
- Strelitzia Nicolai Seed Extract: helps increase skin luminosity and decrease fine dehydration lines.
- Cranberry and Raspberry Seed Oils: improve barrier protection against moisture loss and shield against environmental damage.
- Vigna Aconitifolia Seed Extract: known as Moth Bean Seed Extract, helps fight signs of aging by strengthening dermal collagen and stimulating cell turnover.

**Benefits / Top Retailing Points**
- Helps control melanin formation and hyperpigmentation while you sleep for unsurpassed brightening and skin tone improvement.
- Improves barrier protection against moisture loss and strengthens against environmental damage.

**Use**
Following topical application of C-12 Pure Bright Serum, apply Pure Night in the evening to entire face and neck.

1.7 US FL OZ / 50 mL
Millions of people perceive their skin as sensitive. The American Academy of Dermatology reports that 50% of the United States population experience some form of sensitive skin. Globally, it is of increasing concern, especially among women. In Europe, the United States and Japan, the prevalence of sensitive skin is about 50% in women and 30% in men, with younger adults reporting more sensitivity than older adults. In reality, there is sensitive skin (a genetic trait) and there is sensitized skin, a growing phenomenon worldwide caused by increased exposure to pollution, stress and chemicals. The growing number of people affected by sensitization has spurred cosmetic and pharmaceutical industries to develop new products to help combat the reactions triggered by this condition. Regardless of the classification of skin sensitivity versus sensitization, the common thread among these conditions is inflammation, and research at The International Dermal Institute reveals many formulations are not addressing one key factor: neurogenic inflammation. And, in order to care for sensitized and inflamed skin, it is important to understand the characteristics of the various factors producing this condition.

Immunogenic Inflammation

Recent scientific data has proposed another system that also triggers the inflammatory response. Whereas immunogenic inflammation is triggered by the immune system, neurogenic inflammation is triggered by the nervous system. When an irritant chemical activates nerve sensors, it results in the release of substances called neuropeptides that also trigger the inflammatory cascade. Under normal conditions, these substances play a role in tissue repair; however, they are also found in a variety of painful inflammatory conditions such as urticaria (itching), psoriasis, atopic dermatitis, hypersensitivity and wound healing. Interestingly, not all of these substances promote inflammation; some of them may in fact and the inflammatory process.

In addition to allergens that may stimulate an immune response or chemicals that stimulate a nerve response, emotional and physical stress can also induce a neurogenic response resulting in skin itchiness, inhibited wound healing and aggravated inflammation. Work, deadlines, toxic accumulation and the environment can all be stressors. The elevated levels of stress hormones cause inflammatory reactions in the body, which can lead to many forms of skin and overall health concerns.

Both immunogenic and neurogenic inflammation can yield the same redness, itching and swelling that result when the body is injured or irritated. In the end, it is the combination of genetic susceptibility, immune disruption, nerve activity and epidermal barrier function that contributes to skin sensitivity and inflammation.

Lipid Barrier Breakdown

In order to maximize our treatment regimen to control and alleviate sensitization associated with both immunogenic and neurogenic inflammation, we must consider one other factor, namely, the lipid barrier layer and its impact on sensitized skin. Comprised of ceramides, fatty acids and cholesterol, the lipid barrier layer not only maintains water balance in the skin by inhibiting TEWL (trans epidermal water loss) but it also protects against environmental stimuli such as microbes, chemicals and physical factors. Any of these stimuli may evoke a cutaneous (skin) reaction, leading to sensitization, inflammation and even disease. Because of its protective role, maintaining the integrity of the barrier lipids is an important factor in controlling skin

The main contributors to sensitized skin

The body’s immune system helps protect it from disease. The immune system has different components, all of which work together to fight against infection and foreign invaders. When the body is injured or irritated, it responds with inflammation. The inflammatory response is a natural process that serves to remove the injurious stimuli, as well as initiate the healing process. Inflammation is characterized as a cascade of biological events involving the local vascular system, the immune system and various cells within the injured tissue. Traditionally, the immune system involved in inflammation requires prior sensitization and is triggered by a foreign substance, such as pollen or artificial fragrances. This is termed immunogenic inflammation.

Immunogenic inflammation involves the activation of white blood cells, the primary agents for fighting off invaders. They normally reside in the blood and must travel to the inflamed tissue. There, they attack and destroy invaders such as bacteria, viruses and cellular debris. This process results in the pain, redness, swelling and heat associated with inflammation.

A number of factors contribute to the process of skin sensitization. These causes are among the most common: Over-processed (includes over-exfoliated skin or skin that has been subjected to excess or inappropriate treatment).

Once any of these factors affect sensitized skin and reach the critical tolerance threshold, an organized biological response called inflammation takes place.
UltraCalming™ continued

sensitization. In maintaining the barrier lipid layer at its optimal performance level, we can control the damaging effects of environment and lifestyle on skin, thereby controlling sensitivity. The lipid barrier layer may be compromised by the use of soap and water which strips the lipids from the skin (resulting in tautness), extremely low (2.5-3.5) or high (above 8) pH products, strong AHA products, S.D. alcohol in products and over-exfoliation, among other things. Once the lipid layer is compromised, the skin dehydrates, causing microscopic fissures in the epidermis; these are now perfect portals into the skin for potentially irritating substances. This is why dehydration is often seen in sensitized skin.

Recent studies have shown that patients with atopic dermatitis, a skin condition associated with inflammation, have deficiencies in the three lipids: ceramides, cholesterol and free fatty acids. Corrective therapy with a triple lipid mixture not only helped restore the barrier layer of the epidermis, but also resulted in a reduction of inflammation.

what can be done to help relieve sensitized skin? While sensitized and sensitive skin reactions may look and feel the same, they stem from the three separate biological reactions we’ve discussed: immunogenic inflammation, neurogenic inflammation and a compromised protective lipid barrier layer. Research at The International Dermal Institute reveals that when specific active botanical extracts are combined, they stem from the three separate biological reactions we’ve discussed: immunogenic inflammation, neurogenic inflammation and a compromised protective lipid barrier layer. Research at The International Dermal Institute reveals that when specific active botanical extracts are combined, they can help control inflammation and reduce the signs of sensitivity, irritation and redness that accompany immunogenic and neurogenic inflammation without interrupting the positive effects of the

body’s defenses including wound healing and bacterial defense.

As such, we created the proprietary UltraCalming™ Complex, containing the following active botanical extracts:

• Avena Sativa (Oat Kernel) extract: rich in avenanthramides, the active component of the Avena Sativa plant, which have been widely studied and proven to have natural anti-irritant and anti-redness properties.

• Zingiber Officinale (Ginger) Extract and Bisabolol (derived from Chamomile): work synergistically to help reduce inflammation induced redness and irritation.

• Boswellia Diffusa (Red Hogweed) Root Extract: targets neurogenic inflammation and restores tissue integrity by limiting the activity of pro-inflammatory agents, as well as promoting the production of natural anti-inflammatory agents in the skin.

While our exclusive UltraCalming™ Complex is an effective means of treating immunogenic and neurogenic inflammation, it only addresses part of the problem. To optimize complete treatment of sensitized skin, we must also take lipid barrier breakdown into account.

To complement our exclusive UltraCalming™ Complex, we have researched and developed a proprietary lipid blend that reinforces the barrier lipid layer with fatty acids, ceramides and sterols. Oil of Evening Primrose, Borage Seed and Oat Kernel provide an enriched source of gamma linoleic acid, a required component of an intact, functional epidermal layer. In addition to being rich in essential fatty acids, Oat has natural antioxidant and anti-irritant properties to help correct and soothe irritated skin. Sunflower (Helianthus Annuus) Seed Extract provides natural ceramides, which ensure proper cohesion of skin cells and minimize skin dehydration, and Avocado (Persea Gratissima) sterols provide a rich source of natural plant phytosterols.

In addition to our proprietary formulations and complexes, UltraCalming™ was developed under the same safe and effective formulation standards of all Dermalogica products and is free of S.D. alcohol, artificial fragrances and colors and lanolin. All UltraCalming™ products are dermatologist tested for irritation by independent medical professionals. UltraCalming™ gives skin care professionals, and the clients they treat, more effective sensitized skin care than ever before.

key ingredients

Rubus Idaeus (Raspberry) Fruit Extract: promotes healing while providing soothing properties to inflamed skin.

Lavendula Angustifolia (Lavender) Fruit Extract: has antiseptic and disinfectant qualities; can also be used to desensitize skin.

Cucumis Sativus (Cucumber) Fruit Extract: contains cooling agents that help soothe and calm irritated skin.

Panthenol (Pro-Vitamin B5): promotes tissue regeneration and acts as a humectant.

For more information on skin conditions that can contribute to sensitized skin, please review our webcast on Rosacea, Eczema and Psoriasis.
ultracalming™ mist

**Skin Condition**
Sensitized, reactive and recently resurfaced skin.

**Description**
A soothing, hydrating mist that quickly relieves sensitivity while helping to calm redness, stinging and aggravated skin.

**Top Products to Prescribe**
- UltraCalming™ Cleanser
- UltraCalming™ Serum Concentrate

**Application**
After cleansing, spray over face, neck and chest with eyes closed. For added benefits, press into skin. May also be sprayed onto fingertips or dampened cotton pad and applied to the skin with light, upward strokes. Follow with Ultracalming™ Serum Concentrate or prescribed Dermalogica Moisturizer.

**Professional Application**
1. After cleansing with UltraCalming™ Cleanser, spray Ultracalming™ Mist over entire face, throat and upper chest with eyes closed.
2. Follow with UltraCalming™ Serum Concentrate.
3. Optional: Can be used after epilation, waxing or exfoliation for soothing benefits.

**Key Ingredients**
- **UltraCalming™ Complex**: helps reduce sensitivity, redness, irritation and inflammation.
- Hydroxyphenyl Propamidobenzoic Acid: synthetic avananthramide (Oat active) used to boost the efficacy of natural Oat.
- Aloe Barbadensis Leaf Juice: skin soothing agent.

**Benefits / Top Retailing Points**
- Quickly relieves inflammation and discomfort, helping skin recover from damage and lipid barrier breakdown.
- Helps condition skin to prepare for proper moisture absorption.
- Easy-to-use spray application.
- Can be used after epilation, waxing or exfoliation for soothing benefits.

barrier defense booster

**Skin Condition**
Sensitive and/or sensitized, reactive and recently resurfaced skin.

**Description**
Concentrated oil booster soothes, nourishes and moisturizes to restore balance to sensitive skin. Triple Defense Complex nourishes the skin, relieves dryness and reinforces barrier integrity against future irritation.

**Top Products to Prescribe**
- UltraCalming™ Cleanser
- UltraCalming™ Mist
- Calm Water Gel

**Key Ingredients**
- **Triple Defense Complex**: nourishes the skin, relieves dryness and reinforces barrier integrity against future irritation.
- Squalane: locks in moisture and boosts skin’s elasticity.
- Tetrahydrocurcuminoids from Turmeric: stop skin-damaging enzymes in their tracks, and combat free radical damage.
- Avena Sativa (Oat) Kernel Oil: helps combat sensitivity and improve the skin barrier to support healthy-looking skin.

**Application**
Dispense 6-10 drops into palm and rub hands together. Pat gently over face, neck and chest. Or, mix with your moisturizer, then apply. Use twice a day for continuous relief.

**Professional Application**
1. At the end of the professional treatment and after application of UltraCalming™ Mist, apply 10-15 drops of Barrier Defense Booster over face, neck and chest with light, upward strokes. May be followed with Barrier Repair or prescribed Dermalogica Moisturizer.

**Benefits / Top Retailing Points**
- Reinforces the skin’s naturally-protective barrier against environmental assault.
- Nourishes and soothes irritated skin.
- Helps prevent skin irritation before it starts.

**Professional Application**
At the end of the professional treatment and after application of UltraCalming™ Mist, apply 10-15 drops of Barrier Defense Booster over face, neck and chest with light, upward strokes. May be followed with Barrier Repair or prescribed Dermalogica Moisturizer.

**Key Ingredients**
- **Triple Defense Complex**: nourishes the skin, relieves dryness and reinforces barrier integrity against future irritation.
- Squalane: locks in moisture and boosts skin’s elasticity.
- Tetrahydrocurcuminoids from Turmeric: stop skin-damaging enzymes in their tracks, and combat free radical damage.
- Avena Sativa (Oat) Kernel Oil: helps combat sensitivity and improve the skin barrier to support healthy-looking skin.
**Skin Condition:** Sensitized, reactive and recently resurfaced skin.

**Description:** The antidote for skin sensitivity; a super-concentrated serum that helps calm, restore and defend sensitized skin.

**Top Products to Prescribe:**
- UltraCalming™ Cleanser
- Barrier Repair

**Key Ingredients:**
- UltraCalming™ Complex: helps reduce sensitivity, redness, irritation and inflammation.
- Acetyl Tetrapeptide-15: a tetrapeptide that targets neurosensitive skin by decreasing the release of pro-inflammatory mediators and increasing the skin’s sensitivity tolerance threshold, making skin less reactive and diminishing sensations of pain and discomfort.
- Portulaca Oleracea Extract: an enriched extract of vitamins, fatty acids, flavonoids and anti-inflammatory agents that help control and reduce redness.
- Sodium Hyaluronate: a natural component of the skin that holds a thousand times its weight in water, maintaining optimum hydration levels of tissues.
- Oenothera Biennis (Evening Primrose), Helianthus Annuus (Sunflower) Seed Extract and Persea Gratissima (Avocado) Sterols: rich in essential fatty acids, ceramides and phytosterols that fortify skin’s barrier lipid layer, protecting against assaults that trigger redness and irritation.

**Benefits / Top Retailing Points:**
- Helps interrupt inflammatory triggers to prevent flare-ups.
- Provides enough hydration for oily to normal skin conditions.
- Can be used following non-invasive cosmetic procedures to help calm and soothe skin.

**Application:**
After cleansing and spraying with UltraCalming™ Mist, apply a generous amount to face, neck and chest with light, upward strokes. Use twice daily, morning and night. For additional moisturization, follow application with Barrier Repair or prescribed Dermalogica Moisturizer.

**Professional Application:**
At the end of the professional treatment and after application of UltraCalming™ Mist, apply a generous amount of UltraCalming™ Serum Concentrate over face and throat with light, upward strokes. May be followed with Barrier Repair or prescribed Dermalogica Moisturizer.

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**Skin Condition:** Sensitive and/or sensitized, dehydrated, reactive and recently resurfaced skin.

**Description:** Weightless water-gel moisturizer hydrates dry, sensitive skin. This refreshing gel formula transforms into a skin-quenching fluid upon application, forming a weightless barrier against environmental assault.

**Top Products to Prescribe:**
- UltraCalming™ Cleanser
- UltraCalming™ Mist
- Barrier Defense Booster

**Key Ingredients:**
- Pyrus Malus (Apple Fruit) Extract and Glycerin: hydrate and soften while defending skin against dryness.
- Opuntia Ficus-Indica (Cactus Pear) Stem Extract: helps soothe sensitivity and imparts water-binding properties to help support healthy moisture balance.
- Sodium Hyaluronate and Hydrolyzed Sodium Hyaluronate: form a Dual Hyaluronic Acid technology that works in different skin surface layers to increase and lock in moisture.
- Aloe Vera Leaf Juice: hydrates skin to help relieve irritation from dryness.

**Application:**
Squeeze a small amount into palm and rub hands together to activate. Pat gently onto face, neck and chest. Use twice a day for continuous relief.

**Professional Application:**
1. Following the application of prescribed Dermalogica Toner, apply Calm Water Gel evenly to the face, neck and chest then blend with the fingertips.
2. Customize with prescribed Dermalogica Concentrated Booster.

**Key Ingredients:**
- Pyrus Malus (Apple Fruit) Extract and Glycerin: hydrate and soften while defending skin against dryness.
- Opuntia Ficus-Indica (Cactus Pear) Stem Extract: helps soothe sensitivity and imparts water-binding properties to help support healthy moisture balance.
- Sodium Hyaluronate and Hydrolyzed Sodium Hyaluronate: form a Dual Hyaluronic Acid technology that works in different skin surface layers to increase and lock in moisture.
- Aloe Vera Leaf Juice: hydrates skin to help relieve irritation from dryness.

**Benefits / Top Retailing Points:**
- Provides immediate hydration to dry, irritated skin.
- Softens, soothes and calms.
- Locks in moisture and defends skin against dryness.
**barrier repair**

**description**
A unique anhydrous moisturizer that melts gently into sensitized skin to soothe and reinforce the protective barrier.

**top products to prescribe**
- UltraCalming™ Cleanser
- UltraCalming™ Serum Concentrate

**application**
Apply a small amount evenly over face and throat with light, upward strokes. Best used following UltraCalming™ Mist and UltraCalming™ Serum Concentrate. Use twice daily, morning and night.

**professional application**
1. After application of UltraCalming™ Mist and UltraCalming™ Serum Concentrate, apply a small amount of Barrier Repair over face and throat with light, upward strokes.
2. Optional: Super Sensitive Shield SPF30 can be applied after Barrier Repair for UV daylight protection.

**key ingredients**
- UltraCalming™ Complex: helps reduce sensitivity, redness, irritation and inflammation.
- Ascorbyl Palmitate, Tetrahexyldecyl Ascorbate and Tocopheryl Acetate: vitamins C and E help combat free radicals and stimulate collagen formation.
- Avena Sativa (Oat) Kernel Oil: an enriched Oat extract with natural antioxidants and fatty acids that reduces irritation and reinforces the barrier lipid layer.
- Oenothera Biennis (Evening Primrose) Oil: skin nutrient high in gamma linoleic acid (GLA) to reinforce the barrier lipid layer.
- Borago Officinalis (Borage Seed) Oil: high in gamma linoleic acid, this is a fatty acid that is also required for intact epidermal lipid bilayers.
- Silicones: fortify skin’s natural defense against the environment and dehydration.

**benefits / top retailing points**
- Creates a shield against environmental assault to help prevent further damaging assaults.
- Silicones reinforce lipid barrier layer.
- Provides a smooth, even base, ideal for preparing skin for make-up application.

**super sensitive shield spf30**

**description**
Physical, Broad Spectrum sunscreen ideal for sensitized, reactive and recently resurfaced skin.

**top products to prescribe**
- UltraCalming™ Cleanser

**application**
After cleansing and toning, apply evenly and liberally to face, preferably 30 minutes prior to sun exposure. May be applied after or instead of prescribed Dermalogica Moisturizer. For continuous protection, apply regularly. Reapply as needed after swimming or exercise.

**warnings**
For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If irritation develops, discontinue use. Do not use on infants under 6 months old.

**active ingredients**
- Titanium Dioxide
- Zinc Oxide

**key ingredients**
- UltraCalming™ Complex: helps reduce sensitivity, redness, irritation and inflammation.
- Citrullus (Watermelon), Lens Esculenta (Lentil) Extract and Pyrus Malus (Apple) Fruit Extract: a phytochemical blend that delivers immediate hydration, soothes and strengthens connective tissues.
- Dipotassium Glycyrrhizate (Licorice) and Camellia Sinensis (Green Tea) extracts: contain soothing isoflavonoid polyphenols to calm irritation.
- Sodium Hyaluronate: helps maintain optimal hydration and improves elasticity.
- Dimethicone: a skin conditioning silicone that protects and reinforces barrier lipids, which are often compromised in sensitized skin conditions.

**benefits / top retailing points**
- Micronized, mineral sunscreens help shield against photodamage and provide maximum protection against UVA and UVB rays.
- Formulated specifically for sensitized skin using only natural mineral UV protectors (no chemical sunscreens).
- Antioxidants and botanical extracts help guard against premature aging and irritation.
- Sheer formula provides optimal hydration and helps protect and reinforce barrier lipids.
Acne is the number one issue for most of the population. Breakouts can occur at any age, but they are most common in teens, young adults and women due to hormonal changes. While relief is often promised by acne treatments and medications on the market, many people are unsatisfied with the results. Too many clients are in the dark about what type of acne they have, and unsure how to effectively treat it. They are also frustrated by products that take too long to work, or are unpleasant – even painful! – to use!

As a professional skin therapist, you have the expertise and ability to help your clients live their best lives in their healthiest-looking skin. Clear Start™ gives you the versatility to help a wider range of clients obtain lasting results.

Designed especially for breakout-prone skin, Clear Start™ combines potent, breakout-fighting ingredients with gentle, soothing botanicals to leave skin clear and comfortable – not inflamed and irritated.

**What causes breakouts?**

In general, breakouts are caused by buildup of dead skin cells on the surface of the skin, excess sebum or oil, and bacteria. When excess oil and skin cells clump together, they can form an impaction, or plug, in a follicle. Propionibacterium acnes (P. acnes) bacteria lives harmlessly on the skin surface but when trapped inside the follicle, it can grow to cause breakouts. This then results in inflammation, causing the redness and pain that is typically associated with acne.

**Blackheads** are open comedones that turn black not because of dirt but because the oil, dead skin cells and bacteria inside them mix and oxidize, like an apple that has been cut open. This means the follicle is open and still receives oxygen. Some blackheads resolve themselves, or are easily extracted. Others linger and can grow into more severe forms of acne if they become infected or inflamed.

**Whiteheads** are closed comedones that occur just like blackheads. These usually go away on their own but can also grow into more severe forms of acne if they become infected or inflamed.

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**Breakout clearing foaming wash**

**Application**

Morning and night, lather a small amount in damp hands, then massage over the face, neck, and chest to wipe out dirt and breakouts. Avoid the eye area. Rinse thoroughly with warm water.

**Contraindications for use**

Product contains Salicylic Acid and may irritate very sensitive skin. Discontinue use if client experiences undue redness or burning. Not for those who currently take acne medication. For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If aggravation develops, discontinue use. If aggravation persists, consult a health care practitioner. Keep out of reach of children.

**Key Ingredients**

**Salicylic Acid:** a beta hydroxy acid that stimulates natural exfoliation, helping to clear impacted follicles and minimize breakout formation, and reduces inflammation.

**Oleanolic Acid:** an anti-inflammatory and antioxidant compound found in olive tree leaves that helps fight breakout-causing bacteria.

**Enantia Chlorantha (African Whitewood) Bark Extract:** contains anti-inflammatory, antioxidant and sebum-regulating properties.

**Spiraea Ulmaria (Meadowsweet) Extract:** an anti-inflammatory agent that protects against the production and secretion of excess sebum.

**Melaleuca Alternifolia (Tea Tree) Leaf Oil:** an antiseptic and antimicrobial that kills bacteria, aids in healing and helps soothe the skin.

**Benefits / Top Retailing Points**

Deep cleans and purifies skin of dirt, oil and breakout-causing bacteria without stripping.

Clears and soothes the skin with botanicals.

Can be used all over face and body to treat and help prevent future breakouts.

Revives, energizes and refreshes the skin.
clear start™
| retail products  | breakout clearing all over toner

**skin condition**
Younger, breakout-prone skin.

**description**
A clearing, refreshing mist for the face and body that controls excess oils and helps eliminate breakouts.

**top products to prescribe**
- Breakout Clearing Foaming Wash
- Skin Soothing Hydrating Lotion

**application**
Morning and night, after cleansing with Breakout Clearing Foaming Wash, spray over the entire face with eyes closed, neck and anywhere on the body that is prone to breakouts. Let absorb. Follow with prescribed Clear Start™ Moisturizer.

**contraindications for use**
Product contains Salicylic Acid and may irritate very sensitive skin. Discontinue use if client experiences undue redness or burning. Not for those who currently take acne medication. For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If aggravation develops, discontinue use. If aggravation persists, consult a health care practitioner. Keep out of reach of children.

**key ingredients**
- **Salicylic Acid**: a beta hydroxy acid that stimulates natural exfoliation, helping to clear impacted follicles and minimize breakout formation, and reduces inflammation.
- **Serenoa Repens (Saw Palmetto), Sesamum Indicum (Sesame) Seed and Argania Spinosa (Moroccan Argan) Kernel Extracts**: a botanical blend that normalizes sebum secretion and helps reduce redness.
- **Citrus Aurantium Amara (Bitter Orange) and Lavandula Angustifolia (Lavender) Oils**: antiseptic, analgesic and anti-inflammatory agents that revive, energize and refresh the senses while treating oily skin problems.
- **Melaleuca Alternifolia (Tea Tree) Leaf Oil**: has antiseptic, analgesic and antibacterial properties, and aids in healing and soothing the skin.
- **Hamamelis Virginiana (Witch Hazel)**: a cooling astringent and antioxidant.

**benefits / top retailing points**
- Allows for optimal moisturizer absorption while controlling excess oil and helping eliminate breakouts.
- Contains gentle botanicals to help calm, cool and revive the skin.
- Can be sprinkled all over face and body throughout the day to help maintain hydration levels and soothe the skin.

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**oil clearing matte moisturizer spf15**

**skin condition**
Younger, breakout-prone skin.

**description**
An ultra-light, non-greasy, hydrating formula that controls oil and shine with an all-over matte finish. SPF15 helps shield against UV rays that can worsen breakouts and cause dark spots.

**top products to prescribe**
- Breakout Clearing Foaming Wash
- Breakout Clearing All Over Toner

**application**
After cleansing with Breakout Clearing Foaming Wash and toning with Breakout Clearing All Over Toner, apply liberally over entire face and neck.

**contraindications for use**
For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If aggravation persists, consult a health care practitioner. Keep out of reach of children.

**key ingredients**
- **Avobenzone, Octinoxate, Octisalate and Oxybenzone**: chemical sunscreens that provide optimal UVA and UVB protection.
- **Salix Alba (Willow) Bark Extract**: a natural source of Salicylic Acid that helps control oil and stimulate exfoliation.
- **Enantia Chlorantha (African Whitewood) Bark Extract**: contains anti-inflammatory, antioxidant and sebum-regulating properties.
- **Silicones**: soothe and protect skin from drying out while product absorbs oil.
- **Betula Alba (Birch) Bark Extract**: has antiseptic and soothing properties to help the skin’s healing process.
- **Arctium Lappa (Burdock) Root Extract**: an anti-inflammatory essential oil that helps hydrate and calm the skin.
skin soothing hydrating lotion

application
After cleansing with Breakout Clearing Foaming Wash and toning with Breakout Clearing All Over Toner, apply over entire face and neck, day and night.

key ingredients
Hyaluronic Acid: seals hydration in the skin and provides protection against environmental assault.
Squalane: prevents moisture loss while restoring skin suppleness.
Naringenin and Panthenyl Triacetate: work synergistically to soothe and nourish dehydrated skin.
Zingiber Officinale (Ginger) Root Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Grandis (Grapefruit) Peel Oils: soothe and protect skin.

benefits / top retailing points
Helps relieve dry, dehydrated skin associated with some prescription acne treatments.
Formulated with gentle botanicals to soothe and protect skin.
Non-medicated, SPF-free formula great for nighttime use.

top products to prescribe
• Breakout Clearing Foaming Wash
• Breakout Clearing All Over Toner

blackhead clearing fizz mask

application
Apply to areas of congestion, and allow 3-5 minutes to fully activate. Rinse thoroughly with tepid water, and follow with your recommended Clear Start™ product. Use 2-3 times per week or as needed.

contraindications for use
For external use only, not to be swallowed. When using this product, skin irritation and dryness are more likely to occur if you use another topical breakout product at the same time. If irritation occurs, only use one topical breakout product at a time. Do not use on broken skin or large areas of the skin.

key ingredients
Sulfur: provides anti-microbial benefits to help clear skin.
Kaolin Clay: absorbs excess oil and purifies the skin.
Pyrus Malus (Apple Fruit) Extract: helps hydrate the skin.

benefits / top retailing points
Unique fizzing formula helps to clear pores and decongest skin.
Facilitates blackhead clearing.
Helps control excess oil.
breakout clearing booster

application
Morning and/or night, apply directly to blemish or breakout area, or apply a thin layer all over the face after toner and under moisturizer for breakout prevention.

contraindications for use
For external use only, not to be swallowed. Avoid contact with eyes. If contact occurs, flush thoroughly with water. If aggravation develops, discontinue use. If aggravation persists, consult a health care practitioner. Keep out of reach of children.

key ingredients
- **Salicylic Acid**: stimulates natural exfoliation, helping to clear impacted follicles and minimize breakout formation.
- **Patented TT Technology and Phytoplankton Extract**: work with skin’s natural microbiome to reduce breakout causing bacteria and help prevent over-drying.
- **Niacinamide**: stimulates the skin’s own anti-bacterial defenses and helps to even skin tone.
- **Seaweed-derived Chondrus Crispus Extract**: locks in moisture to soothe irritated skin.

benefits / top retailing points
- Clears breakout-causing bacteria in 15 minutes.
- Helps boost the skin’s natural defenses against breakout-causing bacteria.
- Soothes breakout-irritated skin.

notes
Skin health is important for your entire body – which is why Dermalogica has Body Therapy products, designed with the same philosophy that looking good is a product of skin health from head to toe. Correct care of the skin on your body is vital to proper health maintenance, as well as the avoidance of the signs of premature aging. The Dermalogica Body Therapy system helps clients create aromatherapeutic and healthy spa experiences in between visits to your skin treatment center, salon or spa.

**Skin condition**
All skin conditions.

**description**
A rich, skin conditioning botanical cleanser for the entire body.

**top products to prescribe**
- Body Hydrating Cream
- Protection 50 Sport SPF50

**application**
Squeeze a small amount into hands. Work into a lather over the entire body and rinse. May also be added directly into running water for a foaming bath soak.

**professional application**
1. Pump a half-teaspoon into hands and create a lather.
2. Apply to the body for removal of scrubs during a spa treatment. Follow with the application of a warm steam towel customized with Calming Botanical Mixer.

**key ingredients**
- Quillaja Saponaria: a naturally foaming extract that gently removes impurities and excess oils.
- Melaleuca Alternifolia (Tea Tree) Leaf, Citrus Medica Limonum (Lemon) Peel, Eucalyptus Globulus (Eucalyptus) and Rosmarinus Officinalis (Rosemary): purifying essential oils that invigorate skin.
- Panthenol (Pro-Vitamin B5), Santalum Album (Sandalwood) and Lavandula Angustifolia (Lavender): help condition skin, leaving it smooth and soft.

**benefits / top retailing points**
Provides soap-free, superior cleansing that’s acid-balanced to prevent over-stripping or over-drying. Leaves skin refreshingly clean and soft. Enriched with moisturizing essential oils to leave skin smooth and supple. Fragrant botanical extracts provide a natural conditioning lather.

**application**
Squeeze a small amount into hands. Work into a lather over the entire body and rinse. May also be added directly into running water for a foaming bath soak.

**professional application**
1. Pump a half-teaspoon into hands and create a lather.
2. Apply to the body for removal of scrubs during a spa treatment. Follow with the application of a warm steam towel customized with Calming Botanical Mixer.
## body hydrating cream

### application
Apply to the body with large sweeping movements.

### professional application
1. Following a spa-style treatment, apply Body Hydrating Cream evenly onto body, concentrating on areas of extra dryness or roughness such as ankles, knees and elbows.

### optional:
- Apply Body Hydrating Cream prior to dipping in Paraffin wax for hand and foot treatments.

### key ingredients
- **Lactic Acid, Saccharum Officinarum (Sugar Cane) and Pyrus Malus (Apple)**: natural hydroxy acid extracts that smooth skin.
- **Camellia Oleifera (Green Tea)**: helps soothe irritation.
- **Lavandula Angustifolia (Lavender), Pogostemon Cablin (Patchouli) and Citrus Aurantium Dulcis (Orange)**: essential oils that soothe and soften skin.
- **Cymbopogon Schoenanthus (Lemongrass)**: naturally fragrant; energizes and revives while toning.
- **Rosmarinus Officinalis (Rosemary)**: provides natural toning; revitalizes skin.

### benefits / top retailing points
- Provides gentle exfoliation and hydration to leave skin toned and smooth.
- Botanical extracts and essential oils moisturize and condition.
- Non-greasy emulsion absorbs easily and provides immediate hydration results.

### skin condition
All skin conditions.

### description
An advanced body cream with hydroxy acids and essential plant oils to smooth and condition skin.

### top products to prescribe
- Conditioning Body Wash
- Body Hydrating Cream

## protection 50 sport spf50

### application
- Apply directly to face and body for full SPF50 coverage, preferably 30 minutes prior to sun exposure.
- Following a spa-style treatment, apply Body Hydrating Cream evenly onto body, concentrating on areas of extra dryness or roughness such as ankles, knees and elbows.

### optional:
- Apply Body Hydrating Cream prior to dipping in Paraffin wax for hand and foot treatments.

### skin condition
All skin conditions.

### description
Water-resistant (40 minutes), Broad Spectrum sun protection for face and body.

### top products to prescribe
- Conditioning Body Wash
- Body Hydrating Cream

### benefits / top retailing points
- Water-resistant (40 minutes) geared for the sport enthusiast.
- Oleosome Technology helps enhance SPF performance and counteracts moisture loss.
- Lightweight formula helps neutralize damage and binds moisture to skin without a greasy after-feel.

### active ingredients:
- Avobenzone
- Octinoxate

### key ingredients
- **Oleosome Microspheres**: a Safflower-derived, sunscreen-filled capsule that enhances SPF performance and counteracts moisture loss.
- **Dipotassium Glycyrrhizate (Licorice) Extract**: an antioxidant that also provides calming and soothing benefits.
- **Sodium Hyaluronate**: hydrates and prevents moisture loss without greasiness.

### active ingredients:
- Avobenzone
- Octinoxate

### key ingredients
- **Avobenzone and Octinoxate**: chemical sunscreens that provide Broad Spectrum UVA and UVB defenses.

### retail
- 5.3 US FL OZ / 156 mL
professional-use-only products

At Dermalogica, our focus has always been on the Professional Skin Therapist. That’s why you’ll find our professional-use-only system is the most robust in the industry – and the most effective for getting treatment room results. Dermalogica’s professional-use-only products are never available to the public, meaning you have exclusive access to the most powerful formulas that deliver immediate results that keep your professional skin treatments thriving.

To use Dermalogica’s professional-use-only products to their maximum potential, experience them hands-on in Dermalogica classes. It’s the only place where your hands and our advanced education combine to create professional treatments and professional results you can’t get with any other product line.

ProSkin Treatments

In addition to Dermalogica professional-use-only products, we also provide economical sizes of many of our retail formulas for the treatment room. These include the treatment essentials, including cleansing, toning, exfoliating and moisturizing, and are designed to work with the entire professional-use-only range.

The following retail products are available in professional sizes:

- cleansers
  - PreCleanse
  - Special Cleansing Gel
  - Skin Resurfacing Cleanser
  - UltraCalming® Cleanser

- exfoliants
  - Daily Microfoliant®
  - MultiVitamin Therafoliant®
  - Daily Superfoliant™

- masques
  - MultiVitamin Power Recovery® Masque

- toner
  - Multi-Active Toner
  - Antioxidant HydraMist
  - UltraCalming™ Mist

- moisturizers
  - Active Moist
  - Skin Smoothing Cream
  - Intensive Moisture Balance
  - Super Rich Repair
  - Calm Water Gel
  - UltraCalming® Serum Concentrate

- targeted treatments
  - UltraCalming® Serum Concentrate
  - Barrier Defense Booster

- moisturizers with spf
  - Dynamic Skin Recovery SPF50
  - SkinPerfect Primer SPF30
  - Solar Defense Booster SPF50

- eye treatments
  - MultiVitamin Power Firm
  - Stress Positive Eye Lift

- body therapy
  - Conditioning Body Wash
  - Bodily Hydrating Cream

- professional-use-only range
  - The professional-use-only range contains the most innovative and most powerful Dermalogica products. Due to the high concentration of actives, we advise that you carefully read all information before treatment room usage and follow all professional application directions.

Dermalogica professional cleansers are available in larger, economical sizes to help maximize profits with every service. Soap-free and pH-balanced, they work to protect the skin’s natural moisture barrier while effectively lifting skin-dulling debris. The unique Dermalogica Double Cleanse routine, developed by The International Dermal Institute for the Dermalogica skin care professional, is the critical first step in every Dermalogica professional treatment. Equip your trolley with PreCleanse, and each skin condition-specific Dermalogica Cleanser, to ensure your client’s healthiest, cleanest skin ever.
The human skin sheds about 35,000 skin cells every hour. As our skin cells renew from the deepest layer of the epidermis, the more surface cells harden and lose moisture. Eventually these cells detach from skin (via desquamation) and are replaced by younger cells moving up from the deeper layers. The rate at which new cells form in the Stratum Germinativum (also known as Stratum Basale) is known as cell renewal rate; the time it takes for the cells to form in these deeper layers until the time of desquamation is known as the cell turnover time. Desquamation also eliminates damaged and contaminated cells that carry pollutants and microorganisms from the environment. These superficial skin cells don’t always effectively fall from skin and may cause clogging and congestion while leaving the skin’s surface dry and dull-looking. As we age, desquamation and cell turnover slow down, making professional exfoliation critical to removing the accumulation of cells that give a dry, dull appearance to the skin. Through professional resurfacing, these dullying skin cells are effectively removed, and newer cells are revealed for a fresher, healthier appearance. Similarly, removing the excess barricade of cells from the skin’s surface helps ingredients penetrate through the skin. As such, exfoliation is a critical step in any skin health regimen.

Dermalogica’s exfoliants combine many unique technologies, ensuring maximum effectiveness and the utmost safety. Depending on the formula, your Dermalogica Exfoliant can include Lactic Acid, Salicylic Acid, Retinol or enzyme peeling to give a total exfoliation system. When The International Dermal Institute developed The Dermalogica Bioactivity Score, it was created to establish the strength of Dermalogica Exfoliants and help with the proper selection of products. The Dermalogica Bioactivity Score also enables you to customize our chemical exfoliants while maintaining an understanding of the relative strength and intensity when two products are mixed. In order to understand how The Dermalogica Bioactivity Score works, it is necessary to explain how it was established.

The dermalogica bioactivity score

Each of the exfoliation products was given a BioActivity Score based on four specific criteria of the formula: 1) the concentration of Lactic Acid, 2) the concentration of Salicylic Acid, 3) the pH of the formula and 4) the presence of other exfoliating agents such as Papain, Bromelain, Retinol, Rice Bran, Rice Extract, and agents in Exfoliant Accelerator 35, including Galactoarabian, Aminopeptidase, and Hexanoyl Dipeptide-3 Nortocine Acetate. A point system was devised for each of these four categories that reflects the concentration or activity of the ingredients. For example, the Salicylic Acid concentration was analyzed and points were assigned accordingly. If the product formula contains less than 1% of Salicylic Acid then it received 1 point for this category. If it contains 1.1 – 3% Salicylic Acid, it received 2 points. From 3.1 – 5%, 3 points were assigned, and from 5.1 and up, 4 points were assigned. A similar analysis was conducted for the Lactic Acid concentration, the pH and the concentration of other exfoliating agents (as listed above). The scores were then added together to give the final BioActivity Score for each product.
calculating bioactivity scores

The calculation of the BioActivity Scores for customized combinations is done by adding the BioActivity Scores of the individual products and divide by the number of products mixed. For example:

**Daily Microfoliant®** (5) + **MultiVitamin Power Exfoliant** (25) = 30
30 divided by 2 (the number of products) = 15

**Daily Microfoliant®** mixed with **MultiVitamin Power Exfoliant** has a BioActivity Score of 15.

exfoliation product selection and instructions

<table>
<thead>
<tr>
<th>dermalogica product</th>
<th>bioactivity score</th>
<th>skin condition</th>
<th>application</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily Microfoliant® <strong>5</strong></td>
<td>5</td>
<td>All</td>
<td>Mix ½ teaspoon of powder into very wet hands, create a paste (adding more water if needed) and massage over cleansed skin for 1 minute. Remove with damp sponges or a steam towel customized with Calming Botanical Mixer.</td>
</tr>
<tr>
<td>Daily Superfoliant™ <strong>9</strong></td>
<td>9</td>
<td>All, especially prematurely-aging or aging skin</td>
<td>Dispense ½ teaspoon of Daily Superfoliant™ into a jelly cup and mix with water. Apply with a fan masque brush over cleansed skin. Massage with light circular motions for up to 1 minute. Avoid the eye area. Remove with damp sponges and/or a steam towel customized with Calming Botanical Mixer.</td>
</tr>
<tr>
<td>MultiVitamin Thermafoliant® <strong>10</strong></td>
<td>10</td>
<td>Prematurely-aging or aging</td>
<td>Apply ½ tablespoon amount to damp face and neck. Massage in light circular motions for 1-2 minutes. Remove with damp sponges or a steam towel customized with Calming Botanical Mixer. Option: Apply to dry skin and massage in light circular motions, and activate with warm water for 2 minutes.</td>
</tr>
<tr>
<td>Daily Microfoliant® + MultiVitamin Power Exfoliant <strong>15</strong></td>
<td>15</td>
<td>All</td>
<td>Dispense ½ teaspoon Daily Microfoliant® into a cup and mix with water. Add 1 tube MultiVitamin Power Exfoliant to create a paste. Massage over face for 1-2 minutes; avoid eye area. Remove with damp sponges or a steam towel customized with Calming Botanical Mixer.</td>
</tr>
<tr>
<td>Daily Exfoliant Accelerator <strong>35</strong></td>
<td>20</td>
<td>All</td>
<td>Dispense ½ teaspoon Daily Microfoliant® into a cup and mix with water. Add 1 pump (¼ teaspoon) of Exfoliant Accelerator 35 to create a paste. Mix and massage over face for 2-3 minutes. Remove with damp sponges or a steam towel customized with Calming Botanical Mixer.</td>
</tr>
<tr>
<td>MultiVitamin Thermafoliant® + Exfoliant Accelerator <strong>35</strong></td>
<td>22.5</td>
<td>Prematurely-aging or aging skin. Not for sensitized or skin with an impaired barrier</td>
<td>Massage ½ tablespoon of MultiVitamin Thermafoliant® over dry skin, then activate with 1 pump of Exfoliant Accelerator 35 into hands and massage over skin for 3 minutes, dipping fingertips into warm water if necessary to create a creamy thermal skin polisher. Remove with damp sponges or a steam towel customized with Calming Botanical Mixer.</td>
</tr>
<tr>
<td>MultiVitamin Power Exfoliant <strong>35</strong></td>
<td>35</td>
<td>Prematurely-aging or aging skin. Not for sensitized or skin with an impaired barrier</td>
<td>Apply contents of one tube to face, neck and chest. Massage tightly for 3-7 minutes (depending on skin condition). Avoid eye area. Remove with Dermatologica Double Cleanse beginning with PreCleanses, followed by Special Cleansing Gel.</td>
</tr>
<tr>
<td>MultiVitamin Power Exfoliant + Exfoliant Accelerator <strong>35</strong></td>
<td>30</td>
<td>Prematurely-aging or aging skin. Not for sensitized or skin with an impaired barrier</td>
<td>Mix 1 tube MultiVitamin Power Exfoliant with 1 (using ½ teaspoon) of Exfoliant Accelerator 35. Massage with fingertips over entire face for 3-7 minutes (depending on skin condition). Avoid eye area. Remove with Dermatologica Double Cleanse beginning with PreCleanses, followed by Special Cleansing Gel.</td>
</tr>
<tr>
<td>Exfoliant Accelerator <strong>35</strong></td>
<td>35</td>
<td>Prematurely-aging or aging skin. Not for sensitized or skin with an impaired barrier</td>
<td>Dispense 2-3 pumps and apply to face, neck and chest. Massage gently over skin for 3-10 minutes (depending on skin condition). Avoid eye area. Remove with Dermatologica Double Cleanse beginning with PreCleanses, followed by Special Cleansing Gel.</td>
</tr>
</tbody>
</table>

Contraindications to exfoliation: Medically prescribed exfoliants, impaired barrier, inflamed active acne, recently resurfaced or waxed skin.

Precaution: When using any professional exfoliants on your clients’ skin, monitor for stinging and any signs of inflammation. Remove immediately if the product causes any discomfort.

notes

The book
description
This low pH (3.2) concentrate in a Chamomile Extract base contains skin smoothing ingredients including Lactic Acid, peptides and enzymes from bacteria and Papaya, plus fermentation enzymes to boost exfoliation. Exfoliant Accelerator 35 is a highly active concentrate that may be used undiluted on skin or added to Dermalogica chemical exfoliants to intensify and accelerate exfoliation activity.

bioactivity score 35

contraindications for use
If applying Exfoliant Accelerator 35 undiluted on skin, use extreme caution. Do not leave client unattended.

This product is for professional use only and not intended for consumer retail or home use. Use only if trained by Dermalogica.

Do not use if skin is sensitive, sunburned, irritated or within 24 hours of waxing. Double cleanse immediately if product causes discomfort. If you suspect your client could be sensitive or sensitized and may respond adversely to Exfoliant Accelerator 35 prior to treatment, patch test on a small area behind the ear or inner arm (inside elbow) to evaluate skin response and potential for irritant contact dermatitis.

Clients using Retin-A, Panoxyl, adapalene or any medically-prescribed exfoliating product must discontinue use at least two weeks before undergoing this treatment.

Clients who are taking isotretinoin (sometimes marketed as Accutane), or have taken isotretinoin within the past 6 months, should not receive any exfoliation treatments. Slight tingling, mild itching or some temporary skin redness are normal reactions to a highly-active exfoliant. Use of this product by untrained, unlicensed persons may result in extreme skin irritation, skin lifting or injury.

professional application
1. Apply a thin layer of Colloidal Masque Base around the eyes, nasolabial folds and lips to avoid contact with potentially fragile areas.
2. Dispense 2 to 3 pumps of Exfoliant Accelerator 35 into hands and apply to the face, neck and chest using spreading movements to evenly distribute over skin. Avoid eye area.
3. Use continuous, light effleurage movements to massage Exfoliant Accelerator 35 over the skin to dissipate any irritation or tingling.
4. For sensitive skin: leave on for 3 to 5 minutes. Do not use steam.
5. For coarser skin: leave on for 7 to 10 minutes. Can be used under steam.
6. Assess the skin throughout the treatment, monitoring for excessive redness. Remove immediately if client experiences discomfort, or irritation is severe.
7. Remove thoroughly with the Dermalogica Double Cleanse that begins with PreCleanse, followed by Special Cleansing Gel.

contraindications for use

key ingredients
Lactic Acid: an alpha hydroxy acid that smooths and retexturizes. Formulated to work in harmony with other AHA and BHA products as part of a dual exfoliation approach.

Galactoarabinan: a complex sugar molecule that stimulates skin’s natural exfoliation process while enhancing AHA-induced exfoliation.

Hexanoyl Dipeptide-3 Nortescine Acetate: an encapsulated peptide that competes with the two natural proteins that contribute to the desmosome connection between cells, therefore weakening the snap-like connection and facilitating cell sloughing.

Protease Enzyme / Aminopeptidase / Bacillus Ferment: a source of bacterial protease enzymes that helps loosen cell cohesion while stimulating digestion of Keratin protein in the epidermis.

Papaya Juice Enzymes: a rich source of Papain, a proteolytic enzyme that digests Keratin protein, helps slough off dead skin cells and improves skin smoothness.

Mix Exfoliant Accelerator 35 with other Dermalogica professional exfoliants:

<table>
<thead>
<tr>
<th>Product</th>
<th>Measurement</th>
<th>Exfoliant Accelerator 35</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily Microfoliant®</td>
<td>½ teaspoon</td>
<td>1 pump (¼ teaspoon)</td>
</tr>
<tr>
<td>Daily Superfoliant®</td>
<td>We do not recommend using this product with Exfoliant Accelerator 35</td>
<td></td>
</tr>
<tr>
<td>MultiVitamin Thermafoliant®</td>
<td>Approximately ½ tablespoon</td>
<td>1 pump (¼ teaspoon)</td>
</tr>
<tr>
<td>MultiVitamin Power Exfoliant</td>
<td></td>
<td>1 tube MultiVitamin Power Exfoliant</td>
</tr>
<tr>
<td>Exfoliant Accelerator 35</td>
<td>2-3 pumps</td>
<td></td>
</tr>
</tbody>
</table>

Use all products as directed. If using MultiVitamin Power Exfoliant or Exfoliant Accelerator 35 alone, perform the Dermalogica Double Cleanse that begins with PreCleanse, followed by Special Cleansing Gel.

Additional professional-use-only Exfoliants can be found within the AGE Smart® and Daily Skin Health sections.

benefits
Provides intense exfoliation, leaving skin smooth and optimally prepped for subsequent treatment products. Accelerates the activity and exfoliation efficacy of select Dermalogica professional Exfoliants. Allows for customization of professional resurfacing. Helps stimulate cell renewal and cell turnover rates to help smooth skin while improving texture and tone.
multivitamin power exfoliant

contraindications for use
MultiVitamin Power Exfoliant must be removed with the Dermalogica Double Cleanse that begins with PreCleanse, followed with Special Cleansing Gel to ensure proper removal of this oil-based product.

Do not use if skin is sensitive, sunburned, irritated or within 24 hours of waxing. Rinse off immediately if product causes discomfort. If you suspect your client could be sensitive or sensitized and may respond adversely to MultiVitamin Power Exfoliant prior to treatment, patch test on a small area behind the ear or inner arm (inside elbow) to evaluate skin response and potential for irritant contact dermatitis.

Clients using Retin-A, Renova, Adapalene or any other exfoliating topical medication must discontinue use at least two weeks before undergoing treatment. Clients who are taking Isotretinoin (sometimes marketed as Accutane) or have taken Isotretinoin within the past 6 months should not receive any exfoliation treatments. Evaluate the integrity of skin’s barrier layer prior to use.

This product contains Vitamin A. Consult a physician prior to use on pregnant women.

professional application
1. Twist open applicator tube and dispense fluid onto face, neck and chest with light, circular movements. Replace cap if all of product is not used.
2. Use carefully around the eye and lip areas to avoid direct contact with the eyes and mouth. A thin layer of Colloidal Masque Base can be applied to eye, lip and nasal fold areas.
3. Lightly massage product over skin with fingertips. Pay special attention to areas of visual dryness, fine lines and sun damage.
4. For sensitive skin: Leave on for 3 to 5 minutes. Do not use steam.
5. For coarser skin: Leave on for 4 to 7 minutes. Use of steam is optional.
6. Assess the skin throughout the treatment. Remove immediately if discomfort or irritation is severe.
7. Dampen gauze with cold water to remove MultiVitamin Power Exfoliant. Perform the Dermalogica Double Cleanse that begins with PreCleanse, followed with Special Cleansing Gel. Remove with a steam towel.

benefits
Contains a higher, more effective concentration of Salicylic Acid for optimum exfoliation.

Packaging can be resealed for multiple treatment use.

Unique lipid base that allows for massage application and maximum penetration while minimizing client sensitivity.

bioactivity score 25

key ingredients
Retinol (Vitamin A): helps increase skin elasticity and helps reverse the signs of prematurely-induced photoaging.

Ascorbyl Palmitate (Vitamin C) and Tocopheryl Acetate (Vitamin E): antioxidants that improve skin smoothness and softness, and help control damage caused by free radicals.

Lactic Acid: an alpha hydroxy acid that smooths and retexturizes.

Salicylic Acid: a beta hydroxy acid that optimizes exfoliation of skin cells.

contraindications for use
A maximum strength exfoliant in a lipid base for optimal skin smoothness with minimal irritation. Salicylic Acid concentrate provides faster, more intense exfoliation and delivery of treatment room results. This formula effectively removes dulling surface debris from the Stratum Corneum to reveal a fresher-looking, healthier new layer of skin, and improves penetration of subsequent active ingredients.

bioactivity score 25

key ingredients
Retinol (Vitamin A): helps increase skin elasticity and helps reverse the signs of prematurely-induced photoaging.

Ascorbyl Palmitate (Vitamin C) and Tocopheryl Acetate (Vitamin E): antioxidants that improve skin smoothness and softness, and help control damage caused by free radicals.

Lactic Acid: an alpha hydroxy acid that smooths and retexturizes.

Salicylic Acid: a beta hydroxy acid that optimizes exfoliation of skin cells.
After cleansing and resurfacing, extractions are one of the most important modules of any ProSkin treatment, and possibly the most technically difficult. To aid in the hygienic removal of comedones and congestion, Dermalogica's professional extraction formulas are made from naturally anti-bacterial botanical extracts. They achieve the necessary softening of the skin and provide antiseptic post-care to minimize inflammation and breakouts.

### multi-active scaling gel

**Skin Condition**
Congested areas of skin prone to comedones.

**Description**
A versatile, multi-purpose gel that can be used alone to facilitate extractions, or mixed with a cleanser or exfoliant for an intensified effect.

**Professional Application**
1. Dispense ½ pump to 1 pump of Multi-Active Scaling Gel into a cup.
2. Using Fan Masque Brush, apply a thin layer to areas of congestion. Allow gel to activate and soften impactions for 3 minutes.
   - a. Option: use with steam.
   - b. Modality option: increase softening with galvanic desincrustation, microcurrent specific iontophoresis or ultrasonic, all on the negative mode.
3. Perform the Dermalogica Extraction Technique, then remove Multi-Active Scaling Gel with sponges and water.
4. Wipe extracted areas with Post Extraction Solution.

**Key Ingredients**
- **Spirea Ulmaria (Meadowsweet) Extract:** Gallotannins and ellagitannins from Meadowsweet help regulate sebum production and secretion, which is complemented by the astringent effect of the tannins. This aids in maintaining a healthy balance on the skin to help with pore blockages.
- **Hydrolyzed Viola Tricolor Extract:** Also known as wild pansy, Viola Tricolor is rich in polysaccharides and delivers powerful hydration by enhancing skin’s ability to retain moisture.
- **Aloe Vera Leaf Juice:** The Aloe Vera plant has been known and used for centuries for health, beauty, medicinal and skin care purposes. It’s rich in 75 potentially active vitamins, enzymes, minerals, sugars, lignin, saponins and amino acids, making it ideal for supporting skin health during and after treatments. Mucopolysaccharides help bind moisture into the skin, while six natural antiseptic agents soothe.

**Benefits**
- Opens pores to facilitate extractions.
- Ideal for deep cleansing and deep resurfacing.
- Helps regulate sebum production.

**Professional Use Only**
Not for retail sale.
post extraction solution

**description**
A liquid solution that helps soothe inflamed, irritated skin while creating an antiseptic environment.

**skin condition**
Areas of the skin where extractions have been performed.

**benefits**
- Medicates and purifies follicles.
- Speeds clearing of existing breakouts and prevents future breakouts.
- Reduces redness and inflammation.
- Good to use on post-waxed skin.
- Use prior to professional exfoliation to help remove excess sebum.

**key ingredients**
- Melaleuca Alternifolia (Tea Tree) Oil encapsulated in Cyclodextrin: aids in soothing and purifying skin while reducing comedones.
- Salicylic Acid: stimulates natural exfoliation, helping to clear impacted follicles and minimize acne formation.
- Centipeda Cunninghamii (Sneezeweed): a plant extract; helps soothe inflamed, irritated skin.

**professional application**
2. Apply 1 to 2 pumps of solution to dry cotton pad and apply to areas where extractions were performed.
3. **optional:**
   - Direct High Frequency can be utilized prior to Post Extraction Solution or after Post Extraction Solution on thoroughly dry skin.

**notes**

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8 US FL OZ / 237 mL
One of the most exciting elements of treatment customization is the massage. It not only relaxes your clients, it helps open the door to sharing your knowledge and starting a conversation about the benefits of regular skin treatments. Dermalogica’s exclusive Touch Therapies are built upon the power of touch, which can help lower stress levels; stimulate lymph flow, circulation and tissue regeneration; alleviate pain and ultimately improve the condition of the skin.

Most professional skin therapists want to include some form of Touch Therapy or massage technique during a skin treatment. Whether you use a European-style massage or Touch Therapy for your client, Dermalogica Additives can help you customize and enhance the massage portion of your skin treatments. The Additives use synergistic, concentrated blends of naturally-derived oils with light textures, pleasant aromas and therapeutic benefits. Each carefully-blended formula contains:

• A unique trio of carrier oils to help stabilize and prevent the evaporation of essential oils upon contact with the skin, and provide a lubricant base that aids in movement and skin absorption during massage.

Individual plant-based therapeutic oils for proven skin health benefits. They are ideal for all aromatherapy, Pressure Point and Lymph Drainage techniques, and can be used alone or beneath the Dermalogica Massage Cream.

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• Individual plant-based therapeutic oils for proven skin health benefits. They are ideal for all aromatherapy, Pressure Point and Lymph Drainage techniques, and can be used alone or beneath the Dermalogica Massage Cream.

All skin conditions suited to European Massage.

This fragrance-free, oil-rich cream melts and liquifies on contact with skin’s warmth. Provides easy slip and glide for the full massage portion of a skin treatment without skin drag and is ideal for use with Dermalogica Additives.

Non-comedogenic.

Long-lasting slip-and-glide without mineral oil or heavy residue.

Water-soluble for easy removal.

Safflower Oil: a rich source of essential fatty acids; aids in skin lubricity.

Malva Sylvestris (Mallow), Hedera Helix (Ivy), Cucumis Sativus (Cucumber) Fruit, Sambucus Nigra Flower and Arnica Montana Flower: extracts that help soothe and moisturize.

Apply approximately 1/2 tablespoon (walnut-size) to the upper arms, shoulders, upper chest, neck and face. Spread and proceed with the massage routine.

If more slip-and-glide is needed, simply add warm water to your hands and continue with massage.

Remove with warm water and sponges or a steam towel before the application of IonActives Serums or masques.

Lightly press 4 to 6 drops of prescribed Additive into skin prior to Massage Cream application.

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• Individual plant-based therapeutic oils for proven skin health benefits. They are ideal for all aromatherapy, Pressure Point and Lymph Drainage techniques, and can be used alone or beneath the Dermalogica Massage Cream.

All skin conditions suited to European Massage.

This fragrance-free, oil-rich cream melts and liquifies on contact with skin’s warmth. Provides easy slip and glide for the full massage portion of a skin treatment without skin drag and is ideal for use with Dermalogica Additives.

Non-comedogenic.

Long-lasting slip-and-glide without mineral oil or heavy residue.

Water-soluble for easy removal.

Safflower Oil: a rich source of essential fatty acids; aids in skin lubricity.

Malva Sylvestris (Mallow), Hedera Helix (Ivy), Cucumis Sativus (Cucumber) Fruit, Sambucus Nigra Flower and Arnica Montana Flower: extracts that help soothe and moisturize.
clearing additive

**Skin Condition:** Oily, breakout-prone skin.

**Description:** An anti-bacterial blend of essential oils in a plant oil base that helps purify and balance breakout-prone skin.

**Professional Application:**
1. Dispense 4–6 drops into your hand. Avoid touching the nozzle to ensure adequate hygiene.
2. Gently press (do not rub) Additive onto your client’s skin.
3. Proceed with a Dermalogica Touch Therapy or other professional massage technique.
4. **Optional:** For a European-style massage, apply prior to use of Massage Cream.

**Benefits:**
- Helps control breakouts and excess oil production.
- Helps detoxify the skin.
- Helps reduce inflammation and aids healing.

**Key Ingredients:**
- *Cananga Odorata* (Ylang Ylang), *Aniba Rosaeodora* (Rosewood), and *Cymbopogon Schoenanthus* (Lemongrass): essential oils that clarify and detoxify the skin.
- *Limnanthes Alba* (Meadowfoam) Seed Oil: stabilizes the formula and provides exceptional moisturizing properties to the skin.
- *Argania Spinosa* (Argan) Oil: helps replenish the skin’s barrier lipid layer while fighting against free radicals.

**Contraindications for Use:**
Do not use on pregnant women.

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revitalizing additive

**Skin Condition:** Dry, aging, thin skin.

**Description:** A therapeutic blend of essential oils in a plant oil base that helps renew, smooth and protect the skin.

**Professional Application:**
1. Dispense 4–6 drops into your hand. Avoid touching the nozzle to ensure adequate hygiene.
2. Gently press (do not rub) Additive onto your client’s skin.
3. Proceed with a Dermalogica Touch Therapy or other professional massage technique.
4. **Optional:** For a European-style massage, apply prior to use of Massage Cream.

**Benefits:**
- Renews lackluster skin.
- Promotes circulation and gently stimulates skin tissues.
- Alleviates skin dryness.
- Helps promote relaxation and strengthen mental concentration.

**Key Ingredients:**
- *Camellia Japonica* (Rose of Winter) Seed Oil: rich in essential fatty acids; aids in collagen synthesis.
- *Santalum Album* (Sandalwood), *Citrus Aurantium* (Neroli) and *Lavandula Angustifolia* (Lavender): essential oils that aid in skin renewal and hydration.
- *Limnanthes Alba* (Meadowfoam) Seed Oil: stabilizes the formula and provides exceptional moisturizing properties to the skin.
- *Argania Spinosa* (Argan) Oil: helps replenish the skin’s barrier lipid layer while fighting against free radicals.

**Contraindications for Use:**
Do not use on pregnant women.
soothing additive

**skin condition**
Sensitive or sensitized skin.

**description**
A calming blend of essential oils in a plant oil base that helps reduce redness and skin sensitivity.

**professional application**

1. Dispense 4–6 drops into your hand. Avoid touching the nozzle to ensure adequate hygiene.
2. Gently press (do not rub) Additive onto your client’s skin.
3. Proceed with a Dermalogica Touch Therapy or other professional massage technique.
4. Optional:
   - For a European-style massage, apply prior to use of Massage Cream.

**benefits**
Relieves skin sensitivity from hay fever, asthma, pollution, smoking and allergies.
Soothes stressed skin.
Helps quiet the mind and alleviate sinus tension.

**key ingredients**
- Avena Sativa (Oat) Kernel Oil: helps soothe skin and reinforce the barrier lipid layer.
- Lavandula Angustifolia (Lavender), Eucalyptus Globulus (Eucalyptus) and Cupressus Sempervirens (Cypress): essential oils that calm the skin and promote healing.
- Limnanthes Alba (Meadowfoam) Seed Oil: stabilizes the formula and provides exceptional moisturizing properties to the skin.
- Argania Spinosa (Argan) Oil: helps replenish the skin’s barrier lipid layer while fighting against free radicals.
- Oryza Sativa (Rice) Bran Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Helianthus Annuus (Sunflower) Extract and Tocopherol: blend provides superior oxidative protection for therapeutic oils and essential oils.

**contraindications for use**
Do not use on pregnant women.
Customization is what makes a Dermalogica ProSkin Treatment so effective, and our powerful customization formulas take every skin treatment to a whole new level. Add Calming Botanical Mixer to customize your treatment products such as Cleansers, Masques or Moisturizers. It may also be incorporated into your cleansing water or steam towels for added aromatic skin care benefits.

Calming Botanical Mixer also acts as an oil-free massage medium when performing one of Dermalogica’s Touch Therapy massages. This oil-free blend with active botanicals is both powerful and aromatic. A water-soluble floral water base with hydroessential blends to enhance performance and customize almost all treatment products.

IonActive™ Serums are aqueous, positively-charged and ionizable concentrates can be converted to electrically-charged solutions for optimal penetration into the skin. Each IonActive is formulated to address a specific skin concern.

Calming Botanical Mixer also acts as an oil-free massage medium when performing one of Dermalogica’s Touch Therapy massages. This oil-free blend with active botanicals is both powerful and aromatic. A water-soluble floral water base with hydroessential blends to enhance performance and customize almost all treatment products.

**Skin Condition:** All skin conditions.

**Description:** Hydroessentials that help calm and soothe the skin.

**Professional Application**

**Option 1**
Use 6 to 10 drops directly on skin for an oil-free aromatherapy massage, to customize any Dermalogica Touch Therapy or in the Dr. Lucas Pulverizer for an aromatic infusion.

**Option 2**
Mix 2 to 3 drops into prescribed Dermalogica Cleanser, Daily Microfoliant®, Barrier Repair, Colloidal Masque Base, Clinical Oatmeal Masque and/or prescribed Dermalogica Moisturizer to intensify the soothing and calming effects. Or, use directly on skin for concentrated effects.

**Option 3**
Mix into cleansing water to create aromatic water or to customize steam towels.

**Key Ingredients**
Santalum Album (Sandalwood), Lavandula Angustifolia (Lavender) and Eucalyptus Globulus (Eucalyptus) Leaf: extracts that calm and soothe sensitized skin conditions.

**Benefits**
Can be blended into most Dermalogica products to customize treatments, intensify benefits, address specific skin concerns and add aromatherapeutic benefits.

Completely water-soluble, making it easy to blend and remove from skin.

Ideal for skin conditions intolerant of oil-based massage formulations.
retinol 1% ionactive™ serum

**skin condition**
Mature or prematurely-aging skin.

**description**
A firming ionizable serum with 1% microencapsulated Retinol that addresses visible signs of skin aging including fine lines, discoloration and uneven skin texture.

**professional application**
1. Apply an almond-sized amount to the face, neck and chest or appropriate areas for your client. Spread lightly, do not rub. Avoid eyes and lips.

**optional:**
For increased penetration and results, use with an electrical modality. Professional masques, including Geloid Masques, may also be applied over this serum.

**contraindications for use**
Do not use on a client who:
- Is taking or has taken Isotretinoin (Accutane) within the last 6 months.
- Has received Botox or other injectables within the past 5 days.
- Is using or has used Retin-A, Renova, Adapalene or any other medically-prescribed exfoliating product within the last 2 weeks.
- Is pregnant or lactating. These clients should consult their physician prior to treatment.
- Has been waxed within the last 72 hours.
- Has open cuts, wounds or abrasions on the skin.

**benefits**
- Promotes skin regeneration while evening out skin tone and texture.
- Helps decrease skin sagging while providing a firming effect.
- Formulated with calming, soothing ingredients to help guard against irritation.

**compatible modalities**
- Microcurrent for Specific Iontophoresis.
- Ultrasonic on the penetration mode.
- Galvanic Iontophoresis on the positive (+) polarity.

**key ingredients**
- Microencapsulated 1% Retinol: helps reduce the appearance of fine lines, wrinkles, discoloration and uneven skin texture.
- Microencapsulated Chlorella Extract: inhibits MMPs for increased skin firmness and reduced skin redness.
- Palmitoyl Tripeptide-5: improves skin elasticity and tone.
- Stabilized Vitamin C: helps reduce uneven skin tone and discoloration.
- Vitamin E: helps the skin retain natural moisture balance.
- Helianthus Annuus (Sunflower) Seed Oil: helps reinforce barrier lipid layer.

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hyaluronic acid ionactive™ serum

**skin condition**
Dehydrated or sensitive skin.

**description**
A hydrating ionizable serum with Hyaluronic Acid that delivers intense moisture and protects dry, dehydrated and irritated skin.

**professional application**
1. Apply an almond-sized amount to the face, neck and chest or appropriate areas for your client. Spread lightly, do not rub. Avoid eyes and lips.

**optional:**
For increased penetration and results, use with an electrical modality. Professional masques, including Geloid Masques, may also be applied over this serum.

**benefits**
- Protects skin from dehydration by locking in moisture.
- Calms sensitive skin and preserves barrier function.
- Restores moisture balance to promote smooth, uniform skin texture.

**compatible modalities**
- Micorcurrent for Specific Iontophoresis.
- Ultrasonic on the penetration mode.
- Galvanic Iontophoresis on the positive (+) polarity.

**key ingredients**
- Hyaluronic Acid: dramatically hydrates and plumps sagging skin, reducing the appearance of fine dehydration lines.
- Microencapsulated Na,Acetyl Glucosamine Phosphate: helps maintain Hyaluronic Acid in the skin.
- Psuedoalteromonas Ferment Extract, Alanine, Proline and Serine: restore skin moisture and preserve barrier function.
- Alisma Plantago Aquatica (Water Plantain) Extract: hydrates and soothes skin.

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DERMALOGICA
130
oligopeptide ionactive™ serum

**skin condition**
Hyperpigmented skin and uneven skin tone.

**description**
A brightening ionizable serum with Oligopeptides -34 and -51 to help even out skin tone and control pigmentation.

**key ingredients**
- Microencapsulated Diglucosyl Gallic Acid: helps control melanogenesis, reduce pigmentation spots and inhibit skin redness.
- Oligopeptides -34 and -51: control melanogenesis by inhibiting the Tyrosinase enzyme.
- Magnesium Ascorbyl Phosphate (MAP): a stabilized derivative of vitamin C, helps brighten skin.

**benefits**
- Helps inhibit Tyrosinase-forming enzymes involved in melanogenesis.
- Brightens skin and helps even out skin tone.
- Works with skin’s natural microflora to help control melanogenesis.

**compatible modalities**
- Microcurrent for Specific Iontophoresis.
- Ultrasonic on the penetration mode.
- Galvanic Iontophoresis on the positive (+) polarity.

**professional application**
1. Apply an almond-sized amount to the face, neck and chest or appropriate areas for your client. Spread lightly, do not rub. Avoid eyes and lips.

**optional:**
- For increased penetration and results, use with an electrical modality. Professional masques, including Geloid Masques, may also be applied over this serum.

**key ingredients**
- Niacinamide: an active, bactericidal form of Vitamin B3 that helps clear acne, reduce sebum and decrease Post-Inflammatory Hyperpigmentation (PIH) associated with acne.
- Microencapsulated Potassium Azeloyl Diglycinate: a stable derivative of Azelaic Acid. Regulates sebum production, controls keratin proliferation, reduces the formation of comedones (blackheads and whiteheads), and decreases inflammation by scavenging toxins and free radicals in the skin.
- Colloidal Silver: disables the enzyme that Propionibacterium acnes (P. acnes) uses for oxygen metabolism.
- Polygonum Cuspidatum (Japanese Knotweed) Root Extract: rich in polyphenols; helps control sebum production and inhibit P. acnes while reducing skin redness from inflammation, and decreasing pore visibility.
- Melaleuca Alternifolia (Tea Tree) Extract: helps control bacteria without drying skin.

niacinamide ionactive™ serum

**skin condition**
Breakout-prone skin.

**description**
Clearing serum with Niacinamide (Vitamin B3) actively fights bacteria, helps prevent breakouts and reduces redness without drying the skin.

**key ingredients**
- Niacinamide: a stabilized derivative of vitamin B3 that helps clear acne, reduce sebum and decrease Post-Inflammatory Hyperpigmentation (PIH) associated with acne.
- Microencapsulated Potassium Azeloyl Diglycinate: a stable derivative of Azelaic Acid. Regulates sebum production, controls keratin proliferation, reduces the formation of comedones (blackheads and whiteheads), and decreases inflammation by scavenging toxins and free radicals in the skin.

**benefits**
- Effectively fights P. acnes bacteria.
- Inhibits the buildup of bacteria and dead skin cells in pores and follicles.
- Reduces redness from inflammation without drying the skin.

**compatible modalities**
- Microcurrent for Specific Iontophoresis.
- Ultrasonic on the penetration mode.
- Galvanic Iontophoresis on the positive (+) polarity.

**professional application**
1. Apply an almond-sized amount to the face, neck and chest or appropriate areas for your client. Spread lightly, do not rub. Avoid eyes and lips.

**optional:**
- For increased penetration and results, use with an electrical modality. Professional masques, including Geloid Masques, may also be applied over this serum.
Professional Masques can be used to intensify the results of your treatments, as they are instrumental in treating various skin conditions such as acne, prematurely-aging skin or sensitized skin. Dermalogica Masques are unlimited in their versatility, and Face Mapping® will direct you towards selecting the right products to create the customized masque for your client’s condition. The unique Dermalogica concept of customized masques is based on the use of IonActive™ Serums or Calming Botanical Mixer applied under, or mixed with, a masque base for concentrated effects. The customization you can provide with Dermalogica professional Masques is unlimited, making them your treatment room’s greatest weapon!

**Professional Masques**

These retail products are also available in a professional size. Please see the page noted for more information on these products.

**skin condition**

Dry, prematurely-aging and dehydrated skin, or for use over the eyes and lips.

**description**

A clear, botanically-active gel masque, rich in phytonutrients, that deeply moisturizes dehydrated skin conditions. Botanical humectants attract moisture and bind it to the skin, leaving it hydrated and supple.

**benefits**

Cools and hydrates skin.

Seals in the enhanced action of IonActive™ Serums.

Helps minimize the appearance of environmental stress and damage while defending against future damage.

**key ingredients**

**Hyaluronic Acid:** provides increased hydration and improved elasticity.

*Lavandula Angustifolia (Lavender), Malva Sylvestris (Mallow), Hedera Helix (Ivy) and Cucumis Sativus (Cucumber) Fruit:* extracts that help promote skin hydration.

**professional application**

1. Apply approximately one tablespoon to skin using fan masque brush to cover the entire face, neck and chest. Can be spread lightly over closed eyelids and lips.
2. Leave on for 10 minutes to activate, then remove with sponges and warm water or a steam towel customized with Calming Botanical Mixer.

**optional:**

- Can be used with galvanic current on positive polarity for increased product penetration for 4 to 7 minutes.
- Apply prescribed IonActive™ Serum to skin before applying Colloidal Masque Base for an intense, condition-specific masque. Or, apply a thin layer of Colloidal Masque Base, followed by Contour Masque for a super hydrating, extra-firming masque.

Can be combined with Calming Botanical Mixer.

**colloidal masque base**

**key ingredients**

**Hyaluronic Acid:** provides increased hydration and improved elasticity.

*Lavandula Angustifolia (Lavender), Malva Sylvestris (Mallow), Hedera Helix (Ivy) and Cucumis Sativus (Cucumber) Fruit:* extracts that help promote skin hydration.

**professional application**

1. Apply approximately one tablespoon to skin using fan masque brush to cover the entire face, neck and chest. Can be spread lightly over closed eyelids and lips.
2. Leave on for 10 minutes to activate, then remove with sponges and warm water or a steam towel customized with Calming Botanical Mixer.

**optional:**

- Can be used with galvanic current on positive polarity for increased product penetration for 4 to 7 minutes.
- Apply prescribed IonActive™ Serum to skin before applying Colloidal Masque Base for an intense, condition-specific masque. Or, apply a thin layer of Colloidal Masque Base, followed by Contour Masque for a super hydrating, extra-firming masque.

Can be combined with Calming Botanical Mixer.

**benefits**

Cools and hydrates skin.

Seals in the enhanced action of IonActive™ Serums.

Helps minimize the appearance of environmental stress and damage while defending against future damage.
clinical oatmeal masque

Skin Condition
Dry, sensitive skin that is prone to irritation and discomfort.

Description
Multi-purpose masque contains pharmaceutical-grade Colloidal Oatmeal, Aloe Vera and Oat Oil to help soothe sensitive skin and alleviate itching, irritation and discomfort from dryness.

Professional Application
1 Dispense 1 tablespoon into a jelly cup and apply with a spatula or a Fan Masque Brush to the face, neck and chest. Can be spread lightly around the eyes and lips.
2 Leave on for 10 minutes, then remove with a steam towel and/or sponges and warm water.
Optional:
Can be customized with a few drops of Calming Botanical Mixer or Soothing Additive.

Key Ingredients
- Pharmaceutical-grade Colloidal Oatmeal:
  Leaves a protective layer over the skin that seals in skin’s natural moisture while also providing additional nutrients.
- Aloe Barbadensis Leaf Juice:
  A softening and soothing agent.
- Avena Sativa (Oat) Kernel Protein:
  Moisturizes, soothes and calms irritation.
- benefits
  Relieves itching associated with dryness.
  Helps to soothe skin rashes and irritation.
  Ideal for sun or wind-tormented skin.

Contour Masque

Skin Condition
Sensitized, mature, prematurely-aging skin in need of firming.

Description
A loose powder masque rich in Calcium Sulfate and algae-derived Silica. Once mixed with water, it forms a smooth paste, which then sets and dries into a firm, rubbery sheet. Removal is achieved by peeling masque off the skin.

Professional Application
1 Apply appropriate IonActive™ Serum to skin. For dry, dehydrated or aging skin, apply a thin layer of Colloidal Masque Base or MultiVitamin Power Recovery® Masque.
2 Place damp eye gauze and a damp layer of gauze over face and neck. Tent gauze around nose.
3 Mix ⅓ bag with cool, water to form a thick, smooth, spreadable paste.
4 Spread masque with a spatula over face and neck. Should be ¼ inch thick.
5 Let set for 20 minutes and gently peel off like a rubber sheet. Lift from the base of the neck or jaw line. Remove any residue with warm water and sponges or a steam towel.

Key Ingredients
- Diatomaceous Earth: a unicellular algae that provides a source of Silica to form the firming matrix.
- Calcium Sulfate: a white powder that readily absorbs water and provides a hardening substrate for the masque.
- Algin: a form of alginate acid derived from brown seaweed that helps form a gelatinous texture.

Benefits
- Firms and contours skin by reducing edema with cooling temperatures.
- Increases circulation to aid in penetration of prescribed Dermalogica Moisturizer.

Contour Masque

Skin Condition
Sensitized, mature, prematurely-aging skin in need of firming.

Description
A loose powder masque rich in Calcium Sulfate and algae-derived Silica. Once mixed with water, it forms a smooth paste, which then sets and dries into a firm, rubbery sheet. Removal is achieved by peeling masque off the skin.

Professional Application
1 Apply appropriate IonActive™ Serum to skin. For dry, dehydrated or aging skin, apply a thin layer of Colloidal Masque Base or MultiVitamin Power Recovery® Masque.
2 Place damp eye gauze and a damp layer of gauze over face and neck. Tent gauze around nose.
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Benefits
- Firms and contours skin by reducing edema with cooling temperatures.
- Increases circulation to aid in penetration of prescribed Dermalogica Moisturizer.

Contour Masque

Skin Condition
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Description
A loose powder masque rich in Calcium Sulfate and algae-derived Silica. Once mixed with water, it forms a smooth paste, which then sets and dries into a firm, rubbery sheet. Removal is achieved by peeling masque off the skin.

Professional Application
1 Apply appropriate IonActive™ Serum to skin. For dry, dehydrated or aging skin, apply a thin layer of Colloidal Masque Base or MultiVitamin Power Recovery® Masque.
2 Place damp eye gauze and a damp layer of gauze over face and neck. Tent gauze around nose.
3 Mix ⅓ bag with cool, water to form a thick, smooth, spreadable paste.
4 Spread masque with a spatula over face and neck. Should be ¼ inch thick.
5 Let set for 20 minutes and gently peel off like a rubber sheet. Lift from the base of the neck or jaw line. Remove any residue with warm water and sponges or a steam towel.

Key Ingredients
- Diatomaceous Earth: a unicellular algae that provides a source of Silica to form the firming matrix.
- Calcium Sulfate: a white powder that readily absorbs water and provides a hardening substrate for the masque.
- Algin: a form of alginate acid derived from brown seaweed that helps form a gelatinous texture.

Benefits
- Firms and contours skin by reducing edema with cooling temperatures.
- Increases circulation to aid in penetration of prescribed Dermalogica Moisturizer.

Contour Masque

Skin Condition
Sensitized, mature, prematurely-aging skin in need of firming.

Description
A loose powder masque rich in Calcium Sulfate and algae-derived Silica. Once mixed with water, it forms a smooth paste, which then sets and dries into a firm, rubbery sheet. Removal is achieved by peeling masque off the skin.

Professional Application
1 Apply appropriate IonActive™ Serum to skin. For dry, dehydrated or aging skin, apply a thin layer of Colloidal Masque Base or MultiVitamin Power Recovery® Masque.
2 Place damp eye gauze and a damp layer of gauze over face and neck. Tent gauze around nose.
3 Mix ⅓ bag with cool, water to form a thick, smooth, spreadable paste.
4 Spread masque with a spatula over face and neck. Should be ¼ inch thick.
5 Let set for 20 minutes and gently peel off like a rubber sheet. Lift from the base of the neck or jaw line. Remove any residue with warm water and sponges or a steam towel.

Key Ingredients
- Diatomaceous Earth: a unicellular algae that provides a source of Silica to form the firming matrix.
- Calcium Sulfate: a white powder that readily absorbs water and provides a hardening substrate for the masque.
- Algin: a form of alginate acid derived from brown seaweed that helps form a gelatinous texture.

Benefits
- Firms and contours skin by reducing edema with cooling temperatures.
- Increases circulation to aid in penetration of prescribed Dermalogica Moisturizer.
exothermal gelloid masque

**skin condition**
All skin conditions, except oily and breakout-prone skin.

**description**
Thermal, self-heating masque with Zeolites and Sunflower Seed Oil provides a natural warming sensation to optimize penetration of IonActive™ Serums while helping to restore barrier function.

**professional application**
1. Dispense 1 tablespoon into rubber bowl and apply with a spatula directly over chosen IonActive™ Serum to the face, neck and chest. Avoid eyes and lips. Remove with warm water and sponges, followed by a warm steamed towel.

optional:
Skin-warming tools, such as warm basalt stones or warm peltier, may be used directly over this masque.

optional:
Red LED may be used over this masque to encourage cell renewal and help reduce the appearance of skin aging.

**key ingredients**
- **Zeolites**: release energy (in the form of heat).
- **Glycerin**: attracts and holds moisture to the skin.
- **Helianthus Annuus (Sunflower) Seed Oil**: helps calm the skin and restore barrier lipid properties.
- **Lecithin**: a natural antioxidant, restores skin suppleness.

**benefits**
- Hydrates and balances moisture levels in skin.
- Provides a natural warming sensation to optimize penetration of IonActive™ Serums.
- Helps restore barrier function.

**compatible modalities**
- Amber/Red LED
- Warm Stones
- Warm Peltier

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endothermal gelloid masque

**skin condition**
Breakout-prone skin.

**description**
Two-part masque that consists of a powder base (Part A) and a liquid activator (Part B). When mixed together, they form a highly-active, cooling Gelloid Masque that helps seal in the benefits of active ingredients and calm the skin.

**professional application**
1. Dispense a full scoop of Part B into rubber bowl and add 1 packet of Part A. Mix to a thick, gel-like consistency. Apply with a spatula directly over chosen IonActive™ Serum to the face, neck and chest. Avoid eyes and lips. Remove with tepid water and sponges, followed by a steamed towel.

optional:
Skin-cooling tools, such as cold marble stones, globes, cool rollers or cold peltier, may be used directly over this masque.

optional:
Blue LED may be used over this masque to help combat breakout-causing bacteria and suppress acne.

**key ingredients**
- **Spirulina (Green Algae) Extract**: helps stimulate fibroblasts and regenerate skin tissue.
- **Niacinamide**: helps regulate sebaceous gland secretions and scavenges free radicals.
- **Hyaluronic Acid**: intensely hydrates and restores suppleness to skin.
- **Ferulic Acid**: a potent, water-soluble antioxidant and UV light absorber.
- **Dipotassium Glycyrrhizinate (Licorice)**: is an excellent anti-inflammatory, anti-allergic, antibacterial material derived from Licorice Root, used to soothe and condition the skin.
- **Camellia Sinensis (White Tea) Leaf Extract**: provides a highly concentrated mix of polyphenolic catechins, which are strong antioxidants, in addition to antibacterial/antiviral and anti-carcinogenic compounds.
- **Eucalyptus Globulus (Eucalyptus) Leaf Oil**: is a potent, water-soluble antioxidant and UV light absorber.
- **Aloe Vera Leaf Extract**: enhances the cooling effect while softening, soothing and healing the skin.

**key ingredients**
- **Tetrahydrocurcuminoids**: antioxidant actives derived from Turmeric.

**benefits**
- Hydrates, soothes and cools skin.
- Provides superior antioxidant protection against photo damage.

**compatible modalities**
- Blue LED
- Cold Stones
- Cold Globes
- Cold Peltier/Roller

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dermalogica professional-use-only products | professional masques | exothermal gelloid masque | endothermal gelloid masque
Professional toners are a diverse, multi-tasking addition to any professional treatment. They can be spritzed over skin to assist in the removal of professional masques, spritzed on skin post-cleanse before initiating the extraction process, and as a hydrating prep to even skin porosity before applying professional moisturizers. Be sure to have every Dermalogica Professional Toner on your trolley to refresh, rehydrate, soothe, and prime skin for dermal layering.

Professional moisturizers come to life in the treatment room! Each moisturizer contains powerful plant extracts, essential oils and antioxidant vitamins critical to skin health maintenance, no matter the condition. The benefits of professional moisturizers can be enhanced when applied over Additives to intensify clearing, soothing, or revitalizing benefits. As one of the final steps in the professional treatment, professional moisturizers will help fortify skin’s natural protective barrier to maintain hydration levels, and prevent the drying effects of environmental exposure, stress and imbalance.

These retail products are also available in a professional size. Please see the page noted for more information on these products.

Professional moisturizers

- Active Moist (page 23)
- Skin Smoothing Cream (page 26)
- Intensive Moisture Balance (page 27)
- Super Rich Repair (page 62)
- Calm Water Gel (page 93)

Targeted treatments

- UltraCalming™ Serum Concentrate (page 92)
- Barrier Defense Booster (page 91)
- Dynamic Skin Recovery SPF50 (page 59)
- Solar Defense Booster SPF50 (page 29)
- SkinPerfect Primer SPF30 (page 64)
**professional eye treatments**

Professional eye treatments are ideal for firming, smoothing and protecting the delicate eye area. These multifunctional products can be layered to deliver targeted results based upon each client’s specific skin care needs.

*Multivitamin Power Firm*

Recommended for the smart management and treatment of skin aging. Combat visible lines around the eye area with this powerful firming complex of skin-rebuilding antioxidants and protective vitamins, protective silicones and Red Seaweed Extract.

*Stress Positive Eye Lift*

Please see the page noted for more information on these products.

These retail products are also available in a professional size. Please see the page noted for more information on these products.

**professional body therapy**

Whether you are a skin therapist who focuses mostly on face treatments, or a therapist who performs body treatments in a spa or destination setting, Dermalogica Body Therapy products can be used to create the ultimate body therapy experience. Each product is formulated with aromatherapeutic ingredients that soothe, refresh and invigorate while conditioning to maintain the skin’s natural moisturizing factor.

*Conditioning Body Wash*

Recommended for all skin conditions. A non-foamy gel that absorbs easily for immediate hydration results.

*Body Hydrating Cream*

Recommended for the smart management and treatment of skin aging. A non-foamy gel that absorbs easily for immediate hydration results.

Please see the page noted for more information on these products.

These retail products are also available in a professional size. Please see the page noted for more information on these products.
Welcome to Dermalogica’s unique approach to skin analysis, designed to help you connect with your clients and truly understand their skin.

In just 5 easy steps, you’ll be able to use Face Mapping to transform a simple retail interaction into a lasting relationship based on warmth, knowledge and trust. Best of all, the whole Face Mapping experience only takes a few minutes!
01 GREET YOUR CLIENT

say hello
When a client enters your business, connect with them! Smile, make eye contact and introduce yourself within 5 seconds.

come out from behind the counter
Clients are more comfortable when you are open and accessible to them, so avoid standing behind a barrier, folding your arms or staring at your cell phone.

read their body language and tone
Is your client in a hurry, or are they just browsing? Are they looking for something in particular? Ask open-ended questions, observe and listen actively so you can adjust your approach.
Now that you’ve introduced yourself to your client, it’s time to get to know their skin. A thorough understanding of your client’s skin is necessary in order to give them accurate recommendations that will address their skin’s needs.

Rule No. 1: Don’t assume your client knows their skin. Unless your client says otherwise, assume you will be getting to know their skin together.

DID YOU KNOW

There’s a difference between a skin type and a skin condition. You’re born with a skin type, such as combination, dry, oily or sensitive. But skin conditions are acquired and vary throughout life, i.e., dehydration, redness, pigmentation or breakouts.

Start by asking your client friendly, open-ended questions that will clue you in on their skin type, lifestyle and possible skin condition(s).

**do ask**

“Tell me about your skin. Any problem areas or concerns?”

“What is your at-home skincare routine like?”

“What is a typical day like for you?”

**avoid asking**

“What’s your skin type?”

“Do you know what products you want?”

When to suggest a face mapping®

After you’ve gained a better understanding of your client’s skin, it’s time to transition the conversation to Face Mapping. Many clients will not know what Face Mapping is, so be sure to explain it. Let them know it only takes a few minutes and helps reveal their skin’s true needs.
BEGIN FACE MAPPING®

Now that you have your client’s permission to get started, follow these best practices to ensure they are comfortable and engaged.

before you face map
- Invite your client to have a seat at your Skin Bar®.
- Ask if it’s OK to touch their skin so you can feel its texture.
- Sanitize your hands.

while face mapping®
- Start at your client’s forehead and move down the face.
- Describe what you see and feel.
- Keep your tone positive, i.e., “I’m seeing signs of dehydration,” not, “You look like you don’t drink enough water.”

USE YOUR HEAD, HANDS & HEART.

JANE WURWAND
FOUNDER & CHIEF VISIONARY, DERMALOGICA
During your client’s Face Mapping, use sight and touch to identify the following skin conditions. Remember what you see so you can record it on your client’s Skin Fitness Plan using the letters in light blue circles below.

**WHAT TO LOOK FOR**

Start from your client’s forehead and work your way down. For more information on finger movements you should use, watch the videos at facemapping.com/learn.

<table>
<thead>
<tr>
<th>WHAT TO LOOK FOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakout activity</td>
</tr>
<tr>
<td>Dehydration</td>
</tr>
<tr>
<td>Fine lines</td>
</tr>
<tr>
<td>Inflammation</td>
</tr>
<tr>
<td>Milia</td>
</tr>
<tr>
<td>Pigmentation</td>
</tr>
<tr>
<td>Shiny</td>
</tr>
<tr>
<td>Small bumps</td>
</tr>
</tbody>
</table>

**Watch the videos**

Start from your client’s forehead and work your way down. For more information on finger movements you should use, watch the videos at facemapping.com/learn.
Based on insight from Chinese face diagnosis, your client’s skin conditions can be linked to underlying internal conditions that are related to their health and lifestyle. Keep this in mind to enhance and verify your initial observations. Knowing these factors will help increase your appeal as an expert.

Below are two scenarios in which a professional skin therapist successfully links a client’s skin condition to an external or internal condition.

**BE MINDFUL**

Never ask questions or make assumptions that will cause your client to feel insecure or uncomfortable.

“I’m noticing some breakout activity near your hairline. Do you use hairspray or other hair products there frequently?”

“I see some red, bumpy areas along your lower jaw. Have you been under a lot of stress lately?”

Below are two scenarios in which a professional skin therapist successfully links a client’s skin condition to an external or internal condition.
FILLING OUT THE SKIN FITNESS PLAN

The Skin Fitness Plan will serve as your client’s at-home skin care guide, so be sure to note what you discuss for their reference.

1. Identify any skin goals your client might have. These are goals you can work towards together.

2. Mark your client’s skin condition(s) on the face diagram using the corresponding letters.

3. Write in your top product recommendations. Read more on best practices for recommending products on page 17.

4. Add any treatment suggestions and notes for your client to take home.

5. Write your name and the date, time and location of their next appointment.

6. The consultation form

Giving a skin treatment under 60 minutes? Have your client read and sign this form first.

keeping your clients on file

The bottom portion of your client’s Skin Fitness Plan is yours to keep. Remember to fill out both sides, as this will be an important relationship-building and follow-up tool.

Your client’s Skin Fitness Plan unfolds into this helpful infographic.
FACE MAPPING® WEB APP

Store all your client’s Face Mapping details digitally and send them via email! All you need is a mobile tablet and an internet connection.

The Dermalogica Face Mapping Web App can be used in place of the paper Skin Fitness Plan. While optimized for iPad, the Web App can be used on other tablets. Check with your store manager to ensure that your business is equipped.

1. load it
Visit facemapping.com via your web browser.

2. register as a user
Set up an account for your business, or log in if you already have an account.

3. start mapping!
Follow the prompts on screen to get started.

visit facemapping.com to get started
RECOMMENDING A REGIMEN

Use your client’s current home care regimen, time spent on skin care, and budget preference as clues when recommending their regimen. For example, if your client is a simple soap user on a tight budget, recommend a basic regimen instead of an advanced regimen.

1 + 2 PRESCRIPTION

To build trust with your client, recommend the three products you think they will use the most according to their Face Mapping results.

1. Start with the priority product they need NOW because it meets their immediate need best.
2. Add two products that fit your client’s lifestyle and skin concern(s). Explain why and highlight the key benefits of each product.

SAMPLING

To encourage product discovery, which can lead to purchase, always give your clients samples that complement their skin goals. If they’ve only opted to buy one of the products you prescribed, sample the rest!

Here is an example of the 1+2 prescription process in action:

Since you are concerned about redness, I highly recommend this product because it will take down that redness and discomfort right away.

Also, since you love the outdoors, I recommend these two products to help protect your skin from UV and environmental assault, which can cause sensitivity flare-ups.

I am putting some samples in your Skin Fitness Plan so you can try them out.
following up year-round

The skin is a living organ that constantly responds to internal and external changes. Explain this to your client and offer to coach them toward their best skin. Recommend that they visit you at least four times a year, or whenever their skin behaves abnormally. Send a personal note via e-mail or text, or call them, to follow up!

booking treatments

While building your client’s Skin Fitness Plan, let them know which treatments are best for their lifestyle and skin goals. For example, if your client is a busy working mom, suggest FaceFit or ProSkin 30 series as opposed to a full-service treatment.
In today’s hyper-personalized world, clients expect more than a cookie-cutter, one-size-fits-all facial. They want you – the professional – to craft a treatment just for them.

Traditionally, spas, salons and skin treatment centers provide clients with a menu of preconceived treatments and ask them to select what they think is best. But this experience can leave some clients feeling unsure (“Did I select the right treatment?”) and unfulfilled (“That wasn’t what I expected it to be!”).

Whether you have busy, shop-and-go clients or clients who are looking for a longer experience, Dermalogica’s ProSkin treatments allow you to design a fully personalized experience – a customized treatment built around your clients’ unique lifestyles, schedules and skin concerns.

Available in 30-minute or 60-minute forms (or longer), these time-tailored treatments are truly revolutionary because they are customized by you at every step, based upon your client’s consultation and Face Mapping®. Using a unique modular approach driven by your knowledge and expertise, ProSkin treatments place the power to change how clients value and care for their skin in your hands.
what it is
ProSkin 30 is a personalized, 30-minute treatment that addresses your client’s top skin concern in a convenient amount of time.

why your clients need it
This service is a must for clients who want to give their skin special attention but don’t have a lot of time to spare, or who are looking to address a specific concern between ProSkin 60 treatments. ProSkin 30 allows you to quickly design an effective solution, and creates an ideal setting for you to prescribe a Dermalogica home care regimen that will maintain results.

how it works
Each treatment starts with the Dermalogica Double Cleanse and Face Mapping, followed by your choice of one key module and modality for your client’s top skin concern. You’ll finish by layering a series of products for a healthy-looking glow on the go.

key benefits
- Great for exposed retail spaces
- Convenient and affordable for busy, on-the-go clients
- Ideal as a key problem-solving treatment between longer treatments
ProSkin 60

at a glance

the ultimate treatment, different every time

what it is
ProSkin 60 is a personalized, 60-minute Dermalogica treatment that takes your client on the ultimate journey to their healthiest-looking skin.

why your clients need it
This service is ideal for clients who are not in a rush and want a comprehensive, customized experience that addresses all their skin concerns. ProSkin 60 also allows you to create a full sensorial experience for enhanced rest and relaxation.

how it works
Each treatment starts with the Dermalogica Double Cleanse and Face Mapping, followed by your choice of four key modules and modalities according to your client’s skin needs and goals. You’ll finish by layering a series of products for a healthy-looking Dermalogica glow.

key benefits
Great for private treatment rooms
Provides an intimate, high-end, spa-like experience
Allows more time than the ProSkin 30, to treat more skin concerns

ProSkin 60

at a glance
As a professional skin therapist, it is up to you to design and build the perfect ProSkin treatment for your client. To help you, we’ve developed modules that serve as your “building blocks” for each treatment.

Think of each module as a 10-minute phase (or step) of the treatment. You can mix and match modules according to your client’s needs, and further customize them with a variety of modalities and products.

Sample Modules for ProSkin 30

Sample Modules for ProSkin 60

For the ProSkin 30 treatment you’ll need three modules
(3 x 10 = 30 minutes)

1 module = 10 minutes

1 Double Cleanse/ Face Mapping®

3 Dermal Layering

2 Targeted module

5 Resurfacing

4 Deep Treatment

6 Exfoliation

2 Touch Therapy

1 Double Cleanse/ Face Mapping®

3 Dermal Layering

2 Targeted module

Sample Modules for ProSkin 60

For the ProSkin 60 treatment you’ll need six modules
(6 x 10 = 60 minutes)

1 module = 10 minutes

1 Double Cleanse/ Face Mapping®

3 Dermal Layering

2 Targeted module

5 Resurfacing

4 Deep Treatment

6 Exfoliation

2 Touch Therapy

1 Double Cleanse/ Face Mapping®

3 Dermal Layering

2 Targeted module

Sample Modules for ProSkin 60
Double Cleanse Modules
Every treatment must start with this module, which involves double cleansing the skin. PreCleanse, completing your client’s Face Mapping, then cleansing with the Dermalogica Cleanser you choose based on the Face Mapping results. Once you complete this module, you can move on to the other module(s) you’ve selected for your client’s bespoke treatment.

Resurfacing Modules
This is a great module to select if your client is concerned about uneven skin tone, rough texture or dull/lackluster skin.

Extractions Modules
If you see congestion and comedones (blackheads or whiteheads) on your client’s skin, you may want to do extractions and add this module. (Your client may have even requested them!) You can perform these manually or with the modalities below to hygienically and safely clear pores and help prevent future breakouts.

Touch Therapy Modules
One of the most memorable parts of a skin treatment is the massage, which can help lower stress, stimulate lymph flow, improve circulation and alleviate pain. Dermalogica’s exclusive Touch Therapy techniques allow you to incorporate massage, aromatherapy, acupressure or lymphatic drainage to help eliminate toxins and relax tissues in the skin. These 10-minute versions are great for clients who need more relaxation and include multiple skin benefits.

For hands-on Touch Therapy instructions, please attend the Touch Therapy Workshops.
Deep Treatment Modules
This portion of your treatment should be dedicated to intensively targeting your client’s specific skin concerns and conditions, which can range from dehydration and sensitivity to signs of premature aging and acne. Now that the skin has been thoroughly cleansed and prepped, it is ready to allow optimal penetration of whichever targeted treatment you choose to apply from our IonActive™ Serums and Professional Masques.

Dermal Layering Modules
Every treatment should end with this module, which prepares your client to leave with their healthiest-looking skin and our signature “Dermalogica glow.” Now is the time to apply and layer any finishing products that should remain on your client’s skin for the rest of the day. This includes products you plan to prescribe or sample to your client as part of their Face Mapping and take-home Skin Fitness Plan.
The skin health experts at Dermalogica and The International Dermal Institute have put together a set of convenient, quick-reference cards you can use to remind yourself what to do during each treatment. Think of these as “cheat sheets” or “recipe cards.” The cards are organized by module, and contain both an overview and step-by-step instructions for each combination of product(s) and modality you might use. You can mix and match modules and change up the treatment every time using these cards based upon client concerns.

**Product Boost Options**
To “boost” a module, use the “product boost” suggestion on your module card. For example, you can add resurfacing power to your Double Cleanse Module by mixing an exfoliant with the Dermalogica Cleanser. This allows you to boost the module without adding extra time.

**For example, what if your client only has 30 minutes to spare, but you think they need resurfacing and deep treatment? Instead of using four modules (40 minutes), it’s best to stick with three modules and “boost” one module to deliver more benefits.**
Sample Protocols

The following sample protocols were designed by professional skin therapists at Dermalogica to show you in-depth what a ProSkin 30 and a ProSkin 60 treatment might look like. You will be building a different treatment for each of your clients based upon their skin concerns, so your treatments will not look exactly the same for every client.

### Sample ProSkin 30 Protocol

**for a client in need of extractions**

<table>
<thead>
<tr>
<th>Step</th>
<th>Module</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Double Cleanse Module</td>
<td>10 min</td>
</tr>
<tr>
<td>2</td>
<td>+ Extractions Module</td>
<td>10 min</td>
</tr>
<tr>
<td>3</td>
<td>+ Dermal Layering Module</td>
<td>10 min</td>
</tr>
</tbody>
</table>

### Sample ProSkin 60 Protocol

**for a client in need of an aging treatment**

<table>
<thead>
<tr>
<th>Step</th>
<th>Module</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Double Cleanse Module</td>
<td>10 min</td>
</tr>
<tr>
<td>2</td>
<td>+ Resurfacing Module</td>
<td>10 min</td>
</tr>
<tr>
<td>3</td>
<td>+ Extractions Module</td>
<td>10 min</td>
</tr>
<tr>
<td>4</td>
<td>+ Touch Therapy Module Card</td>
<td>10 min</td>
</tr>
<tr>
<td>5</td>
<td>+ Deep Treatment Module Card</td>
<td>10 min</td>
</tr>
<tr>
<td>6</td>
<td>+ Dermal Layering Module</td>
<td>10 min</td>
</tr>
</tbody>
</table>

*If you are not giving all six modules, be sure to place those extra 10 minutes in another module for a successful ProSkin 60.*
To help ensure your client is receiving the utmost bespoke treatment experience, always make sure your client receives a thorough Face Mapping® and fills out their Dermalogica Consultation Card. If you are unclear about anything that may affect their treatment, ask them to clarify. Make sure you have all the information you need before they sit down in your chair or get situated in a private treatment room.

Creating the Perfect Environment

Before you begin a treatment, there are a number of things you can do to ensure your client is as comfortable and receptive as possible. This is especially important for the ProSkin 60 treatment, which includes the personalization of a private room and sensorial aspects for each client.

Utilizing your consultation and Face Mapping® insights, be sure to tailor your client’s experience for each of their five senses. Heightening your client’s senses will make the treatment a more memorable experience – like no other treatment they’ve had before!

**Setting Yourself Up for Success**

To help ensure your client is receiving the utmost bespoke treatment experience, always make sure your client receives a thorough Face Mapping® and fills out their Dermalogica Consultation Card. If you are unclear about anything that may affect their treatment, ask them to clarify. Make sure you have all the information you need before they sit down in your chair or get situated in a private treatment room.

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**Touch**

Your hands are the main vehicle for touch. It’s important to keep them warm and flexible to deliver the best treatment experiences. Consider what else will touch your clients skin and affect their comfort.

- **Check with your clients about the room’s temperature to ensure it is not too hot or cold. If necessary, adjust your thermostat or any linens to accommodate.**
- **During a Touch Therapy check massage pressure for client comfort. Add in a shoulder stretch for your client to help them ease into the treatment.**
- **Cleanse the hands with a warm towel. Additional warm steam towels help enhance skin treatments and remove product.**
- **A memory foam pillow and bolster, along with a temperature-controlled bed, can also provide a sense of relaxation and security. Make sure your clients feel soft, clean and luxurious against the skin, not scratchy or stiff.**
smell  Favorable aromas can initiate happiness and link clients to pleasant memories. Ask your client if he or she would enjoy a particular essential oil aroma during their treatment.

Begin with a calming breathing exercise with Additives or Calming Botanical Mixer. Keep air circulating and avoid stuffy rooms.

sight  Sight can really influence the perception of your service. Take care with what your client sees. If choosing lighting options for your treatment space, be sure to use warm light as it naturally relaxes and comforts people, encouraging them to wind down.

Use appropriate eye protection when introducing bright lights or light-based services. Maintain a high level of room tidiness pre-and post-service.

taste  Studies have shown that warm beverages can influence people’s behavior. Offering drink infusions that complement products, aromas and over all feel of the treatment will enhance the total sensory experience.

Serving your client a warm beverage may help increase their trust, warmth and generosity toward you. You can offer a glass of water as well and remind them to stay hydrated.

sound  Listening to favorable music can help stimulate the release of dopamine, which allows for deeper pleasure and relaxation. When people listen to music, multiple areas of the brain are activated including those associated with movement, attention and memory. Be mindful, unwelcome noise can jar the senses and could negatively impact the experience.

Balance communication. Only initiate conversation during modules to prepare the client for temperature or sensation changes. Make active attempts to reduce unnecessary noise that affects the experience.

Customizing your client’s music can also help further strengthen their emotional connection to the treatment. Respect client preference on music and music volume. If possible have your clients choose what music they would like to listen to.

As a skin therapist, you know the importance of making your clients feel special. Customizing their experience to appeal to all five senses shows how much you care about them and listen to them. It also helps you build long-lasting relationships with your clients.

Treatment Contraindications

Before starting any skin treatment, it is imperative to identify any contraindications your client may have and/or precautions you should take. Overlooking this step could result in an adverse reaction and/or skin sensitization during and after your client’s treatment. Be sure to look for contraindications while speaking with your client before their treatment, and upon review of their completed consultation card. If your client shows contraindications to particular modules, modalities or products you’d like to use, refrain from using them and adjust their treatment plan accordingly.

Step-by-step instructions:

1. Cleanse the eyes and lips with PreCleanse on damp cotton.
2. Perform first cleanse with PreCleanse, then add water to emulsify and remove.
3. Perform second cleanse with prescribed cleanser according to the client’s skin type.
4. Steam may be used at this time.
5. Select exfoliation mode. Use the blade at a 45-degree angle.
6. Select appropriate diamond tip according to the client’s skin texture.
8. Remove any remaining cleanser with sponges and warm water.
9. Remove mask.

Contraindications have been listed on relevant module cards to help remind you.

Contraindications:
- Medically prescribed exfoliants
- Inflammation from infrared or LED treatments
- Ran or infected skin
- Open lesions
- Wounds

Tips:
- A dull, reluctance blade or dull blade may be used if more moisture is required, spritz with prescribed Dermalogica toner or add water to allow for better glide.
- Skin should be damp and hand piece should glide easily. If more moisture is required, add water to face with wet hands.
- Choose a lower setting for sensitive skin and a higher setting for resistant skin.
- Ultrasonic blade may be used with PreCleanse, once emulsified.
- Steam is required for exfoliation skin or a higher setting for normal, high for coarse.
- Choose a lower setting for sensitive skin or a higher setting for normal, high for coarse.
- Fan Masque Brushes are preferred since they are easier to use and more intuitive.
- Select an appropriate exfoliation mode.
- Skin should be damp and blade should glide easily. If more moisture is required, spritz with prescribed Dermalogica toner or add water to allow for better glide.

Setting Up Your Trolley

To ensure timeliness, we recommend preparing your trolley and/or treatment room with the following supplies before every treatment:

- Bowls
- Hook-neck Bottle (for water)
- Small Cups (for mixing and Masques)
- Fan Masque Brushes
- Masque Spatula
- Sponges
- Headband
- Bonnet
- Cotton Rounds
- Towels (3 for bed set-up and 4 steam towels)
- Dermalogica Consultation Card
- Skin Fitness Plan
- Dermalogica Products chosen to be used in treatment
- Modalities and Attachments chosen to be used in treatment

Recommended Professional Training

Dermalogica D.N.A retail and professional Service Innovation Workshop
1. What is the difference between the ProSkin 30 and the ProSkin 60 treatments? How do I know which treatment to give?

The ProSkin 30 treatment targets a top skin concern in 30 minutes. This treatment is best for busier, on-the-go clients and can be done on your retail floor or treatment room.

The ProSkin 60 treatment targets multiple skin concerns in 60 minutes. This treatment is best for clients who want a more comprehensive, sensorial experience that takes place in a private treatment room.

2. What exactly is a module?

A module is a 10-minute phase (or step) of a ProSkin treatment.

3. How do I get the module cards?

Contact your education specialist or business consultant to find out how to order them.

4. When should I use the module cards?

The module cards are to be used for all ProSkin 30 and ProSkin 60 treatments. You can use the module cards as quick-reference or reminder tools before and during your client’s skin treatment. Be sure to review them thoroughly before giving a treatment so that you spend more time treating your client and less time reading the cards.

5. When do I perform Face Mapping®?

Always Face Map your client right after cleansing their skin with PreCleanse and before the second cleanse. Confirm your Face Mapping observations during and after the Double Cleanse portion of their treatment.

6. Do I have to use every module?

The only mandatory modules are the Double Cleanse Module, which starts every treatment, and the Dermal Layering Module, which ends every treatment. The rest of the modules are optional and should be chosen by you according to your client’s preferences and Face Mapping results.
Direct High Frequency
Great for: acne-type lesions, oily skin and congestion

This modality produces a germicidal effect by introducing oxygen to the skin, helping to reduce the Propionibacterium acnes (P. acnes) bacteria in the follicle.

Light Emitting Diode (LED)
Great for: signs of premature skin aging and acne/breakouts

LED is a low-energy, non-ablative device that emits an exact wavelength into the skin to stimulate and energize cellular activity. This non-invasive procedure activates cells with pulses of low-level, non-coherent, non-thermal light energy. Each wavelength or color of the light treats certain skin conditions. There are options for color choice to be used with LED machines; for example, blue for acne, red for aging or a combination to treat both.

Galvanic Desincrustation
Great for: oily skin and congestion

This modality is used to deep cleanse the skin and target congestion. It works by softening and emulsifying sebum (oil) and keratin (protein) in the follicle to help ease extractions.

Galvanic Iontophoresis
Great for: enhancing product penetration

This modality penetrates water-based products, such as serums and masques, deeper into the skin, helping to increase the benefits of such products.

Microcurrent Muscle Re-Education
Great for: toning and firming the skin

This modality reprograms muscle fibers, allowing muscles to lengthen or shorten depending on the direction of the application. It works by sending a current to lift and re-educate muscles, aka “facial toning.”

Microcurrent Specific Iontophoresis
Great for: enhancing product penetration

This modality allows for penetration of water-based products into the skin. An electrical current emits from one probe and returns to the other to allow specific focus of product penetration.

Ultrasonic Blade
Great for: deep cleansing or enhancing product penetration

This handheld technology uses a smooth, flat metal “blade” and vibrating, low-frequency sound waves to loosen dead skin cells and comedones (ultrasonic) and/or allow for enhanced delivery of active ingredients (sonophoresis).

Ultrasonic Brush
Great for: deep cleansing and enhancing exfoliation

This handheld silicone facial cleansing brush vibrates at high speed to remove impurities and congestion. It is designed to be used with professional cleansing and exfoliation products.

Wet Microdermabrasion
Great for: enhancing physical exfoliation

This modality uses a diamond-tip hand piece to provide mechanical exfoliation to the skin. Combining recommended Dermalogica products with this modality will help enhance this exfoliation process.
Dermalogica has pioneered many unique techniques, treatments and concepts to bring greater success to the skin therapist while creating a truly unique skin health experience for the client.

There are certain techniques that are critical to every skin treatment, such as the Dermalogica Double Cleanse and Face Mapping®. Then, there are more targeted, specific routines that can be used to help eliminate toxins, relax tissues, improve circulation, even relieve stress in the face, head and eye muscles. While these techniques are intended to enhance the health of specific skin conditions, the benefits often extend to the body and psyche.

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Introduction
The unique Dermalogica Double Cleanse that begins with PreCleanse is the technique-based regimen taught to and performed exclusively by Dermalogica skin care professionals. This routine adequately penetrates layers of oily debris for complete removal, ensuring a more intense, more professional and more thorough level of clean.

Double Cleanse Module Time
10 minutes

1. Cleanse eyes and lips with PreCleanse or damp cloth.
2. Pump an ample amount of PreCleanse into dry cupped hands and spread evenly between both palms.
3. Apply PreCleanse to the sternum and spread up and out across the chest to the shoulders and behind the shoulders. Apply to face by spreading up and out across the neck, out across the jaw, out over the cheeks, down the nose and across the forehead, coming off at the temples. Perform spreading movement from the chest, below collarbone, up on throat, over chin, scissor mouth, between eyes, circle 1-2-3, temple 1-2-3 and back to chest.
4. With one hand on top of the other, proceed with finger circles between the breast and up the sternum, separate hands and circle out across the chest towards the shoulders, turn hands over shoulders and use fingertips to circle behind the shoulders and up the back of the neck, 1x.
5. Starting at client’s right side of the neck, roll pat across the neck and the collarbone area, 2x.
6. With fingers under the jaw, alternate thumbs over the chin in a figure eight movement, 4x. Continue using small thumb circles over the chin area, 4x.
7. Separate hands and thumb circle across both sides of the jaw line to the ear, lightly slide back with thumbs under the jaw line and repeat, finishing the ear, 2x.
8. With fingers behind the ears, thumb circle in front of the ear to the earlobe, making sure to work inside of the ear and around the spine of the ear, 1x.
9. Once the front and the ear itself is complete, circle downwards behind the ear with the index and middle fingers.
10. Slide back to the mouth and thumb stroke above the upper lip to the corner, then below the lip, 4x.
11. Perform upward inner cheek circles with fingertips, 4x.
12. Cross thumbs over the nostrils, lift off fingers and thumb circle with light pressure on either side of the nostril, right then left, and small circles up the nose to in between the brows.
13. Finger frictions in outward circles with middle and ring finger over entire forehead, concentrating around the hairline and finishing at the temple.

continued on the next page

Skin Condition
All skin conditions.

The Dermalogica Double Cleanse routine

1. Cleanse eyes and lips with PreCleanse or damp cloth.
2. Pump an ample amount of PreCleanse into dry cupped hands and spread evenly between both palms.
3. Apply PreCleanse to the sternum and spread up and out across the chest to the shoulders and behind the shoulders. Apply to face by spreading up and out across the neck, out across the jaw, out over the cheeks, down the nose and across the forehead, coming off at the temples. Perform spreading movement from the chest, below collarbone, up on throat, over chin, scissor mouth, between eyes, circle 1-2-3, temple 1-2-3 and back to chest.
4. With one hand on top of the other, proceed with finger circles between the breast and up the sternum, separate hands and circle out across the chest towards the shoulders, turn hands over shoulders and use fingertips to circle behind the shoulders and up the back of the neck, 1x.
5. Starting at client’s right side of the neck, roll pat across the neck and the collarbone area, 2x.
6. With fingers under the jaw, alternate thumbs over the chin in a figure eight movement, 4x. Continue using small thumb circles over the chin area, 4x.
7. Separate hands and thumb circle across both sides of the jaw line to the ear, lightly slide back with thumbs under the jaw line and repeat, finishing the ear, 2x.
8. With fingers behind the ears, thumb circle in front of the ear to the earlobe, making sure to work inside of the ear and around the spine of the ear, 1x.
9. Once the front and the ear itself is complete, circle downwards behind the ear with the index and middle fingers.
10. Slide back to the mouth and thumb stroke above the upper lip to the corner, then below the lip, 4x.
11. Perform upward inner cheek circles with fingertips, 4x.
12. Cross thumbs over the nostrils, lift off fingers and thumb circle with light pressure on either side of the nostril, right then left, and small circles up the nose to in between the brows.
13. Finger frictions in outward circles with middle and ring finger over entire forehead, concentrating around the hairline and finishing at the temple.

continued on the next page
the dermalogica double cleanse routine continued

10. From temple, use middle and ring fingers to stroke under the eye towards the inside corner of the eye then up the eyebrow and on top of the eyebrow. Slide back around and under the eye, over the lower lid and back under the eye to the inside corner of the eye. With light fingertips, gently slide out over the eyelid with fingers brushing the eyelashes.

11. Pressure at temples to finish.

12. Turn on and position steamer and wet hands in warm water customized with Calming Botanical Mixer.

13. Emulsify PreCleanse with a spreading movement. Wet hands under warm steam and repeat steps 3 through 15.

14. Remove with damp sponges and warm water.

15. Commence with the second cleanse, using the prescribed Dermalogica Cleanser for the client’s skin condition.

16. Turn on and position steamer and wet hands in warm water customized with Calming Botanical Mixer.

17. Emulsify PreCleanse with a spreading movement. Wet hands under warm steam and repeat steps 3 through 15.

18. Remove with damp sponges and warm water.

19. Commence with the second cleanse, using the prescribed Dermalogica Cleanser for the client’s skin condition.

The Dermalogica Extraction Technique is the most efficient way to remove comedones from the skin without further impacting the health of the skin, and without spreading acne or breakout causing bacteria. The use of Multi-Active Scaling Gel will further assist in the removal and ultimate recovery from extractions.

introduction

Perform Face Mapping®. Look for congested areas, such as nose and chin. Provide feedback to the client and inquire further to discover more about your client’s skin and causes of congestion and breakouts. Assess the skin for inflamed and non-inflamed lesions to establish your extraction protocol.

Using a fan masque brush, apply a thin layer of Multi-Active Scaling Gel to areas of congestion. Allow gel to activate and soften impactions for 3 minutes.

- Option: Use with steam.
- Modality options: Increase softening with galvanic desincrustation, microut current specific iontophoresis on negative polarity or ultrasonic on clear mode.

Apply gloves and form finger mitts by wrapping both index fingers with tissue.

Stretch out the skin around the impaction, keeping your index fingers parallel.

Pushing index fingers closer together, create a mound underneath the impaction.

Begin to rock, roll, and wiggle your index fingers to help release the impaction.

Wipe the debris down and away from the follicle.

Swipe with Post Extraction Solution that helps soothe inflamed, irritated skin while creating an antiseptic environment.
dermalogica touch therapies

One of the most memorable parts of a skin treatment is the massage, which can help lower stress, stimulate lymph flow, improve circulation and alleviate pain. Dermalogica’s exclusive Touch Therapy techniques allow you to incorporate massage, aromatherapy, acupressure or lymphatic drainage to help eliminate toxins and relax tissues in the skin. These 10-minute versions are great for clients who need more relaxation and include multiple skin benefits.

AGE Reversal Touch Therapy:
For all skin conditions, especially mature or prematurely-aging. Release tension and initiate relaxation while targeted premiere movements stimulate skin renewal and repair. This Touch Therapy is helpful in smoothing and diminishing the visible signs of aging.

Stress Relief Scalp Touch Therapy:
For all skin conditions. Loosen tension in the neck, forehead and upper shoulders with gentle pressure and massaging movements that calm and deliver relaxing benefits.

Targeted Neck and Shoulder Touch Therapy:
For all skin conditions. Focus on the full range of upper body muscles that contribute to head, neck and shoulder tension to promote relief of stress, a major contributor to health complaints and skin issues.

Sensitive Skin Relief
For sensitive or sensitized skin. Sensitive Skin Relief can be incorporated into your skin treatment at the massage stage. In addition to helping to improve breathing and calming the psyche while relaxing the body, these techniques remove accumulated stress in the face, including the sinuses, head and eye muscles.

Pressure Point
For all skin conditions. Pressure point massage combines aromatherapy, acupressure and lymphatic drainage to eliminate toxins and relax tissues. Pressure Point Massage can also help improve blood circulation, enhance metabolism, relax tired muscles and provide great health benefits to the body.
Phenomenal products start with great ingredients! The following is a complete list of ingredients commonly used in the Dermalogica line. Because the earth’s ecology is important to us, we select our ingredients, whenever possible, from renewable resources. Our packaging is also either fully recyclable or biodegradable. Dermalogica’s strict manufacturing process ensures that only the most potent and pure ingredients ever get used in our formulas, ensuring that only the best ever reaches your clients’ skin. We never use sensitizing Lanolin, comedogenic agents, mineral oil, drying S.D. alcohol or artificial colors and fragrances in our products.

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acetyl Tetrapeptide-15</td>
<td>A tetrapeptide that targets neurosensitive skin by decreasing the release of pro-inflammatory mediators and increasing the skin’s sensitivity tolerance threshold, making skin less reactive and diminishing sensations of pain and discomfort</td>
</tr>
<tr>
<td>Activated Binchotan Charcoal</td>
<td>A form of Charcoal made from Japanese Ubame wood that powerfully adsorbs, or binds to remove, excess oil and impurities from the skin.</td>
</tr>
<tr>
<td>Aesculus Hippocastanum (Horse Chestnut) Seed Extract</td>
<td>Assists in controlling sebaceous gland secretions.</td>
</tr>
<tr>
<td>Alaria Esculenta</td>
<td>A seaweed from the British Isles rich in essential fatty acids assists in reinforcing the skin’s barrier lipid layer. Powerful antioxidants nourish skin while stimulating collagen production and Hyaluronic Acid formation.</td>
</tr>
<tr>
<td>Aleurites Moluccana Seed Oil</td>
<td>An excellent source of gamma linoleic acid, Kukui Nut Oil smooths skin while moisturizing. Used to treat dry, chapped, irritated skin.</td>
</tr>
<tr>
<td>Alga Barbadensis Leaf Juice</td>
<td>Softening, soothing and healing agent.</td>
</tr>
<tr>
<td>Alpha-Glucan Oligosaccharide</td>
<td>A sugar molecule that is bio-selective, meaning it stabilizes the microflora of the skin by encouraging growth of specific non-odor causing bacteria.</td>
</tr>
<tr>
<td>Altermonas Ferment Filtrate</td>
<td>High purity exopolysaccharides synthesized by Kopara microorganisms found in the Pacific French Polynesian waters of Moorea. Induces the production of hyaluronic acid, filaggrin &amp; lipid synthesis for optimal skin barrier function and hydration.</td>
</tr>
<tr>
<td>Aminomethyl Propanol</td>
<td>pH adjuster.</td>
</tr>
<tr>
<td>Aminopeptidase</td>
<td>Enzyme that helps loosen cell cohesion while stimulating digestion of keratin protein in the epidermis.</td>
</tr>
</tbody>
</table>

ingredient analysis a-z

ingredient analysis a-z

ingredient analysis a-z

ingredient analysis a-z
ingredient analysis a-z

Aronia Montana Flower Extract
A soothing botanical, excellent for calming skin.

Artemisia Vulgaris Extract
Derived from the Mugwort plant; this extract is rich in amino acids, proteins, and cell membrane carbohydrates. A powerful anti-inflammatory that reduces redness and irritation.

Arundinacea (Bamboo) Stem Extract
A physical exfoliant from the node of a Bamboo stem. More than 75% Silica; it provides superior exfoliation for improved skin tone and brightness.

Ascophyllum Nodosum Extract
Inhibits Tyrosinase activity and transfer of meleasomes to keratinocytes. Stops the messenger that triggers melanin synthesis.

Ascorbic Acid
Vitamin C, antioxidant, essential for collagen synthesis, water-soluble. Also known as Butyl Methoxydibenzoylmethane.

Ascorbyl Glucoside
A physical exfoliant from the node of a Arundinacea (Bamboo) Stem Extract. A powerful anti-irritant and anti-inflammatory agent.

Ascophyllum Nodosum Extract
A soothing botanical, excellent for dermalogica.

Avobenzone
A waterproof sunscreen, absorbs UVA; also known as Benzophenone-4.

Avocado
Chemical sunscreen absorbing UVA radiation. Also known as Butyl Methoxydibenzoylmethane.

Bacillus Ferment
A source of beta-glucanase enzymes that helps loosen cell cohesion while stimulating digestion of keratin protein in the epidermis.

Bamboo Extract
Bamboo is the richest source of natural Silica, containing over 70% organic Silica. Silica is lost in the skin as we age. Silica stimulates chondroblasts providing strength and resilience to collagen and elastin.

Bentonite
Called the Clay of a thousand uses. It thickens lotions, stabilizes formulas and purifies skin.

Benzophenone-4
A soluble sunscreen, absorbs UVA; antioxidant.

Benzoin
An emollient and lubricant to skin.

Bixa Orellana Seed Oil
An emollient. Gives skin a smooth, silky feel. Also known as Annatto (Annatto) Oil.

Betula Alba Bark Extract
An emollient. Provides natural golden color to products. Also known as Flax Oil.

Betulin
A natural extract obtained by distillation coming in contact with the skin. Used as a thickening, suspending and stabilizing agent.

Berberis Vulgaris Extract
A rich extract of 50-year-old Calophyllum (Tamanu) Oil. Highly beneficial as an antioxidant, anti-bacterial and anti-inflammatory agent. Helps inhibit the breakdown of lipid-rich cell membranes from free radicals.

Borabora Carrot Seed Oil
An emollient. Helps skin maintain a normal sensitivity level, providing immediate and long-lasting effects.

Borago Officinalis Seed Oil
A rich source of the fatty acid, gamma linolenic acid, required for maintaining proper lipid barrier properties.

Boron Nitride
Provides lubricity and a silky feel to skin.

Brassica Campestris/Aleurites Fordi Oil Copolymer
A conditioning agent derived from a vegetable oil.

Bromelain
An enzyme derived from Pineapple. Helps digest keratin protein and promote exfoliation.

Butylene Glycol
A humectant that attracts and holds water. Softens and moisturizes skin.

Butyrospernum Parki (Shea Butter)
Extracted from the fruit of the Shea Tree, found only in Africa, where it has been used for centuries. Shea Butter penetrates into the skin and moisturizes.

Carrageenan
A plant derived thickener and co-emulsifier; improves product stability and shelf life.

Carthamus Tinctorius (Safflower) Oleosomes
The Oleosomes from the Safflower plant are specialized structures within the seeds which store energy in the form of oil. These structures serve as carriers for actives which release upon coming in contact with the skin.

Carthamus Tinctorius (Safflower) Seed Oil
Oil expressed from the flower resembling a thistle. Used for skin softening.

Cassia Angustifolia Seed Polyaccharide
This natural polysaccharide forms a protective film on the skin that strongly binds water and fills up fine lines, smoothing the skin’s surface which increases light reflection contributing to skin radiance.

Cedrus Atlantica Bark Oil
Antispetic, sedative and astringent properties. Helps to relieve itching, eczema and dermatitis.

Centarea Cyanus Flower Extract
An anti-inflammatory extract obtained from the flowers of the plant. Very soothing and soothing to the skin. Similar in action to the essential oil of Chamomile called Azulene.
### Centella Asiatica Extract
Extract from the leaves or roots of Hydrocotyl asiatica. Listed in Indian Ayurvedic medicine to combat excessively dry skin. Particularly suited to the fragile skin around the eyes and is used as an anti-inflammatory.

### Centipeda Cunninghamii Extract
Derived from the Sneezeweed plant, an excellent anti-inflammatory.

### Ceteareth-20
A fatty alcohol that lubricates skin.

### Cetearyl Alcohol
Emollient and emulsifying agent.

### Cetyl Alcohol
A lubricating emollient and emulsion stabilizer; it is waxy, crystalline and solid in form.

### Cetyl Dimethicone
A complex fraction containing proteins, lipids, carbohydrates and beta-glucan, derived from grinding Oat Grain. Soothes skin while gently aiding in the rehydration of skin.

### Cinnamonum Zeylanicum Bark Powder or Extract
A dry silky emollient used as a skin adherent. Reinforces the barrier layer of skin to prevent dehydration.

### Citric Acid
A preservative and pH adjuster.

### Citrus Aurantifolia (Lime) Fruit Oil or Extract
An essential oil that also provides a natural fragrance. Also a source of Vitamin C.

### Citrus Aurantifolia Dulcis (Orange) Peel Oil
A natural fragrant essential oil excellent for use on sensitive, irritated skin.

### Citrus Aurantium Amara (Bitter Orange) Flower Extract or Oil
A pale yellow volatile oil expressed from the fresh peel of a species of citrus and used as a natural fragrance.

### Citrus Aurantium Dulcis (Orange) Fruit or Flower Extract
A fragrant floral extract excellent for use on sensitive, irritated skin.

### Citrus Grandis (Grapefruit) Fruit Extract and Peel Oil
A fruit extract rich in flavonoids that inhibit tyrosinase, a natural source of Vitamin C that inhibits melanogenesis.

### Citrus Medica Limonum (Lemon) Peel Oil or Fruit Extract
A natural source of Vitamin C and antioxidant bioflavonoids. Protects skin against damage from reactive zones. Used as an anti-inflammatory.

### Citrus Nobilis (Mandarin Orange) Peel Oil
Soothing, sedating oil, provides toning action to skin.

### Citrus Paradisi (Grapefruit) Fruit Extract
An aromatic essential oil derived from Grapefruit. Helps promote hair health, and has antioxidant and anti-aging properties.

### Citrus Unshiu Peel Extract
Brighteners that help control melanin biosynthesis to help even out skin tone and control hyperpigmentation.

### Cocomidopropyl Betaine
A gentle surfactant that cleanses the skin; leaves it soft and supple.

### Cocomidopropyl PG-Dimonium Chloride Phosphate
A very mild anti-microbial.

### Coco-Glucoside
A gentle surfactant agent derived from coconut.

### Cocos Nucifera (Coconut) Oil
Strengthens the hair cuticle and moisturizes the hair shaft.

### Codium Tomentosum Extract
A green Algae with a velvety appearance. Also known as sea fennel high radical scavenging activity and antioxidant properties.

### Cucumis Sativus (Cucumber) Fruit Extract
Knowledgeable on its moisturizing, free radical-scavenging and antioxidant properties.

### Cucumis Sativus (Cucumber) Seed Oil
Lightweight oil with a high percentage of unsaturated C18 fatty acids. Helps smooth skin and maintain critical moisture balance.

### Cucumis Sativus (Cucumber) Seed Oil
Essential oil of cucumber with anti-inflammatory and soothing properties.

### Cupressus Sempervirens Oil
An antiseptic essential oil with stimulating/warming properties.

### Curcuma Longa (Turmeric) Root Extract
A complex fraction containing proteins, lipids, carbohydrates and beta-glucan, derived from grinding Oat Grain. Soothes skin while gently aiding in the microcirculation process.

### Corallina Officinalis Extract
A calcified Red Seaweed rich in calcium and microelements. Promotes cellular cohesion, promoting an improved tissue architecture and firming effect to skin.

### Cordyceps Sinensis Extract
Mushroom extract that reduces short and long term skin redness and inflammation.

### Coriandrum Sativum (Coriander) Oil or Powder
An essential oil with stimulating/warming properties.

### Corylus Avellana (Hazelnut) Fruit Extract
Astringent, as a component of essential oil blends and used for fragrance.

### Corylus Avellana (Hazelnut) Seed Oil
Known for its moisturizing, free radical-scavenging and antioxidant properties.

### Coriandrum Sativum (Coriander) Fruit or Flower Extract
A skin conditioning agent that leaves skin smooth and non-greasy.

### Dacus Carota Sativa (Carrot) Seed Oil
Rich in carotenoids, easily assimilated antioxidants. Also a natural source of vitamins A, B, C, D and E which contribute to skin rejuvenation.

### Dicaprylyl Maleate
A dry silky emollient used as a skin conditioning agent.

### Dicapsyl Gallic Acid
Helps control melanogenesis, reduces pigmentary spots and inhibit skin redness.

### Dimethicone
A silicone forming agent that leaves skin smooth and non-greasy.

### Dimethicone/PEG-10/15 Crosspolymer
Crosspolymer Silicone with emollient and skin conditioning properties.

### Dimethicone/Vinyl Dimethicone Crosspolymer
A Silicone derivative that provides a smooth, velvety feel to skin while enhancing the barrier function.

### Dimethicone
A silicone forming agent that leaves skin smooth and non-greasy.

### Dioscorea Villosa (Wild Yam) Root Extract
A nutritional extract used in cosmetics that control skin aging.
ingredient analysis a-z

**Dipetide-2**
As an Native Moisturizing Factor (NMF), it helps keep the intercellular structure of the epidermis intact, facilitates the skin’s healing process, prevents dermal irritation, and conditions the skin.

**Dipotassium Glycyrrhizate**
Derived from the Licorice root, this active agent is an anti-inflammatory that inhibits release of histamine while slowing the arachidonic acid cascade associated with inflammation.

**Dipterocarpus Turbinatus Wood Oil**
From the Gurjun Tree can be sustainably harvested by tapping the tree. The oil imparts a natural woody fragrance.

**Disodium Cocomophodipropionate**
A derivative of Coconut Oil, expressed from kernels of the Coconuts. Lathers readily and is a skin cleanser.

**Disodium EDTA**
A stabilizer used in cosmetics to prevent ingredients in a given formula from binding with trace elements that can exist in water and other ingredients – the technical term for this function is a chelating agent.

**Disodium Lauroamphodiacetate**
An amino acid-rich extract that helps enhance AHA-induced exfoliation.

**Enantia Chlorantha Bark Extract**
An encapsulated peptide that competes with the two natural proteins that facilitate the acid-free exfoliator skin modulator.

**Epilobium Angustifolium Extract**
A plant extract with astringent properties.

**Ephedra Sinica Extract**
An encapsulated peptide that competes with the two natural proteins that facilitate the acid-free exfoliator skin modulator.

**Echinacea Purpurea Extract**
Has anti-bacterial and anti-inflammatory properties.

**Eletaria Cardomomum Seed Oil**
Excellent antioxidant and high in anti-inflammatory properties.

**Elderberry (Sambucus nigra) Stem Extract**
A high molecular weight glycosaminoglycan component of the acid-free exfoliator skin modulator system that stimulates cell sloughing and cell renewal.

**Epilobium Angustifolium Extract**
A homeopathic analgesic used to control pain and discomfort; also acts as an anti-irritant. Active agent is Eugenol, used in baby teething formulas and in dentistry to provide temporary relief of pain.

**Eucalyptus Globulus Leaf Extract or Oil**
Liquid from fresh leaves of Eucalyptus. Used as an antiseptic.

**Eugenia Caryophyllus (Clove) Flower / Leaf or Extract**
A monosaccharide sugar found in most common fruits. Source of Agaric Acid, which has strong vasculo-protective properties. Excellent for reducing the appearance of fine lines and wrinkles.

**Eucalyptus Globulus**
A naturally occurring sugar with moisture binding and skin softening properties.

**Ficus Carica (Fig) Powder**
A homeopathic analgesic used to control pain and discomfort; also acts as an anti-irritant. Active agent is Eugenol, used in baby teething formulas and in dentistry to provide temporary relief of pain.

**Fagus Sylvatica**
A naturally occurring sugar with moisture binding and skin softening properties.

**Fenugreek**
Derived from the Licorice root. Soothes skin and is used as an anti-inflammatory. Controls melanin synthesis.

**Geranium Maculatum Oil**
The roots of this plant are anti-inflammatory and soothing. Used for skin irritations and dermatitis.

**Ginkgo Biloba Leaf Extract**
A rich source of catechins, tannins and other plant actives that provide antioxidant protection and stimulate blood flow and oxygen consumption in tissues.

**Glucosamine HCl**
A low molecular weight glycosaminoglycan component of the acid-free exfoliator skin modulator system that stimulates cell sloughing and cell renewal.

**Glycerin**
A humectant and conditioning agent that helps the skin bind and retain moisture while restoring the barrier function of skin.

**Glycine Soja (Soybean) Oil, Protein or Seed Extract**
An extract derived from the flowers of the Hibiscus plant. Rich in Pyruic Acid which stimulates cell turnover.

**Hibiscus Esculentus Fruit Extract**
An extract derived from the flowers of the Hibiscus plant. Rich in Pyruic Acid which stimulates cell turnover.

**Homosalate**
Broad spectrum sunscreen.

**Humulus Lupulus (Hops) Extract**
Derived from the fruit of the Hops plant, aids in wound healing and soothing irritation.

**Hydrastis Canadensis (Golden Seal) Extract**
Derived from the plant Rhizome; used for its antiastptic and anti-inflammatory properties.

**Hydrogenated Castor Oil**
Derived from Ricinus Communis (Castor) Seed. Used as a skin conditioning agent.

**Hydrogenated Coconut Oil**
Derived from Cocos Nucifera (Coconut) Oil. Used as a skin conditioning agent.

**Hydrolyzed Alginate**
Derived from Algae or Seaweed. A humectant and conditioning agent that may be combined with Zinc Sulfate to regulate sebum levels, inhibit acne bacteria and reduce irritation.

**Hydrolyzed Glycosaminoglycans**
A mixture of plant derived components similar to the natural Glycosaminoglycan molecules found in the skin’s extra-cellular matrix. Contains primarily Hyaluronic Acid, lipids and sugars.
ingredient analysis a-z

Hydrolyzed Pearl
Rich in amino acids, calcium, sugars and proteins that stimulate cell renewal, fight glycation and help to fight pigmentation by inhibiting Tyrosinase and enhancing skin luminosity.

Hydrolyzed Soy Protein
Skin conditioning agent derived from Soybean. Firms and conditions skin.

Hydrolyzed Wheat Protein
Smaller fragments of Wheat Protein that condition skin.

Hydroxy-Methoxyphenyl Decane
Synthetically-made, but nature-identical to actives found in plants of the Ginger family, this ingredient is a highly-potent Hyaluronic Acid booster, antioxidant and anti-irritant.

Hydroxypropyl Propiamidobenzoic Acid
Synthetic anvenanthramide (Dact active) used to boost the efficacy of natural Dact.

Hydroxypropyl Cyclodextrin
A carbohydrate compound used as a diluting ingredient for powders; used as a coloration to formula. Referenced by their glycation and help to fight pigmentation, skin luminosity.

Ilex Paraguariensis Powder
A skin-conditioning seaweed extract from Red Algae. Helps preserve the skin’s natural barrier function, and helps condition skin.

Isodecyl Salicylate
The ester of Decyl Alcohol (a surfactant) and Salicylic Acid, used to stimulate cell renewal.

Isoosodecane
An emollient that smooths skin.

Jasminum Officinale (Jasmine) Oil
An extract of the Jasmine flower. Used for fragrance. Provides moisturizing, soothing and healing properties. Excellent for sensitized skin.

Juglans Regia (Walnut) Seed or Shell Powder
From the Noix de Grenoble walnut, a rich source of bioflavonoids that scavenges free radicals, protecting the skin against further environmental aggressions.

Juniperus Virginiana (Juniper) Oil
Antiseptic used as an astringent.

Kakui
A white powder clay, obtained from Kakoe Hill in Southeast China. Used for its oil-absorbing properties. Helps refine pores and clear congestion.

Kappaphycus Alvarezii Extract
A skin-conditioning seaweed extract from Red Algae. Helps preserve the skin’s natural barrier function, and inhibit penetration and adherence of environmental pollutants.

Lactamide MEA
A gentle skin conditioning agent.

Lactic Acid
Rejuvenates skin’s surface and stimulates cell renewal and cell turnover. An alpha hydroxy acid that diminishes the cohesion of surface cells and subsequently, prevents the thickening of the Stratum Corneum by inducing exfoliation. Helps control melanin synthesis, hydrates skin and stimulates cornification.

Lactobacillus/Pumpkin Fruit Ferment Filtrate
Helps exfoliate surface cells to smooth, enhance skin tone and eliminate dark spots.

Laminaria Ochroleuca
A white powder clay, obtained from Kaoing Hill in Southeast China. Used for its oil-absorbing properties. Helps refine pores and clear congestion.

Leuconostoc/Radish Root Ferment Extract
A novel antimicrobial peptide, derived through a fermentation process of Leuconostoc a genus of gram positive bacteria with radish. Inhibits the growth of a variety of bacteria and fungi to provide natural product preservation.

Linetone Acid
An essential fatty component of Vitamin F. Skin conditioner and smoothing agent that is critical for lipid barrier function of stratum corneum.

Lipase
An enzyme that hydrolyses triglycerides and helps condition skin.

Lupinus Albus (Lupin) Seed Extract
A member of the legume family. Used as a humectant.

Lysine
An essential amino acid, used to improve the condition of the skin.

Macrocystis Pyrifera Extract
A skin-conditioning seaweed extract from Red Algae. Helps preserve the skin’s natural barrier function, and inhibit penetration and adherence of environmental pollutants.

Madecassoside
A patented mixture of two compounds from Centella Asiatica (APU Gotu Kola) that inhibit inflammatory mediators in the skin while treating inflammation. Helps normalize keratinocytes to control development of sally skin patches that result from erratic cell proliferation due to irritation while stimulating collagen biosynthesis.

Manganese Ascorbyl Phosphate
An antioxidant and skin conditioning ingredient. A stabilized form of Vitamin C, linked to collagen synthesis.

Magnolia Grandiflora Bark Extract
The extract from the bark of Magnolia grandiflora is rich in magnolol and honokiol. They play an anti-inflammatory role in the inhibition of TNFα, an upstream mediator in the inflammatory reaction in acne.

Mahonia Aquifolium Root Extract
Essential oil used for its astringent and antisepticic properties.

Malic Acid
An alpha hydroxy acid commonly derived from fruit. Exfoliates the topmost layers of the epidermis by breaking apart the snap-like bonds (comedolipids) that hold dead skin cells (keratinocytes) together.

Malva Sylvestris (Mallow) Extract
A plant gel which is soothing, healing and softening to skin. Excellent in reducing inflammation.

Manganese Sulfate
Part of the hydrolyzed Algin complex that maintains metaborate anions (collagenase, elastase, etc.) at optimum activity to repair damaged skin tissue.

Magnifera Indica (Mango) Fruit Extract
Extract derived from Mango fruit, used for its natural fragrance properties.

Medicago Sativa (Alfalfa) Seed Extract
Also known as Luceme. Increases skin tone by stimulating collagen I synthesis and inhibiting MMP-1 activity, responsible for matrix degradation.

Melaleuca Alternifolia (Tea Tree) Extract or Leaf Oil
Used for its antiseptic, analgesic and anti-bacterial properties, also aids in healing and soothing skin.

Melia Azadirachta Leaf Extract
From the Neem Tree which is native to India. Used as a natural green coloant, also imparts anti-fungal and anti-inflammatory properties.

Melissa Officinalis Leaf Extract or Oil
From the leaves and flowers of the Balm Mint plant. Imparts an anti-bacterial and anti-inflammatory action that has a calming, soothing effect on the skin.

Mentha Arvensis (Cornmint) Leaf Oil
Used to help soothe irritation and remove congestion on the skin.

Mentha Peperita (Peppermint) Oil
A natural essential oil which gives a distinct methol-like scent and provides a cooling sensation to the skin.

Menthol
Imparts a “cool” feeling to skin. Derived from the Peppermint plant. Has an anti-inflammatory, anti-itching effect on skin.

Menthoxypropanediol
Provides a cooling, soothing effect to skin.

Methyl Gluceth-20
A humectant.
ingredient analysis a-z

Mica (CI 77019)
Any of a group of minerals that are found in crystalized, thin, elastic sheets that can be spread easily. Ground and widely used as a lubricant, coloring in cosmetics and to create an iridescence.

Microcrystalline Cellulose
A plant-derived cellulose powder that binds other ingredients in a formula.

Montmorillonite
A type of clay that is the main ingredient of Bentonite and Fuller’s Earth. Has oil-absorbing properties.

Morus Alba Root Extract
A native plant of Japan. Inhibits Tyrosinase activity, controlling melanogenesis in the skin.

A natural polyphenol whose antioxidant, anti-microbial and anti-inflammatory properties include photoprotection and anti-inflammatory.

Nasturtium Officinale Extract
An extract obtained from the leaves and stem of Nasturtium officinale. Used as an antiseptic, astringent and anti-inflammatory.

Olive fruit, rich in antioxidant polyphenols that help fight free radical damage and control environmental aggressions. A rich source of Lactic Acid that aids in moisturization and helps promote cell renewal in the epidermis.

Oleosome Encapsulation Technology
A spray of spherules made from Safflower seeds, which allows for increased SPF performance while offering fewer chemical sunscreens.

Oligopeptide-34
A proprietary peptide that reduces (MSH activity, inhibits Tyrosinase activity and melanosome transfer to cells. Helps prevent cellular discoloration for unsuppressed skin brightening.

Oligopeptide-51
A peptide that inhibits Tyrosinase activity as well as overall melanin formation. Helps prevent cellular discoloration for unsuppressed skin brightening.

Olive Oil PEG-7 Esters
An emollient derived from Olive Oil, used as a solubilizer and lubricant.

Ophiopogon Japonicas Root Extract
A Japanese herb with anti-inflammatory properties ideal for tightening intercellular junctions and restructuring barrier function.

Orbignya Oleifera Seed Oil
A waxy compound. Used as a humectant and is naturally found in the skin.

Panthenol
A synthetic protein fragment that acts as a cellular messenger to stimulate collagen and Hyaluronic Acid to increase skin elasticity and tone.

Sodium Hyaluronate
An emulsifying agent and lubricant.

PEG-8
A polymer of ethylene oxide. Usually a waxy compound. Used as a humectant and viscosity adjuster.

PEG-8 Beeswax
An emulsifying agent and lubricant.

Palmatia Tripetide-5
Targets not only stimulation of collagen I synthesis but also stimulation of fibroblasts and stimulation of a fundamental component of the dermal/epidermal junction: collagen IV.

Palmitoyle Dipeptide-5
Conditioning peptides that stimulate collagen biosynthesis, helping to reduce wrinkles, impart skin firmness and improve skin tone.

Panthenol
A B-complex vitamin present in all living cells. A constituent of co-enzyme A (coenzyme A). Promotes tissue healing. Used as a humectant and anti-inflammatory.

Papain
Derived from Papaya, this enzyme digests keratin protein, though not as strong as Bromelain from Pineapple.

Parietaria Officinalis Extract
An extract obtained from the leaves and stem of Parietaria Officinalis. Used as an antiseptic, anti-inflammatory.

Pentylene Glycol
A humectant that maintains moisture balance in the skin.

Passiflora Incarnata Extract
Commonly known as passion flower. Excellent anti-inflammatory, soothing and healing properties.

PCA
A synthetic peptide complex that acts as a cellular messenger to stimulate collagen and Hyaluronic Acid to increase skin elasticity and tone.

PCA
A polymer of ethylene oxide. Usually a waxy compound. Used as a humectant and viscosity adjuster.

PEG-8 Beeswax
An emulsifying agent and lubricant.

PEG-12 Dimethicone
A synthetic protein fragment that acts as a cellular messenger to stimulate collagen and Hyaluronic Acid to increase skin elasticity and tone.

Palmitoyl Dipeptide-5
Conditioning peptides that stimulate collagen biosynthesis, helping to reduce wrinkles, impart skin firmness and improve skin tone.

Palmitoyle Dipeptide-5
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Palmitoyl Oligopeptide
A synthetic peptide complex that acts as a cellular messenger to stimulate collagen and Hyaluronic Acid to increase skin elasticity and tone.

Ozyunsativo(Rice) Bran Oil or Wax
The most nutrient-rich portion of Rice. Contains numerous biologically active ingredients, including Physic Acid, that aid in gentle microfoliation of skin while controlling melanogenesis.

Oxothiazolidine
A synthetic peptide complex that acts as a cellular messenger to stimulate collagen and Hyaluronic Acid to increase skin elasticity and tone.

Oxybenzone
A sunscreen agent. Also known as Benzo phenone-3.

Oxotrizolidine
Antioxidant which provides active photoprotection against oxidative stress.

Orchid Stem Extract
A traditional Chinese herb with hydrophilic properties that can be spread easily. Provides a water-soluble extract from the Olive fruit, rich in antioxidant polyphenols that help fight free radical damage and control environmental aggressions. A rich source of Lactic Acid that aids in moisturization and helps promote cell renewal in the epidermis.

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ingredient analysis a-z

Persea Gratissima (Avocado) Oil

Paeonia Boldus (Chilean Wild Mint)
Leaf Extract
Also called Boldo, this purifying leaf extract helps clarify, soothe and refine the skin while reducing pore visibility.

Phenoxyethanol
An anti-microbial preservative.

Phoenix Dactylifera (Date) Seed
From the fruit seed. Powder smooths skin by removing dead, dulling cells.

Phospholipids
An emollient. Part of liposome structure.

Phytic Acid
Derived from Rice, binds to Copper to inactivate Tyrosinase activity and control melanin formation.

Pisum Sativum (Pea) Extract
From the edible plant found mainly in South America. Extract contributes to the skin immune function and assists in restoring volume to deficient zones in the skin.

Polysorbate 60
An emulsifier that is waxy and soluble in solvents.

Populus Tremoloides Bark Extract
Native to North America and known as American Ash the tree contains natural salicylates effective at inhibiting the growth of numerous microbes including P. aeruginosa. Also imparts a smooth feel to the skin.

Porphyra Umbilicalis Extract
Is an extract of the red algae, Porphyra Umbilicalis, Rhodophyaceae that contains mycosporine-like amino acids (MAA) which efficiently protects the skin against UVA-induced lipid oxidation.

Porphyra Umbilicalis
An extract obtained from the root of a member of the Rhodophyta family. Known as Castor Oil. The seed of the Castor Oil plant, extracted from the bean. Soothing and emollient to skin.

Ricinus Communis (Castor) Seed Oil
Used for its soothing properties to the skin.

Rosa Centifolia Flower Extract
An essential oil from the Calabage Rose; used for its aromatic properties.

Rosa Moschata Seed Oil
Commonly known as Rose Hips, are very high in Vitamin C acting as a free radical scavenger and antioxidant. Other attributes include skin moisturization, cell regeneration and as an anti-inflammatory.

Rose Flower Oil
Extract of the fruit of various species of wild Roses, rich in natural Vitamin C. Moisturizing and hydrating to skin. Helps protect the skin from capillary damage; firms and tones the tissues.

Rosmarinus Officinalis (Rosemary) Leaf Extract or Oil
Extracted from the plant Rosmarinus Officinalis. Used for its purifying, cleansing and anti-septic properties.

Rubus Idaeus (Raspberry) Fruit Extract
Extract of a holophytic coastal plant, Rubus Idaeus, native to Europe. Helps maintain the skin’s elasticity and texture. Helps to diminish the appearance of wrinkles and skin damage.

Saccharomyces Cerevisiae Extract
Youth Extract which enhances skin penetration improving skin moisturization and ability to maintain moisture.

Saccharomyces/Xylinum/Black Tea Ferment
Commonly known as Kombucha. Boosts skin immune function and assists in restoring volume to deficient zones in the skin.

Salvia Officinalis (Sage) Oil or Leaf Extract
An astringent, anti-septic oil used for its soothing and calming effects on skin.

Salvia Sclarea (Clary) Oil
An essential oil used for its aromatic properties.

Sambucus Nigra Flower Extract
Extracted from the honey-scented Elder Tree. Used for its mildly tonic properties.

Santalum Album (Sandalwood) Extract or Oil
An anti-septic oil. Used to treat infections. Soothing and healing properties.

Saponaria Officinalis Extract
Also known as Soapwort. This extract is obtained from the European and Middle Eastern variety that has a coarse pink flower and foams like a lather. It is used as a foaming, natural cleanser for the skin.

Sarcosine
Regulates sebum production and inhibits lipase activity in bacteria.

Schizandra Gum
A thickener.

Serenoa Repens (Saw Palmetto) Extract
An anti-androgenic, anti-septic and anti-inflammatory extract that is rich in fatty acids and helps reduce excess sebum production.

Sesame
An amino acid that helps balance moisture in skin.
Sesamum Indicum Extract or Oil


Silanediol Salicylate


Silanols

Ablity to bind water molecules and create water spheres for skin moisturization. Silanols stimulate fibroblast renewal and increase collagen production.

Silica

A natural mineral from non-exploited sources whose crystalline form is used as an exfoliating scrub.

Silt

Collected from a fresh water lake in Eastern Europe this green silt is rich in naturally occurring bioactive organic components ideal for nourishing and moisturizing the skin. Also increases cell turnover.

Silybum Marianum Fruit Extract or Powder

Commonly known as Milk Thistle, high in antioxidant properties that scavenge free radicals. Also has anti-inflammatory effects.

Simmondsia Chinensis (Jojoba) Seed Oil

A moisturizer and emollient with excellent spreadability and lubricity properties. Rapid penetration reduces water loss.

Sodium Ascorbyl Phosphate

A Vitamin C derivative that inhibits melanin formation and stimulates collagen formation.

Sodium Benzoate

Anti-microbial preservative.

Sodium Bicarbonate

A neutralizing agent that helps control the acid-base balance of specific formulations.

Sodium Chloride

Salt. Used as an astrigent, astringic or a thickening agent.

Sodium Citrate

White, odorless granules or powder. Used as a preservative.

Sodium Cocooyl Isetionate

A mild cleansing agent that leaves skin with a soft after-feel.

Sodium DNA

A high molecular weight natural substance from Marine origin. High in antioxidant activity, offers hydration, inhibition of elastase and stimulation of the synthesis of collagen and proteoglycans.

Sodium Hexametaphosphate

Also known as Graham’s Salt. Helps to keep Calcium, Magnesium, and Iron salts in solution.

Sodium Hyaluronate

The sodium salt of Hyaluronic Acid. Used as a powerful humectant. QAG (or Glycosaminoglycan) helps retain moisture levels in the tissue.

Sodium Hyaluronate Crosspolymer

Natural scavenger of free radicals protecting against cell damage and lipid peroxidation. Crosslinking polymer enables 5 x more water retention than regular OH increasing skin moisturization.

Sodium Lactate

A source of Lactic Acid, a sodium salt. See lactic acid.

Sodium Lauroyl Glutamate

A mild cleansing agent that leaves skin with a soft after-feel.

Sodium Lauryl Lactylate

A surfactant used for its foaming qualities.

Sodium PCA

Natural mineral salt used as a humectant. A component of the Natural Moisturizing Factor (NMF) in skin.

Sodium Salicylate

An anti-microbial. Source for Salicylic Acid.

Sodium Lactate

A source of Lactic Acid, a sodium salt. See lactic acid.

Sodium Salicylate

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Sodium PCA

A surfactant used for its foaming qualities.

Sodium Salicylate

A sodium salt. Used as an emulsifier.

Solunan Lycopersicum (Tomato) Extract or Seed Oil

Contains Lycopene, a carotenoid with high antioxidant properties that protects skin from free radicals, protecting cells from aging and degenerative damage.

Soergum Bicolor Bran Extract

An antioxidant, anti-inflammatory agent that helps inhibit collagen-degrading enzymes.

Spiraea Ulmaria Extract


Spirulina (Green Algae) Extract

Has a hydrating effect on skin. Spirulina proteins contribute to stimulation of the fibroblast and to tissue regeneration.

Squalane

Natural mineral salt used as a humectant. Also known as Graham’s Salt. Helps to keep Calcium, Magnesium, and Iron salts in solution.

Squalene

A component of the Natural Moisturizing Factor (NMF) in skin.

Sodium PCA

A surfactant used for its foaming qualities.

Sodium Sulfate

An inorganic natural material, a component of the Linden Tree, grown in Europe and the United States.

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Vigna Aconitifolia Seed Extract
Also known as Moth Bean Seed Extract, helps fight signs of aging by strengthening dermal collagen and stimulating cell turnover.

Yucca Schidigera Extract
A Proanthocyanidin-rich extract from Yucca seeds that has anti-enzyme properties; antioxidant.

Yeast Extract
Derived from unicellular plants, this extract is a component of the acid-free exfoliator modulator system. Stimulates cell renewal and is a rich source of Beta-glucan, an immune system stimulant.

Zinc Gluconate
Assists in regulating sebaceous gland secretions by inhibiting 5-alpha reductase enzyme activity while scavenging free radicals.

Zinc Oxide
A sun protectant against UVA and UVB rays. Also has anti-irritant and antioxidant properties.

Zinc Sulfate
Complexed with sugar derivatives of common sugar. Known as green Japanese horseradish, this is a warming herb with anti-microbial and anti-inflammatory properties. Also contains high levels of Vitamin C.

Xanthan Gum
Used as a thickener, emulsifier and stabilizer.

Zeolites
An igneous mineral that can release energy in the form of heat.

Zingiber Officinale (Ginger) Root Oil or Powder
Essential oil used as a natural fragrance for soothing the skin and scavenges free radicals while reducing edema.

Zostera Marina Extract
Promotes warmth by increasing circulation, acts as an anti-inflammatory for soothing the skin and scavenges free radicals while reducing edema.

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